



San Francisco Village

Monthly Newsletter

July 2022

From Executive Director, Kate Hoepke:

Dear Members and Friends:

When San Francisco Village launched in 2009, our founders were following a road map laid out by Beacon Hill Village in Boston. Some of you may recall the New York Times article that triggered so much interest across the country. The idea made sense: older adults coming together to build an infrastructure that would provide community, resources and expertise so they could age independently in the places they call home. The Village model was an innovative addition to what is known as “aging-in-place.”



But the Beacon Hill model had its limitations. It was designed by and for a group of affluent older white people within a homogeneous Boston neighborhood. It didn't include multi-generational volunteers or board members. It emphasized services more than relationships, using the word “concierge” to describe itself.

The village model has evolved since then to meet the needs of a more diverse group of people, including people younger than 60. The addition of young people to our organization, as staff and board members, consultants, teachers, technology developers, donors, partners, and volunteers has enriched our community immeasurably. We don't refer to them as members, like dues-paying older adults, but in fact they are an integral part of who we are. I am moved by their generous spirit, curiosity about elders outside their own families, and a desire to care for older generations. They seem to sense that their lives will be richer for it.

Recently I heard through the grapevine that some SFV members are expressing concern that membership is now open to anyone of any age and no longer reserved for people over the age of 60. This is not the case. There are two criteria to apply for SFV membership: live in San Francisco and be over the age of 60. There is no intention to change that.

In This Issue:

From the E.D.
July Events
Reoccurring Events
Neighborhood Circles
Member to Member
Save the Dates
Volunteer Support

New Members in June

Susan Logas 94117
Linda Saytes 94114
Mihai Borkovi 94122
Elise Bodtke 94131
James Wong 94133
Mary Hunt 94132
Marymelissa Grafflin 94117
Carmen Hermida 94121
Jean Schnall 94131

San Francisco Village Staff Contact

(415) 387-1375
info@sfvillage.org

Kate Hoepke
Executive Director
kate@sfvillage.org, ext. 1

Jill Ellefsen
Member Services Director
jill@sfvillage.org, ext. 2

Sarah Kent
Program & Creative Director
sarah@sfvillage.org, ext. 3

Sha'Nice Patterson
Wellness Coordinator
sha'nice@sfvillage.org, ext. 4

Jessica Da Silva
Communications & Fund
Development Director
jessica@sfvillage.org, ext. 6

Nidhi Patel
Administrative Assistant
nidhi@sfvillage.org, ext. 5

During the strategic planning process last year, we revised our mission statement. It now reads: We operationalize love for elders in an ageist society by leveraging the power of intergenerational relationships and mutual support. I think it states clearly that our mission is to care for older adults. At the same time, it acknowledges that we need younger people to make it happen.

SFV remains committed to connecting older San Franciscans to the community, resources, and expertise they need to navigate the transitions of aging in a changing world. At the same time, we are making explicit our commitment to equity: a bigger vision that includes people of all ages, races, cultures and abilities working together to create a community of belonging and in so doing, demonstrate possibilities for relationship and connection that benefit the greater good.

It's going to take a lot of us to pull this off!! I hope you're in.

Grateful to be in community with you!

Kate

Welcome New SFV Staff

Wellness Coordinator, Sha'Nice Patterson



Hello SFV members! My name is Sha'Nice Patterson and I am the new Wellness Coordinator.

I am proud to say that I am a San Francisco native and I was raised in Bayview/Hunters Point. Growing up my grandparents were a critically important part of my life. They have inspired me to pursue a career working with older adults. Before starting with SFV I worked as a Community Health Outreach Worker for the San Francisco Unified School District. As the new Wellness Coordinator it's important to me that our members and their needs always come first. I look forward to building relationships with our current members and adding more members to our growing community.

With love,
Sha'Nice

Did You Know?

San Francisco Office Closed

The San Francisco Village office will be closed on Monday, July 4.

Day of Service is Back!

We are happy to announce that on Tuesday, August 2nd we are partnering with a local Bay Area company and their employees for a Day of Service. If you have a home project that would be good for a team of 2-4 volunteers to tackle in a few hours, please let me know. Common tasks are

gardening, light cleaning, technology or organizing. Contact Jill with your requests at 415-387-1375 x2 or jill@sfvillage.org.

Get Connected to Fellow SFV Members!

Want to get to know more San Francisco Village members? The Peer-to-Peer Connection Line connects SFV members with a simple phone call. Started as a pilot program in early May, many members are now enjoying new connections via an “old,” but very familiar, form of communication – the telephone!

Member volunteer Callers are matched with Call Recipients. Callers receive an orientation video and Caller Guide. Callers contact Call Recipients to set up a schedule for regular calls (minimum 1/month) through the SFV Volunteer Connect telephone line. This line is two-way allowing Callers and Recipients to stay in touch! What could be easier?

Ready to join the Peer-to-Peer Connection Line or want to learn more about this program? Submit your request here: tinyurl.com/P2PSFV or send a request to info@sfvillage.org. Member Leslie Stafford will contact you soon.

“Many SF Villagers have lived in relative isolation since Covid changed our lives. For me, the Peer-to-Peer Connection Line achieves its goal and more. I now have two new friends with whom I chat once a week. I look forward to our chats as a time to learn, share and to enjoy the connection with fellow SF Villagers”. - Nancy Taylor, SFV member

July Events



Transforming Death Care

Wednesday, July 6, 1:00 – 2:30 PM

Future dates are 8/17, 9/14, 10/19

SFV Office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Join Stephanie Crawford, RN and death doula, for a series that will explore and normalize conversations around death and dying, something we don't often have the chance to talk about. By opening up the conversation around our mortality, we hope to cultivate acceptance, compassion, and openness in facing our inevitable fate. This series will be an opportunity for you to share your ideas,

beliefs, fears, and desires in a safe and enriching community discussion. We will reference quotes, books, and poetry to help support our conversations and deepen exploration.

Postcards to Voters

Thursday, July 7, 10:30 AM – 12:00 PM

SFV Office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Write friendly cards that urge voters to sign up to vote by mail and direct them to a website where they can sign up. Voting by mail boosts voter turnout, because it tears down barriers to voting and gives voters more flexibility on when they vote. We



are currently writing these cards to Wisconsin, with addresses obtained from Activate America. We will gather together to address these postcards and write our messages. Not to worry, message scripts will be provided.



Fine Arts Museums Virtual Tour: California Road Trip

Friday, July 8, 1:00 – 2:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

From the desert to the redwoods, from the oceans to the mountains, California has fascinated artists since it became a state in 1850. This road trip will look at classic landscapes to more contemporary renditions of the California experience. No hotel reservations required!

Understanding Your Transportation Options

Tuesday, July 12, 2:00 – 3:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Catherine Callahan from the SFMTA Mobility Management Center will be giving an overview of programs and benefits currently offered by SFMTA, as well as sharing helpful tips and resources for navigating the city. Join us to gain a better understanding of affordable and accessible transportation options in San Francisco.



Take Me Out to the Ball Game!

Wednesday, July 13, 12:45 PM

Oracle Park, 24 Willie Mays Plaza

RSVP to (415) 387-1375 or info@sfvillage.org

Come cheer on our San Francisco Giants against the Arizona Diamondbacks at this afternoon game! Tickets are generously donated by the Giants. Please let us know if you use a wheelchair or walker (we

have a few accessible seats this year) or if a few stairs are okay. Bring your own crackerjacks!

Elder Abuse and Scams

Thursday, July 14, 10:30 – 11:30 AM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

Glen Fishman, Program Development Specialist at the Institute on Aging's Elder Abuse Prevention Program will be discussing types of elder abuse and their warning signs. He will also go over



the top ten financial abuse scams, and how to get help and report abuse.



Defending Our Democracy

Friday, July 15, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Today, the right to vote is being suppressed and eroded in many states across the U.S. Amidst a cloud of hateful bigotry and lies about stolen elections, citizens are being led to the edge of rebellion against democracy itself. The SFV Political Action Group will

continue discussing opportunities to work with Third Act (a national network of elders supporting younger activists engaged in climate action & defending our democracy) and its new partner, Activate America, which is organizing a national effort to write postcards to voters in key swing states, educate voters, and mobilize voter turnout.

PLUS we can engage in Third Act's Defending Democracy political actions - like Senior to Senior, a young voter registration effort. Other activities via Third Act's Defending Democracy political actions include working to expand voter rights; increase civic engagement; fight voter suppression; educate voters; mobilize voter turnout; and working the polling stations. Arabella Dorth has agreed to be the Defending Democracy liaison to Activate America's A-Team. She will attend its meetings, report back, and help organize political actions.

Asian Art Museum Virtual Tour: Adornment: Displays of Wealth and Status

Friday, July 15, 1:00 – 2:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Gold, silver, gems, pearls. Crowns, earrings, pendants, bracelets. For thousands of years people of all countries and cultures have ornamented themselves with costly, intricate, and often symbolic, jewelry to attest to their wealth, status, and importance. Cultures from the ancient Persians and Koreans to 18th century ethnic Indonesians to modern Chinese and South Asians have loved beautifully crafted adornment. Come see examples of this eye-catching and meaningful wearable art from the Asian Art Museum's fabulous collections.



Docent Tour of Guo Pei: Couture Fantasy

Monday, July 18, 1:00 PM

Legion of Honor Museum: Lincoln Park, 100 34th Avenue, San Francisco, CA 94121

RSVP TO (415) 387-1375 or info@sfvillage.org

Space limited

Join us for an access docent tour of Guo Pei: Couture Fantasy! This exhibit celebrates the extraordinary designs of Guo Pei—hailed as China's

first couturier—and includes more than 80 works from the past two decades highlighting her most important collections shown on Beijing and Paris runways. Through exquisite craftsmanship, lavish embroidery, and unconventional dressmaking techniques, Guo Pei creates a fantasy that fuses the influences of China's imperial past, decorative arts, European architecture, and the botanical world. Through her stunning fashions, the exhibition reveals the trajectory of Guo Pei's career as remarkable yet emblematic of China's emergence as a leader in the fashion world in the early twenty-first century.

Member Walking Group: Fisherman's Wharf

Tuesday, July 19, 10:30 AM – 12:30 PM

***Meet at Musee Mecanique, Pier 45, 1/2 block from**

Taylor and the Embarcadero on the waterfront*

RSVP TO (415) 387-1375 or info@sfvillage.org

Space limited



Join us for an exploration of Fisherman's Wharf, the most popular free attraction in SF, but not that busy on a weekday. Discover how fishing coexists with the modern tourist mecca. We'll walk on the level for less than 2 miles and less than 2 hours with your On The Level walking guide, Marilyn Straka.

There is a bathroom at the beginning, mid-way and near the end. There are places to rest along the way. There are many lunch options near the end which is at the Maritime Museum at Aquatic Park. Bring your own bag lunch or buy food along the way (think fresh crab or chowder).

You will discover some hidden walkways and alleys that the tourists haven't found. You will also pass by all the main points of interest and learn how to show friends and relatives all the treasures of Fisherman's Wharf.

The nearest bus to the starting point is MUNI F line along the Embarcadero which stops at Taylor. The 30 Stockton and 49 Van Ness buses run along Beach St. so are convenient to the start (they stop at Mason) and end (they stop at Polk). If you drive, there are four-hour parking meters available within two blocks of the start on Taylor, North Point or Bay at the cost of \$2.50/hr or less.



Three Acclaimed Song & Dance Men of the Silver Screen

Tuesday, July 19, 2:00 – 3:00 PM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

Bill Bojangles Robinson and The Nicholas Brothers are celebrated for their charming presence and the innovations they brought to dance in the movies. Robinson brought an effervescent, playful style to his craft that charmed his audiences. He also worked to combat racism and is the first Black actor to appear on screen with a White dance partner – child star Shirley Temple. The Nicholas Brothers were deemed by both Gene Kelly and Fred Astaire, as “the greatest dancers to ever grace the silver

screen.” Their daring acrobatic choreography thrilled audiences and won them many awards as well as a Kennedy Center Honors tribute in 1991.

SFV Climate Action Group

Thursday, July 21, 10:00 - 11:00 AM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

While the facts of the climate crisis are increasingly evident, many individuals, corporations, and governments have not listened or taken action. As a result, concerned citizens have been losing the battle to save our climate. The SFV Climate Action Group will continue to work with Third Act, a national network of elders supporting younger activists engaged in climate action & defending our democracy. We will participate in a national divestment strategy to end financial support from major US banks for fossil fuel companies.



PLUS we will work with Elders Climate Action to track/support climate action legislation, and engage in the Environmental Voters Project to encourage environmental activists to become consistent voters in every election. We will also work to end the crisis in plastic pollution and track/support plastic pollution legislation. Jo Coffey, liaison for Biodiversity, Population Growth and Women’s Rights, will talk about her role to undertake research, report back to the SFV Climate Action Group, and help to organize SFV member participation in local, Bay Area & national actions. Finally, we will work to promote climate education for CA students. David Kaskowitz has agreed to be Climate Action liaison to Third Act’s Bay Area Working Group. He will attend its meetings, report back, and help organize climate actions.



SF Symphony

Rapture & Reverie

Thursday, July 21, 7:30 PM

Davies Symphony Hall, 201 Van Ness Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Tickets limited and will be emailed

The San Francisco Symphony has generously donated a few tickets to the above performance. We’re thrilled to share them with SFV members! A small group of members will be seated together for each performance. What a lovely opportunity to connect over your

love of live music.

Home Match SF: Building Community, One Home at a Time – Now Serving Master Tenants!

Tuesday, July 26, 10:30 -- 11:30 AM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

Finding a place to live in San Francisco’s competitive housing and rental market can be challenging. But with home-sharing it



doesn't have to be! If you're a homeowner, are you looking for a way to earn some additional income AND build new connections by sharing your home? We can help!

Home Match is a shared housing program that provides free, personalized services to connect people with extra rooms in their homes with community members seeking affordable housing options. As part of our services, we provide education about home sharing best practices, complete background checks on all participants before enrollment in the program, and provide ongoing support and mediation services after "matches" are made.

RSVP to learn more about the benefits of home-sharing and how Home Match can support you in the process from beginning to end!



Virtual Performance: Helen Kim

Wednesday, July 27, 3:00 – 3:45 PM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

Join us for a virtual and intimate performance with 2nd Violin Helen Kim of the San Francisco Symphony. A member of the Saint Louis Symphony from 2011 to 2016, she made solo appearances with that orchestra

in both the 2013 and 2014 seasons. She has spent her summers teaching and performing at festivals including Aspen, Yellow Barn, Luzerne, and the Innsbrook Institute. Ms. Kim received a bachelor's degree from the University of Southern California, where she was Presidential Scholar, and a master's degree from the Yale School of Music.

Save Our Water

Friday, July 29, 11:00 AM – 12:00 PM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

California is in extreme drought and entering its third dry year in a row. The San Francisco Public Utilities Commission (SFPUC) supports Governor Newsom's call for all Californians to reduce water usage. The SFPUC offers lots of resources to help you use less water both indoors and out. Come to this session to learn about our [Drought Resource Guide](#), [Water-Wise Evaluations](#), [rebates and incentives](#), and [free toilet program](#).



Reoccurring Events



Makers and Crafters

Friday, July 1, 2:00 – 3:30 PM

SFV office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

We are excited to be meeting once again in person this month! Join our lively group of makers and bring whatever hand craft

projects you are working on as well as completed pieces you would like to show off. Everyone is welcome to join, no matter what your craft or art form is.

Virtual Social Hour

Saturdays, July 2, 9, 16, 23 and 30, 5:00 – 6:30 PM

Zoom

RSVP to Leslie Stafford

Informality is the theme—if you are TARDY—come anyway! And, if you have over-scheduled yourself, and need to depart early—no worries!



Bring your favorite tipples and nibbles, get comfy, and we'll chat and check-in with fellow San Francisco Village members and, perhaps, some volunteers and youngsters as well. We look forward to lively discussions on a wide range of topics including whatever YOU would like, from personal updates to the silly or serious—limited only by your imagination!



Let's Play Games

Tuesday, July 5, 1:00 – 3:00 PM

SFV office, 3220 Fulton Street

RSVP to (415) 387-1375 or info@sfvillage.org

The game group is back to meeting the first Tuesday of every month. Let's have fun! We play cards and board games and love when you introduce us to a new game. Join us! We are especially looking for

Scrabble players so let us know when you RSVP if that's what you want to play.

Intergenerational Book Club

Wednesday, July 6, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Join our intergenerational book club started by volunteer Kiki Couchman. In July we will be discussing *Slouching Towards Bethlehem* by Joan Didion. On August 3rd we'll discuss *The Sympathizer* by Viet Thanh Nguyen.



Tai Chi and Qigong

Thursdays, July 7, 14, 21, 28, 2:30 – 3:30 PM

SFV office, 3220 Fulton St, 94118

Mondays, July 11, 18, & 25, 1:00 – 2:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Tai Chi and Qigong are exercises designed for health of mind and body. The Monday virtual class is currently learning the Chen Style 24 movements. If you don't have any Tai Chi experience, these

moves may take longer to learn and understand. The in-person Thursday class will focus on the first twelve movements of the Sun Style form and focuses on balance, strength, flexibility. This class is ideal for any experience level, from beginner to more seasoned.

Feel free to join at any time as the moves are broken down and repeated. This class emphasizes improving balance, increasing flexibility and building strength. Participants can practice standing or sitting. Led by Caroline Lew, a Certified Instructor through the Tai Chi for Health Institute.

Solo-Agers Circle

Friday, July 8, 10:30 AM – 12:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

We've been happily working our way through the book, *Who will Take Care of Me When I'm Old*, by Joy Loverde. It's available to purchase online (or your local bookstore can order it for you) and the SF library has copies in print and e-book. This month we will be discussing the last two chapters – 15 and 16. In addition, we will be helping each other make decisions about issues of Solo-aging by forming committees to investigate options. Our first committee will be looking into housing options in the City. Please come even if you haven't read all the chapters- the discussion will give you good information. Call Betty Burr with any questions.



Aging Well with Meditation

Wednesdays, July 13 & 27, 11:00 AM – 12:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness meditation – paying attention purposefully and non-judgmentally in the present moment – is associated with lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group. The group is led by Rachel Lanzerotti, IAYT-Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group

Play Reading Group

Thursdays, July 14 & 28, 4:00 – 6:00 PM

Zoom

Questions to Midge Fox

This group is at capacity

This play reading group is at capacity. Contact Sarah Kent (sarah@sfvillage.org) if you are interested in starting and/or joining a new group. Midge has offered to share tips on how to run a group and books to get a new group started.





Member to Member Coffee Chat

Monday, July 11 & 18, 2:00 – 3:00 PM

Monday, July 25, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Life during a global pandemic can be isolating. Join us for an informal and nourishing hour together to connect, share our experiences, and learn from each other.

Pat Miller, SFV member, will facilitate on July 11, Barbara Kivowitz, SFV member and board member, on July 18, and Bill Haskell, board co-chair and SFV member on July 25

Conversations about Race

Friday, July 22, 11:00 AM – 12:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Facilitated by Kate Hoepke and Jessica Da Silva.



Since early 2021, members have been meeting to explore questions about identity, white dominant culture, and racial disparities. We welcome the opportunity to better understand the complexities of an increasingly diverse America and how our unique experience is relevant in the current social discourse.

As a group, we've decided to use the book *So you want to talk about race* by Ijeoma Oluo to guide our conversations. For the July meeting, we'll discuss the last two chapters 15 & 16: *I just got called racist, what do I do now?* and *Talking is great, but what else can I do?* All members are welcome to join, whether you attended earlier sessions or not.

Street Clean Up: 8th and Fulton

Thursday, July 28, 10:30 AM– 12:00 PM

Rise and Grind Coffee Shop, 8th Ave and Fulton

RSVP to (415) 387-1375 or info@sfvillage.org

If you are tired of walking on food wrappers, cigarette butts, coffee cups, etc. this is your opportunity to do something about it. Vince, a self-described average, previously unengaged citizen, recently founded [Refuse Refuse SF](https://refuserefusesf.org). We love the organization and have committed to a monthly cleanup of the neighborhood—we provide pickers, masks, bags, and route. This is often an intergenerational event as other neighbors join in the clean up!



Can't make it? Check out the full calendar of clean ups here <https://refuserefusesf.org/events>

Neighborhood Circles

Many of our circles have been gathering virtually and connecting with each other via phone and email. Some circles meet in person as well. Reach out to Jill Ellefsen to be introduced to your circle leader.

LGBTQ Circle

Fridays, July 1 & 15, 1:00 – 2:15 PM

Zoom

If you are not already on the LGBTQ Circle master list, RSVP to Bill Haskell

We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

94109/94133 Circle

Wednesday, July 6

Buddhist Church of San Francisco , 1881 Pine St.

RSVP to Bobbie Rothman or Juliet Rothman

Continuing our wonderful theme of getting to know religions and religious institutions in San Francisco, our group will visit the Buddhist Church of San Francisco, recommended by our member Anne Averill, on Wednesday, July 6th. Reverend Elaine Donlin will share with us some of the special features of the Church, and some of the history, background, and practices of Buddhism. We will also meet as a group and, as always, we welcome suggestions for future visits. Please save the date and watch your email for the time and for further details!!

Sunset Circle

Thursdays, July 7 & 21, 4:30 – 5:30 PM

Zoom

RSVP to Steve Hayashi

Join us for one biography meeting and one check-in meeting. We will also discuss what we want in the future for our circle.

Neighborhood Circles:

Sunset Circle: 94122/94116

West of Twin Peaks: 94127/94132
St. Francis Wood, West Portal, Forest Hill, Park Merced, Ingleside Terraces, Oceanview, Merced Heights and Ingleside

94110/94134: Bernal Hts /Potrero/ Mission/Visitation Valley/Bayview

94107/94103: South of Market/Mission/ Potrero

94109/94133: Nob Hill, North Beach, Telegraph Hill, Chinatown, Russian Hill

94111/94104/05/08: Financial Dist/ Embarcadero

94112: Excelsior/Ingleside TBD

94114/94131: Castro/Noe Valley/Glen Park

94115: Pacific Heights/Western Addition/ Japantown

94117: Cole Valley/Haight

94118/94129: Inner Richmond

94121: Outer Richmond

94123: Marina/Cow Hollow

LGBTQ Circle: Citywide

94117 Circle

Friday, July 8, 1:00 – 2:15 PM

Zoom

Thursday, July 28, 1:00 – 2:15 PM

In person, location TBD

Proof of vaccination required

RSVP to Bill Haskell

The 94117 Circle will meet twice a month, once in person, once on zoom. The location of the in-person meeting will be decided at the final meeting in June, after the deadline for this July newsletter and will be sent to members on the 94117 master email list. For both meetings, if you are not already on the 94117 master list, RSVP to Bill Haskell. Also, please email Bill Haskell for the location of the second meeting on Thursday, July 28.

We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

94107/94103 Circle

Wednesday, July 13, 1:30 – 3:00 PM

TBD

RSVP to Eve Menger

We meet on the 2nd Wednesday of every month for companionship, conversation, and a delightful meal—don't forget to RSVP!

94115+ Circle

Thursday, July 19, 11:30 AM

Lafayette Park

Questions to Lynne Fox or Gayle Geary

The 94115+ Neighborhood Circle is meeting for a picnic! Reach out for details!

West of Twin Peaks Circle

Thursday, July 21, 5:30 PM

*** Roti Indian Bistro, 53 West Portal Ave***

RVSP by July 15 to Roberta Gordon

If you have to cancel at last minute, please phone or text Roberta

Come join us for a modern take on traditional Indian cuisine. It will be a culinary tour of Indian food (north and south) with vegetarian options. There is now a bar for the imbibers!

This restaurant is truly a neighborhood gem.

We request that you have cash to pay your individual bill. We all add 30% (5% more IF a special SF tax is added) to our order which includes tax and tip. Please bring a mask with you.

Bernal Circle

Date and time TBD

Delancey Street Restaurant

RSVP to Joan Miro

Join us for lunch! Date to be determined.

94121 Circle

TBA

Questions to Barbara Scrafford or Carol Rothman

Our circle planning is off sync with the newsletter deadline. We usually meet in person at the Anza branch library or the SFV office. Hope to see you!! Reach out to Barbara to learn more.

94118 Circle

TBD

RSVP and Questions Karen Franklin

We're still figuring out our plans for July! Please reach out to Karen for details.

Member to Member

Duplicate Bridge Players Want a Game?

How about meeting in members' homes or a restaurant once a month for a game? IF you have an interest, please contact Marvin Berkowitz.

Interested in traditional bridge? Let Member Services Director Jill Ellefsen know! Jill@sfvillage.org or (415) 387-1375 ext 2

Save The Dates



Mission Mural Tour

Monday, August 1 or Thursday, August 4, 11:00 AM – 12:00 PM

Meet in Precita Park, across from Precita Eyes Studio, 348 Precita Ave

Required RSVP to (415) 387-1375 or info@sfvillage.org

Space limited; please pick one tour date

Mask required by Precita Eyes

Join us for a Precita Eyes Mural Tour! We'll hear stories about the beginnings of Precita Eyes and the rise of muralism in the

Mission District as we go through the streets and parks of the beautiful Mission District neighborhood. Tour is about 6 blocks, no hills.

Writers Workshop

Tuesdays, August 2, 9, 16, 23, & 30, 10:00 - 11:30 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

This series is limited to 12 members. Those on waitlist will get priority enrollment for next series.



Have you always wanted to write your memoir but didn't know where to start? Have you got some poems tucked away in a drawer? Do you have an idea for a gripping novel? Or do you just want to put pen to paper – wondering if a poem, an essay or a short story will emerge?

San Francisco Village Writers' Workshop welcomes writers of all levels. You can start from a completely blank page or bring something you are already working on. We will explore different writing styles – from memoir to poetry to short and long fiction. We will also read poets and authors that resonate with us – and try to figure out how they transfer their experiences, thoughts and feelings to the written page. And we will, to paraphrase poet Robert Frost, learn how to “surprise our readers, and ourselves, with our words.”

The Writers' Workshop is led by writer and journalist Elaine Elinson, author of the award-winning *Wherever There's a Fight* and a book reviewer for the Los Angeles Review of Books. Elinson has led writing workshops at SFV since 2015. We welcome those who have been part of the Writers Workshop in the past and we also welcome newcomers! No experience necessary!



Art Salon

Wednesday, August 3, 2:00 – 3:00 PM

SFV Office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Come show off what you've been creating! We'd love to see paintings, drawings, photographs, needle work, crafts, hear some of your writings, listen to your songs, and more.

Volunteer Support



Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings younger volunteers together with older members to learn from and care for each other.

Contact Jill Ellefsen at jill@sfvillage.org or (415) 387-1375 ext. 2 to sign up to receive our weekly emails detailing the many volunteer options available to you.

Reach out to Jill for help with:

- shopping and errand assistance
- technology assistance

- friendly caller connections and/or
- outdoor gardening
- walking partners
- and more!

Volunteer Connect Phone Number

Thanks to improvements in technology, you'll soon see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect!

Our office number remains the same (415) 387-1375.

Note: This only works after being matched with a volunteer. If you haven't been matched yet or have any questions, please call Jill at (415) 387-1375 ext 2.

Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.

San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375
www.sfvillage.org • www.facebook.com/sfvillage • www.twitter.com/SF_village