



# San Francisco Village

## Monthly Newsletter

June 2022

### From Executive Director, Kate Hoepke:

Dear Members and Friends:

The pace of social unrest right now is dizzying. Mid-term primaries coinciding with televised hearings of the January 6<sup>th</sup> investigation. The leaked opinion from the Supreme Court threatening to overturn *Roe v. Wade*. Another shooting in the name of a racist conspiracy theory. The assault on Ukraine. All of this after two years of forced separation from friends and family. My heart hurts. My nervous system feels under attack. What are we to do?



As an organization centered on human dignity, it makes sense to use our platform to educate ourselves and respond. Many of you have asked how SFV can act as a catalyst to organize for action. The staff and I are all in! We can research local efforts like the March for Reproductive Rights and notify members how

to participate. We can reach out to trusted allies like Liv Schaffer at USF to facilitate an intergenerational storytelling meet-up focused on life before and after *Roe*. We can sponsor a conversation with LGBTQ activists to gain a deeper understanding of the *Stonewall Generation*. All happening this month!

Staff members build the structure for these kinds of meaningful interactions, but it's up to each of you to bring them alive with your curiosity, participation, and leadership. For example, several months ago a small group of members organized a climate action group, aligned with Third Act, which is now expanding its purpose to include actions that Defend Democracy. Members are considering ways to mobilize voter turnout, fight voter suppression and support state legislation like the Fossil Fuel Divestment Act. I congratulate these members for their vision and chutzpah to act on it!

The Village model is predicated on member leadership, which takes many forms. Leading a neighborhood circle, sharing your passion by leading a group or teaching a class, launching a new program like the peer-to-peer telephone support program, hosting an informal get

#### In This Issue:

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#### New Members in May

Roberta Greifer 94121  
Susan Thorne 94115  
Cynthia Eagleton 94134  
Helen Keacher 94134  
Diane LeBow 94123  
Dian Miller 94109  
Mary Wikstrom & Andy  
Grimstad 94114  
Lynn Maysenhalder 94112  
Jeanette Maysenhalder  
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Penny Sullivan 94109

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together in your back yard, or organizing a response to the humanitarian crisis at the southern border. Many leaders working together to keep you connected: to one another, to yourself, to what is happening in the world.

The dizzying pace of social change doesn't seem like it's going to let up soon. I'm reminded of wise words from the author, Octavia Butler: *All that you touch you Change. All that you Change Changes you. The only lasting truth is Change. God Is Change.*

I'm grateful to be navigating this period of uncommon change in community with you!

Kate

## From Communications and Fund Development Director, Jessica Da Silva



Dear Village Members,  
It has been an amazing adventure living here in San Francisco for the past 3.5 years and you have been with me all of this time. Thank you for being my village when I needed it most during a pandemic, during pregnancy, and after having my first baby. Since our son Leo arrived in our lives, my husband and I have felt a strong wish to be physically close to our family and that is why we are moving back to the East Coast in June. I will continue to be part of San Francisco Village by working remotely so please continue to call and email me! I will miss seeing you in person, but I hope to connect with you during programs via

Zoom.  
With gratitude,  
Jessica

## Did You Know?

### Day of Service is Back!

We are happy to announce that on Tuesday, August 2nd we are partnering with a local Bay Area company and their employees for a Day of Service. If you have a home project that would be good for a team of 2-4 volunteers to tackle in a few hours, please let me know. Common tasks are gardening, light cleaning, technology or organizing. Contact Jill with your requests at 415-387-1375 x2 or [jill@sfvillage.org](mailto:jill@sfvillage.org).

## Quick Guide to the June 7, 2022 Election

Ballots will be mailed to all registered voters. This means any voter may vote by mail instead of going to the polls on Election Day. Any registered voter may access their ballot using the

Accessible Vote-by-Mail system at [sfelections.org/access](https://sfelections.org/access). In-person voting opportunities are available at the City Hall Voting Center and over 588 polling places. City Hall Voting Center will be open the two weekends (May 28-29 and June 4-5) before Election Day. Weekend hours are from 10 a.m. to 4 p.m.

Want to earn money while helping your community? Consider joining our poll worker team — you can earn up to \$240 while serving voters at a polling place on Election Day! Bilingual speakers are especially needed! Sign up at [sfelections.org/pwa](https://sfelections.org/pwa) or call us at (415) 554-4395.

## June Events



### Art Salon

**Wednesday, June 1, 2:00 – 3:00 PM**

**\*SFV Office, 3220 Fulton St, 94118\***

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

Come show off what you've been creating! We'd love to see paintings, drawings, photographs, needle work, crafts, hear some of your writings, listen to your songs, and more.

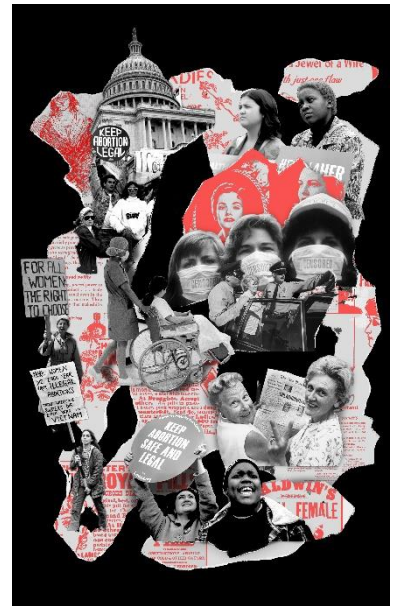
## Our Bodies, Our Stories: Intergenerational Responses to Roe v. Wade

**Thursday, June 2, 1:00 – 2:15 PM**

**Zoom**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

An intergenerational storytelling meet-up where participants reflect on their past, present, and future with Roe v. Wade and women's reproductive rights. Community Engagement Artist & Educator, Liv Schaffer, will facilitate a group of University of San Francisco students and San Francisco Village members and volunteers through creative oral, somatic, and writing exercises that excavate meaningful action steps in the name of resistance.







## SF Symphony

**Daniil Trifonov Plays Mason Bates**  
Thursday, June 2, 2:00 PM

**Stravinsky's Oedipus Rex**  
Sunday, June 12, 2:00 PM

**Pines Of Rome**  
Sunday, June 19, 2:00 PM

**Open Rehearsal: Stucky, Adams & Sibelius**  
Thursday, June 23, 10:00 AM

**Get Happy: A Judy Garland Centennial Celebration**  
Wednesday, June 29, 7:30 PM

**\*Davies Symphony Hall, 201 Van Ness Ave.\***  
RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)  
Tickets limited and will be emailed

The San Francisco Symphony has generously donated a few tickets to the above performances. We're thrilled to share them with SFV members! A small group of members will be seated together for each performance. What a lovely opportunity to connect over your love of live music.

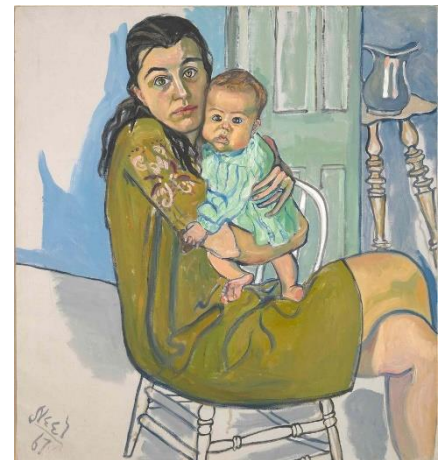
## Fine Arts Museums Virtual Tour: Alice Neel

**Friday, June 10, 1:00 – 2:00 PM**

**Zoom**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

Alice Neel was, in her own words, a "collector of souls". Working in relative obscurity for most of her bohemian life, Neel painted people ---- her neighbors, her children, friends, and random acquaintances. (The FBI agents who visited her while investigating her communist beliefs refused to pose, despite her request.) When she died at 84 in 1984, her apartment on the Upper West Side of New York, which also functioned as her studio, had over 300 canvases depicting people, most of which had never been shown in a gallery, let alone a museum. Neel hated the term "portrait", but as we look at her work we see the depictions of both the subject and the artist. And the depiction of a century.





## The Stonewall Generation: LGBTQ Elders on Sex, Activism, and Aging

Tuesday, June 14, 2:00 - 3:15 PM

Zoom

RSVP with Village Movement California

<https://villagemovementcalifornia.org/events/?eid=13849>

In the Stonewall generation, coming out took courage. It was a turbulent time, a time of fear, a time of secrecy. Intimate lives hidden in the shadows. And yet, in the midst

of it all, the Stonewall Generation has continued to fight for freedom, for rights, for love, and, yes, for sex. Author of the book, *The Stonewall Generation*, Dr. Jane Fleishman will be joining us with Dr. Imani Woody, an African-American Same Gender Loving woman who has been at the forefront of LGBTQ elders rights for decades.

Sponsored by Village Movement California, Ashby Village, Pasadena Village, and San Francisco Village.

## Transforming Death Care

Wednesday, June 15, 1:00 – 2:30 PM

\*SFV Office, 3220 Fulton St, 94118\*

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

Join Stephanie Crawford, RN and death doula, for a series that will explore and normalize conversations around death and dying, something we don't often have the chance to talk about. By opening up the conversation around our mortality, we hope to cultivate acceptance, compassion, and openness in facing our inevitable fate. This series will be an opportunity for you to share your ideas, beliefs, fears, and desires in a safe and enriching community discussion. We will reference quotes, books, and poetry to help support our conversations and deepen exploration. Our first theme will focus on impermanence and the nature of change. Themes for subsequent talks will be announced closer to the dates (7/6, 8/17, 9/14, 10/19).



## Defending Our Democracy

Friday, June 17, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

Today, the right to vote is being eroded in many states across the U.S. Amidst a cloud of hateful bigotry and lies about stolen elections, citizens are being led to the edge of rebellion against

democracy itself. To help Defend Our Democracy, we are forming the SFV Political Action Group. This group will continue to explore working with Third Act (a national network of elders supporting younger activists engaged in climate action & defending our democracy) and its new partner, Activate America, which is organizing a national effort to write postcards to voters in key swing states, educate voters, and mobilize voter turnout.

At this session, we will hear from an Activate America speaker who will share different ways that we can get involved in increasing civic engagement and fighting voter suppression, like working the polls and mobilizing voter turnout. We'll also learn about Senior to Senior, a young voter registration effort. We hope to identify a group member to act as a liaison between our group and Activate America's A-Team. This liaison will attend its meetings, report back, and help organize political actions.

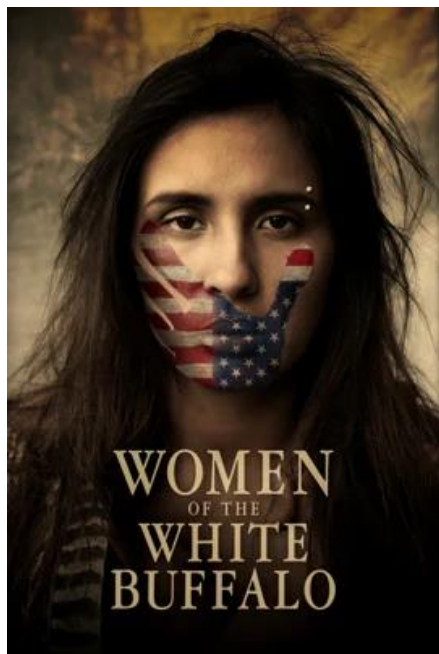
### **Asian Art Museum Virtual Tour: Expressions of Gender**

**Friday, June 17, 1:00 – 2:00 PM**

**Zoom**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

When we see people one of the first things we notice is gender. We tend to categorize people as male or female. But what if the characteristics we used to categorize were fluid, and not rigidly defined? What if there were no gender distinctions? Ambiguous and gender fluid depictions have existed in Asian art for thousands of years. The belief in non-duality contributes to these purposely ambivalent portrayals. Explore some of the fascinating ways various Asian cultures have represented people and deities as male, female, and non-binary.



### **Women of the White Buffalo: documentary film viewing**

**Tuesday, June 21, 2:00 – 4:00 PM**

**\*SFV Office, 3220 Fulton St, 94118\***

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

An ancient, Native, matriarchal society has been upended by centuries of genocide and colonialism. This has resulted in culturally sabotaged and isolated communities that are in a constant struggle to save what remains of their sacred identity. The Lakota women living on the Pine Ridge and Rosebud Indian Reservations in South Dakota are rising up against the forces that continue to suppress them. By preserving and protecting their ancestral values and wisdom, they provide a source of hope to their people.



With exclusive access to the lives of 9 women, ranging in age from 10 to 98, we explore powerful testimonials of loss and survival as we gain insight into the experience of a modern day Indigenous American living on an Indian Reservation. Gripping historical accounts and startling timely statistics guide viewers down the path that has led to these present day conditions.

The indelible voices of these determined women inspire us with their strength, gifting us with ancient insights that speak to our current global, environmental and cultural crises. These are the powerfully rich stories of the brave women and children living in the poorest county in the United States.

## Engaging SFV Elders in Climate Action

Thursday, June 23, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

While the facts of the climate crisis are increasingly evident, many individuals, corporations, and governments have not listened or taken action. As a result, concerned citizens have been losing the battle to save our climate. To help to save our climate, we are forming the SFV Climate Action Group. This group will continue working with Third Act, a national network of elders supporting younger activists engaged in climate action & defending our democracy. We will participate in a national divestment strategy to end financial support from major US banks for fossil fuel companies. We will discuss plans to protect our climate by supporting SB 1173, the CA Fossil Fuel Divestment Act.



In addition, we will work with Elders Climate Action to track/support climate action legislation, and engage in the Environmental Voters Project to encourage environmental activists to become consistent voters in every election. We will also work to end the crisis in plastic pollution and track/support plastic pollution legislation. Finally, we will work to promote climate education for CA students. We will identify a group member to be the Climate Action liaison to Third Act's Bay Area Working Group. This liaison will attend its meetings, report back, and help organize climate actions.

## Reoccurring Events



### Intergenerational Book Club

Wednesday, June 1, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

Join our intergenerational book club started by volunteer Kiki Couchman. In May we will discuss *Catcher in the Rye* by J. D. Salinger. On July 6 we will be discussing *Slouching Towards*

*Bethlehem* by Joan Didion.

## **Aging Well with Meditation**

**Wednesdays, June 1, 8, 22, & 29, 11:00 AM – 12:00 PM**

**Zoom**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness meditation – paying attention purposefully and non-judgmentally in the present moment – is associated with lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group. The group is led by Rachel Lanzerotti, IAYT-Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group



## **Tai Chi and Qigong**

**Thursdays, June 2, 9, 16, 23, & 30, 2:30 – 3:30 PM**

**\*SFV office, 3220 Fulton St, 94118\***

**Monday, June 6, 1:00 – 2:00 PM**

**Zoom**

**Mondays, June 13, 20, & 27, 1:00 – 2:00 PM**

**\*Rochambeau Playground, 238 25th Ave, 94121\***

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

Tai Chi and Qigong are exercises designed for health of mind and body. The Monday class is currently learning the Chen Style 24 movements. If you don't have any Tai Chi experience, these moves may take longer to learn and understand. The in-person Thursday class will focus on the first twelve movements of the Sun Style form and focuses on balance, strength, flexibility. This class is ideal for any experience level, from beginner to more seasoned.

Feel free to join at any time as the moves are broken down and repeated. This class emphasizes improving balance, increasing flexibility and building strength. Participants can practice standing or sitting. Led by Caroline Lew, a Certified Instructor through the Tai Chi for Health Institute.

## **Play Reading Group**

**Thursdays, June 2, 16, & 30, 4:00 – 6:00 PM**

**Zoom**

**Questions to Midge Fox**

**This group is at capacity**





This play reading group is at capacity. Contact Sarah Kent ([sarah@sfvillage.org](mailto:sarah@sfvillage.org)) if you are interested in starting and/or joining a new group. Midge has offered to share tips on how to run a group and books to get a new group started.



### Makers and Crafters

**Friday, June 3, 2:00 – 3:30 PM**

**\*SFV office, 3220 Fulton St, 94118\***

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

We are excited to be meeting once again in person this month! Join our lively group of makers and bring whatever hand craft projects you are working on as well as completed pieces you

would like to show off. Everyone is welcome to join, no matter what your craft or art form is.

### Virtual Social Hour

**Saturdays, June 4, 11, 18, & 25, 5:00 – 6:30 PM**

**Zoom**

**RSVP to Leslie Stafford**

Informality is the theme---if you are TARDY---come anyway! And, if you have over-scheduled yourself, and need to depart early---no worries!



Bring your favorite tipples and nibbles, get comfy, and we'll chat and check-in with fellow San Francisco Village members and, perhaps, some volunteers and youngsters as well. We look forward to lively discussions on a wide range of topics including whatever YOU would like, from personal updates to the silly or serious--- limited only by your imagination!



### Member to Member Coffee Chat

**Monday, June 6, 20, & 27, 10:00 – 11:00 AM**

**Monday, June 13, 2:00 – 3:00 PM**

**Zoom**

**RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)**

Life during a global pandemic can be isolating. Join us for an informal and nourishing hour together to connect, share our experiences, and learn from each other.

Gretchen Addi, SFV board co-chair, will facilitate on June 6 & 20, Pat Miller, SFV member, on June 13, and Bill Haskell, board co-chair and SFV member on June 27.

## Let's Play Games

Tuesday, June 7, 1:00 – 3:00 PM

\*SFV office, 3220 Fulton Street\*

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

The game group is back to meeting the first Tuesday of every month. Let's have fun! We play cards and board games and love when you introduce us to a new game. Join us! We are especially looking for Scrabble players so let us know when you RSVP if that's what you want to play.



## Solo-Agers Circle

Friday, June 10, 10:30 AM – 12:00 PM

Zoom

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

We're happily working our way through the book, *Who will Take Care of Me When I'm Old*, by Joy Loverde. It's available to purchase online (or your local bookstore can order it for you) and the SF library has plenty of copies in print and as an e-book. This month we will be discussing chapters 14 & 15. Please come even if you haven't read it all - the discussion will give you good information. Call Betty Burr with any questions--415-602-0012.



## Conversations about Race

Friday, June 24, 11:00 AM – 12:00 PM

Zoom

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

Facilitated by Kate Hoepke, Sarah Kent and Jessica Da Silva.

Since early 2021, members have been meeting to explore questions about identity, white dominant culture, and racial disparities. We welcome the opportunity to better understand the complexities of an increasingly diverse America and how our unique experience is relevant in the current social discourse.

As a group, we've decided to use the book [\*So you want to talk about race\*](#) by Ijeoma Oluo to guide our conversations. For the June meeting, we'll discuss chapters 12, 13, and 14: *Why are our students so angry? What is the model minority myth? But what if I hate Al Sharpton?* All members are welcome to join, whether you attended earlier sessions or not.

## San Francisco Village Book Club

Monday, June 27, 4:00 PM

Zoom

RSVP to Sharon Kuester

We've been meeting on zoom for two years and would love to have new members join us! We will be discussing *The Secret Sharer* by Joseph Conrad and *The Aspern Papers* by Henry James.



## Street Clean Up: 8<sup>th</sup> and Fulton

Thursday, June 30, 10:30 AM– 12:00 PM

\*Rise and Grind Coffee Shop, 8<sup>th</sup> Ave and Fulton\*

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

If you are tired of walking on food wrappers, cigarette butts, coffee cups, etc. this is your opportunity to do something about it. Vince, a self-described average, previously unengaged citizen, recently founded [Refuse Refuse SF](https://refuserefusesf.org). We love the organization and have committed to a monthly cleanup of the neighborhood—we

provide pickers, masks, bags, and route. This is often an intergenerational event as other neighbors join in the clean up!

Can't make it? Check out the full calendar of clean ups here <https://refuserefusesf.org/events>

## Neighborhood Circles

Many of our circles have been gathering virtually and connecting with each other via phone and email. Some circles meet in person as well. Reach out to Jill Ellefsen to be introduced to your circle leader.

### Sunset Circle

Thursdays, June 2 & 16, 4:30 – 5:30 PM

Zoom

RSVP to Steve Hayashi

Hope our new time is more convenient for everyone. In May we will have one biography meeting and one check-in meeting. We will also discuss what we want in the future for our circle.

### Neighborhood Circles:

**Sunset Circle:** 94122/94116

West of Twin Peaks: 94127/94132  
St. Francis Wood, West Portal, Forest Hill, Park Merced, Ingleside Terraces, Oceanview, Merced Heights and Ingleside

**94110/94134:** Bernal Hts /Potrero/ Mission/Visitation Valley/Bayview

**94107/94103:** South of Market/Mission/ Potrero

**94109/94133:** Nob Hill, North Beach, Telegraph Hill, Chinatown, Russian Hill

**94111/94104/05/08:** Financial Dist/ Embarcadero

**94112:** Excelsior/Ingleside TBD

**94114/94131:** Castro/Noe Valley/Glen Park

**94115:** Pacific Heights/Western Addition/ Japantown

**94117:** Cole Valley/Haight

**94118/94129:** Inner Richmond

**94121:** Outer Richmond

**94123:** Marina/Cow Hollow

**LGBTQ Circle:** Citywide



## **LGBTQ Circle**

**Friday, June 3rd, 1:00 – 2:15 PM**

**\*In person, location TBD\***

**Proof of vaccination required**

**Friday, June 17, 1:00 – 2:15 PM**

**Zoom**

**RSVP to Bill Haskell**

The LGBTQ Circle will meet twice a month, once in person, once on zoom. Location of the in person meeting will be decided at the final meeting in May, before the deadline for this June newsletter and sent via email to members on the LGBTQ master list. For both meetings, if you are not already on the LGBTQ master list, RSVP to Bill Haskell.

We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

## **94107/94103**

**Wednesday, June 8, 1:30 – 3:00 PM**

**\*Delancy Street Restaurant\***

**RSVP to Eve Menger**

We meet on the 2<sup>nd</sup> Wednesday of every month for companionship, conversation, and a pleasant meal—don't forget to RSVP!

## **94114/94131**

**Wednesday, June 8, 3:00 PM**

**Zoom**

**RSVP to Heather Solway**

Join us on zoom!

## **94117**

**Friday, June 10, 1:00 – 2:15 PM**

**Zoom**

**Thursday, June 23, 1:00 – 2:15 PM**

**\*In person, location TBD\***

**Proof of vaccination required**

## **RSVP to Bill Haskell**

The 94117 Circle will meet twice a month, once in person, once on zoom. The location of the in person meeting will be decided at the final meeting in May, before the deadline for this June newsletter and will be sent to members on the 94117 master email list. For both meetings, if you are not already the 94117 master list, RSVP to Bill Haskell. Also, please email Bill Haskell for the location of the second meeting on Thursday, June 23<sup>rd</sup>.

We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

## **Bernal**

**Saturday, June 18, 7:00 – 8:30 PM**

**Zoom**

**RSVP to Joan Miro**

We will continue sharing our stories and offering support to each other during these difficult times, along with some much-needed laughter.

## **West of Twin Peaks Circle**

**Tuesday, June 28, 4:00 PM**

**\* Park Chalet, 1000 Great Highway\***

**RVSP by June 21 to Roberta Gordon**

**If you have to cancel at last minute, please phone or text Roberta**

Come join us at the light and airy indoor/outdoor setting for Taco Tuesday. One has a choice of four different tacos \$3.50 each and other sides to enjoy if four tacos are not enough to eat! Ales and lager are brewed on the premises and also wine and cocktails to imbibe at a discount. Mavericks Margarita is a favorite of mine.

We request that you have cash to pay your individual bill. We all add 30% (5% more if a special SF tax is added) to our order which includes tax and tip.

Please bring a mask with you as restaurants may require wearing one upon entering the restaurant and bring ID and proof of vaccination.

We cannot coordinate car-pooling, but we encourage you to invite a friend who drives. We welcome the opportunity to introduce people to The Village!

## **94118**

**TBD**

**RSVP and Questions Karen Franklin**

We're still figuring out our plans for June! Please reach out to Karen for details.

## 94115+

TBD

Questions to Lynne Fox or Gayle Geary

The 94115+ Neighborhood Circle hasn't decided their June plans before the newsletter deadline. Reach out for details!

## 94121

\*TBA\*

Questions to Barbara Scrafford or Carol Rothman

Our circle planning is off sync with the newsletter deadline. We usually meet in person at the Anza branch library or the SFV office. Hope to see you!! Reach out to Barbara to learn more.

## Save The Dates



### Take Me Out to the Ball Game!

Wednesday, July 13, 12:45 PM

\*Oracle Park, 24 Willie Mays Plaza\*

RSVP to (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org)

Come cheer on our San Francisco Giants against the Arizona Diamondbacks at this afternoon game! Tickets are generously donated by the Giants. Please let us know if you use a wheelchair or walker (we

have a few accessible seats this year) or if a few stairs are okay. Bring your own crackerjacks!



## Volunteer Support



### Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings younger volunteers together with older members to learn from and care for each other.

Contact Jill Ellefsen at [jill@sfvillage.org](mailto:jill@sfvillage.org) or (415) 387-1375 ext. 2 to sign up to receive our weekly emails detailing the many volunteer options available to you.

Reach out to Jill for help with:

- shopping and errand assistance
- technology assistance
- outdoor gardening
- friendly caller connections and/or walking partners
- and more!

### Volunteer Connect Phone Number

Thanks to improvements in technology, you'll soon see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect!

**Our office number remains the same (415) 387-1375.**

Note: This only works after being matched with a volunteer. If you haven't been matched yet or have any questions, please call Jill at (415) 387-1375 ext 2.

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*Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.*

## **San Francisco Village**

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

### **Mission**

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

### **Vision**

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

### **What We Value**

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships  
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

## **San Francisco Village**

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