



March 24<sup>th</sup>, 2020

SFV staff selected a few home delivery meal organizations that we have either used in the past or have been recommended by members. All of them deliver in San Francisco. These may come in handy whenever you are unable to cook or want to try something new!

[Doordash](#): You will need to order online or download their app on your smartphone. You can use their platform to order meals from over 2,000 restaurants!

[Franny's Kitchen](#): This meal delivery service has also been recommended by our staff. Franny's Kitchen does not have a website, but is highly rated on Yelp. Call them to place your order. Phone: 415-672-4213

[Good Eggs](#): Not only do they deliver fresh produce, Good Eggs also delivers prepared meals including meat and fish. No membership fee required, but you will need to register/sign in. Flexible delivery time window, but are expecting 1-2 hour delays due to demand and staff shortage. Place your order online on their website.

[Home on the Range](#): They can take same day orders, if ordered by 1pm. Orders are delivered between 3 and 6pm. Orders may be placed 24 hours a day- just leave a message on their phone during non-office hours. Monthly menu available on their website. Phone: 510-452-1787 & 510-251-8030.

[Kitchen Doula](#): This meal service focuses on delivering soups, stews and snacks. A beloved business by new and expecting mothers, they serve anyone who is looking for hearty meals. You may email them at [info@kitchendoula.com](mailto:info@kitchendoula.com) or call to place your order. Address: 344 20TH ST. Oakland, zip 94612. Phone: 510.414.2600.

[Martha's Senior Gourmet](#): They have special menus including diabetic, renal, low carb, gluten and vitamin K restrictive options. These meal plans are available from 3 to 7 days a week and are based on a four-week rotation. Address: 7700 Edgewater Drive, Oakland, zip 94621. Phone: 510-201-0150 & 415-500-7990

[Postmates](#): Same as Doordash, you will need to download their app or order from website. Postmates allows you to order restaurant meals delivered to your home.