



From Executive Director, Kate Hoepke:

Dear Members and Friends:

Every February we gather for a State of the Village meeting. It's our version of a shareholders meeting, those shareholders being you! It's an opportunity to reflect on our long-term vision and the short-term objectives for achieving it.



Last year we introduced you to the 2022-2026 Strategic Plan which reaffirmed our commitment to connecting older San Franciscans to the community, resources, and expertise they need to navigate the transitions of aging in a changing world. At the same time, we are making explicit our commitment to a bigger vision that includes people of all ages, races, cultures and abilities working together to create a community of belonging and in so doing, demonstrate possibilities for relationship and connection that benefit the greater good.

At the 2023 State of the Village meeting, on February 15 at 1:00 p.m. on Zoom, we'll talk about how we're living into that vision. Top of mind for me this year is organizational capacity building. What kind of resources do we need to meet the needs of an increasingly diverse membership? I'm thinking of capacity in two ways: adequate financial resources and strong leadership.

As you know, we have an extraordinary group of leaders at SFV: board, staff, volunteers and members. Many of our members have taken responsibility for leading interest groups, neighborhood circles, workshops and new initiatives. We want to support their efforts with peer learning circles, like the quarterly Neighborhood Circle Leader Luncheon, and training for sharpening skills like active listening and facilitation. We'll have an active listening training scheduled this spring. Whether you're a seasoned facilitator or curious about how to lead a group, we'd like to hear from you.

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Staff Contact

(415) 387-1375
info@sfvillage.org

Kate Hoepke
Executive Director
kate@sfvillage.org, ext. 1

Jill Ellefsen
Member Services Director
jill@sfvillage.org, ext. 2

Sarah Brigid Newsham Kent
Program & Creative Director
sarah@sfvillage.org, ext. 3

Sha'Nice Patterson
Wellness & Volunteer Coordinator
sha'nice@sfvillage.org, ext. 4

Jessica Da Silva
Communications & Fund Development Director
jessica@sfvillage.org, ext. 6

Nidhi Patel
Administrative Assistant
nidhi@sfvillage.org, ext. 5

Stephanie Casella
Administrative Support
steph@sfvillage.org, no ext

New Members in January

James Stockford 94121
Hope James 94117
Bruce Pray 94121
Tam Greene 94109
Diana Sanders 94103
David Lehmer 94115
Jennie Quinn 94132
Simone Alexander 94123
Alexander Williams 94117
Shorey Chapmen 94118
Cynthia Obenchain 94110
Jay Davidson & Kevin O'Neill 94114
Carole Warner 94131
Hideo Morimoto 94121
Ellen Klutznick 94115
Mehry Samadi 94116

I'm excited to share with you our thinking about how to cultivate adequate financial resources. Since membership fees make up less than 20% of our operating budget, we need to get creative. We'll be introducing a new business partner program this year that invites local businesses to invest in SFV. Starting in April, a small team of board and staff members will be participating in a nine-month training called the *Culture of Philanthropy*, a program that will help us shift from a scarcity mindset to one of abundance and organizational resilience. We're laying the groundwork for a legacy giving program that invites members to consider SFV in their estate planning. We're making investments of time, money, and intention that will secure SFV now, and well into the future.

As a shareholder in SFV, I hope you'll join us Wednesday February 15 at 1:00 on Zoom to learn how you can make similar investments in this community that cares for you.

Grateful to be in community with you,

Kate

Did You Know?

Holiday Office Closure

The San Francisco Village office will be closed Monday, February 20 in observance of President's Day.

In Solidarity

We are devastated by the tragedies that occurred in Monterey Park, Half Moon Bay, Goshen, and Oakland. The senseless violence is unconscionable, and we recognize an emanating sense of loss and grief, particularly within Asian American Pacific Islander (AAPI) and migrant communities. Violence perpetrated against any member of our community is unacceptable. In solidarity, our hearts go out to the victims and their families, as well as anyone who has been impacted.

We know how grief impacts our daily existence and we encourage gentle telling of our stories, experiences, and heartache. Let us show up courageously with each other, to grieve, process, and connect.

In Memoriam

Betty Burr March 26, 1939 – December 13, 2022

Betty Burr came to San Francisco Village as a member in 2017 with the intention to volunteer and start the Solo Agers Circle, to build connections and resources among members who were facing aging alone. We are so thankful for her passionate work.



Myrle Ching November 17, 1931 – July 2, 2022

Myrle could be counted on as a volunteer, to work at the Transforming Lives and Community Luncheon and coming every month to stuff envelopes. We loved her homemade jam and hearing stories of her multi-generational home that she shared with her nephews. She is greatly missed.

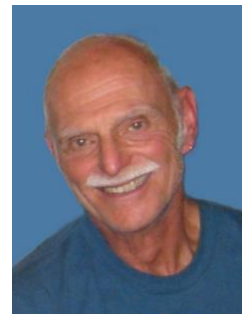


Barry Livingston July 28, 1926 - June 27, 2022

Barry died in his sleep with his wife Carol by his side. His sons Michael and Brian had flown in from Vermont to be with him and tell one more round of stories at the dining table before he went upstairs to bed. He was 95. He was unfailingly upbeat and optimistic, spreading goodwill through a series of sayings his children and grandchildren referred to as "Barryisms." One of his favorites was "Time moves forward."

Chet Roaman February 19, 1939 - September 6, 2022

Chet Roaman quietly passed away on September 6, 2022, at 83 years young. Chet loved Opera, SF Conservatory Music, art museums, friends, bay area food universe, his garden & deck, home, housekeeper Mila & caregiver Juan, City College colleagues, Potrero Hill buddies, library family, & traveling companions. A memorial gathering will be held on Sunday, February 19 between 1-3pm at 1180 DeHaro Street. RSVP chetzobit6@gmail.com. All are welcome.



Harold Spar December 17, 1941 – January 2023

Harold was a lifelong Richmond district resident who worked for 40 years as a federal employee. A relatively new member of SFV, Staff remember him fondly at the 2022 Spring Fling, connecting over a shared love of donuts.

Nancy Wakeman September 13, 1942 – January 2023

Nancy loved books, poetry, writing, travel & nature. She was a member of the 94114/94131 circle.



Connie Yannacone April 7, 1943 – January 2023

Connie was among the very first people to teach Signed English to very young children. She was instrumental in creating sign language classes for parents, mentoring students in graduate programs, and contributing to longitudinal studies for deaf children. Connie had a passion for dancing, especially swing dancing. She maintained her sense of humor until the very end. Her flair for the dramatic was legendary. Connie's Celebration of Life will be April 8, 2:00 PM at 440 Missouri Street. Please RSVP to her daughter Natasha, maiyann@hotmail.com or 415.994.4825.

Upcoming Events



Somatic Movement for Spine Mobility

Wednesday, February 1, 2:00 – 3:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Somatic movement methods are mind-body methods that use gentle and slow movement, mental imagery, breath, and touch to promote

body awareness, and more efficient and expressive movement.

During this class we will focus on spine mobility and posture. We will practice exercises to explore the range of motion, sensory awareness, and movement in the space of the torso and pelvis. For this class you will need a space where you can stand and move the arms freely, and walk front/back, and side to side. Please have available a steady chair and bring an elastic band. All levels of experience are welcome for this group class by zoom.

The group is led by Diana Lara, a Registered Somatic Movement Educator, who holds a M.S. in Kinesiology from SFSU. She is a long-time dancer, and teacher of movement and somatics for older adults. Diana currently teaches Somatics and tai chi for arthritis at On Lok 30th Street Senior Center. For more information about Diana go to her website. www.dianalara-somatics.com

SF Symphony

Davies Symphony Hall, 201 Van Ness Ave.

RSVP to (415) 387-1375 or info@sfvillage.org

Tickets limited & will be emailed through the SF Symphony portal

The San Francisco Symphony has generously donated a few tickets to the performances listed below and we're thrilled to share them with you! A small group of members will be seated together for each performance. What a lovely opportunity to connect over your love of live music.

Friday, February 3, 7:30PM *Emergency Shelter Intake Form*

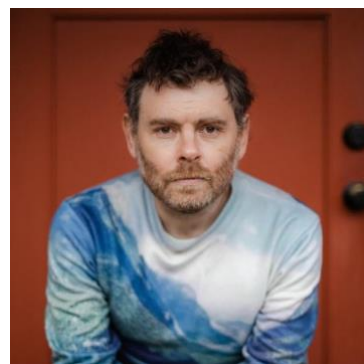
Sunday, February 5, 5:00PM *Lunar New Year: Year Of The Rabbit*

Sunday, February 12, 2:00PM *Blomstedt Conducts Dvořák*

Sunday, February 19, 2:00PM *Prokofiev's Romeo and Juliet*

Thursday, February 23, 10:00AM *Open Rehearsal: Salonen Conducts Bruckner & Adams*

Sunday, February 26, 2:00PM *Salonen Conducts Bruckner & Adams*



Art Salon

Wednesday, February 8, 2:00 – 3:00 PM

SFV Office, 3220 Fulton

RSVP to (415) 387-1375 or info@sfvillage.org

Come show off what you've been creating! We'd love to see paintings, drawings, photographs, needle work, crafts, hear some of your writings, listen to your songs, and more.

Organizing and Sharing Important Information

Thursday, February 9, 10:30 – 11:30 AM , Zoom

Tuesday, February 28, 10:30 AM – 12:00 PM , *SFV Office, 3220 Fulton*

RSVP to (415) 387-1375 or info@sfvillage.org

Join SFV member and retired lawyer Susan Pollack for a conversation about organizing and sharing information about one's estate and other critical documents - both for oneself and for those



who will have to deal with it. We'll talk about all the kinds of information you want to consider, such as: important contact details, estate and health care documents, property arrangements, where to find things, accounts to stop/monitor/pay, insurance, automobiles, etc.

Rather than legal advice and how to fill out a will, trust, or health care directive, we'll be focusing on how to think about the types of information and documents you should have, who you want to share it with, and the necessary conversations to have with people you've chosen. The outline Susan works from is one she developed for herself after her husband died, and now uses in discussions with her friends and colleagues. Think of something else? Bring it to the group so we can all think about it together!



Comic & Satiric Love Songs from Stage, Screen & Cabaret

Thursday, February 9, 3:00 – 4:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

The songwriters who penned these numbers take the traditional concepts of love, often with idealized fantasies about romance, and turn them on their heads. After a brief overview of the evolution of satirical love songs, you will see performances by legendary stars of yesteryear and today playfully mocking such topics as incompatibility, infidelity, ambivalence, dating dilemmas, wedding

jitters and more.

Bonnie Weiss, M.A. is a seasoned theatre educator, and writer. She teaches musical theatre appreciation for S.F. State, U.C. Berkeley and Santa Clara University OLLI; for Road Scholar Elder Hostels and for professional and educational groups throughout California. She has taught at S.F. Conservatory of Music, U.C. Berkeley Extension and the Colleges of Marin and San Mateo. She has written articles and feature stories for The Sondheim Review and Stage Directions Magazines.

Fine Arts Museums Virtual Tour: Color! Shades of Meaning in Art

Friday, February 10, 1:00 – 2:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

We respond emotionally to colors as individuals and society. Colors have embodied both the demonic and divine. This talk will explore the changing societal attitudes and beliefs about colors and how European and American artists use colors to relay messages about society itself and an individual's social standing and even character.



Play Mah Jongg

Monday, February 13, 2:00 – 4:00 PM

SFV office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Mah Jongg is a game of skill and chance like no other. Bring your card and get ready to play! We'll set up a few tables for those who know how to play, and American style Mah Jongg instructor

Nancy Neuhaus will be providing a refresher lesson for anyone who needs it. Let us know when you're registering if you'll be playing Chinese or American Mah Jongg.

State of the Village

Wednesday, February 15, 1:00 – 2:15 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

We hope you can join us for our annual shareholder meeting, held virtually again this year. Please see Kate's letter for more details.



San Francisco
Village



San Francisco Stories: Writing Workshop

Thursdays, 2/16, 2/23, and 3/2, 3:00 – 4:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

We all have San Francisco stories to tell but have you ever written yours? Over the course of three hour-long sessions, journalist and author Denise Sullivan will guide you toward finding, shaping and developing a unique view of our city to tell your story on the page. Unlocking sense memories through writing prompts, we will craft vivid vignettes of times, places and people specific to The City. Discussion and shared readings will inspire beginning, intermediate and more experienced writers to dig deep into the past or draw from present day life to tell your own personal tales of the City.

Denise Sullivan is the author of five books, and editor of *Your Golden Sun Still Shines: San Francisco Personal Histories and Small Fictions*. A literary arts educator, arts and cultural worker and reporter, Sullivan contributes to the *San Francisco Chronicle* and created the SF Lives column for the *San Francisco Examiner*.

Asian Art Museum Virtual Tour: Jade, Stone of Heaven

Friday, February 17, 1:00 – 2:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Jade: Stone of Heaven is a fascinating and beautiful exploration of both the physical characteristics of the stone, and its importance and symbolic place in Asian cultures. Using exquisite examples of jade crafted over thousands of years, the program delves into some of the reasons this stone has been so prized. If you thought diamonds were forever, you should consider jade. For millennia this stone has been valued, revered, and imbued with meaning by not only the Chinese, but also by most Asian societies.





Weekend Walking Group

Saturday, February 18, 1:30 – 3:30 PM

Dogpatch, meet at Museum of Craft and Design, 2569 Third Street

RSVP to (415) 387-1375 or info@sfvillage.org

Calling all weekend walkers! Let’s explore SF neighborhoods together. Storm cancels the walk, and the host will decide ahead of time if the threat of rain is enough to cancel.

Come for a walk through the Dogpatch neighborhood followed by optional coffee together. We’ll meet at the Museum of Craft and Design. This gallery showcases a variety of contemporary craft and design work with monthly events and a gift shop. (admission \$10.00) The museum is between 22nd and 23rd Streets, accessible by MUNI light rail “T” line to 23rd Street stop. This month’s walk is led by SF Village member Connie Levy.

Save the date for Saturday, March 18. This walk, to be led by Jeanne Glennon, covers the Ferry Building and the Salesforce Tower Garden, located in the Salesforce Transit Center. 425 Mission St, SF.

Clean Out Your Stuff, In Community

Tuesday, February 21, 9:30 – 10:30 AM and 3:30 – 4:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Have a corner you’ve been meaning to tackle and clean? Want to organize that pile of papers? Need to clear out books, trinkets, clothes that you don’t wear? How often have we said we’re going to get to it, and then we don’t? The intention of this group is to share your project with others in the morning and then reconvene in the afternoon to share your results. The magic of Zoom allows everyone to see your boxes by the door, a neater closet, file folders in order. Support and accountability are the special ingredients in getting the job done!



Rock and Roll Dance Party

Friday, February 24, 2:00 – 3:30 PM

RSVP to (415) 387-1375 or info@sfvillage.org

Space limited

Let’s crank up the tunes from the 1950s, 1960s and 1970s and shake it! We know how dancing can lift our spirits and is great exercise to boot. Everyone is welcome—dance on your feet, dance in your wheelchair, dance in one our chairs! Dancers with 50 years of training, dancers with decades of grooving to live bands, dancers whose shimmies only come out when washing dishes. No skills needed, just a little wild abandon ☺ Wear your dancing shoes and best dance outfit and a mask too.

MoAd Virtual Tour and Discussion

Monday, February 27, 3:00 – 4:00 PM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

San Francisco's Museum of the African Diaspora, a contemporary art museum, celebrates Black cultures, ignites challenging conversations, and inspires learning through the global lens of the African Diaspora. Sessions explore current or recent MoAd exhibitions and are vibrant, engaging, educational, and have been described as the best art discussion around. Come check it out!



Recurring Events



Aging Well with Meditation

Wednesdays, February 1, 8, 15, & 22, 10:00 – 10:45 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Meditation is a mind-body training that improves your ability to pay attention to the things that matter. Mindfulness meditation – paying attention purposefully and non-judgmentally in the present moment – is associated with lower stress, improved self-awareness, positive brain changes, more compassion, and better sleep. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group. The group is led by Rachel Lanzerotti, IAYT-Certified Yoga Therapist, a long-time practitioner and teacher of yoga and mindfulness meditation. Come learn to practice meditation together. All levels of experience are welcome for this drop-in group.

Makers and Crafters

Friday, February 3, 2:00 – 3:30 PM

SFV office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Join our lively group of makers and bring whatever hand craft and creative projects you are working on as well as completed pieces you would like to show off. This month we will be starting a 2 session class on learning to crochet a pair of beginner level fingerless gloves (pictured above). No prior crochet experience necessary. If you are interested in this project, please contact Jill@sfvillage.org for a materials list. Everyone is welcome at the Makers Group, no matter what your craft, handwork or art form is.



Virtual Social Hour

Saturdays, February 4, 11, 18, & 25, 5:00 – 6:30 PM

Zoom

RSVP to Leslie Stafford

Informality is the theme---if you are TARDY---come anyway! And, if you have over-scheduled yourself, and need to depart early---no worries!

Bring your favorite tipples and nibbles, get comfy, and we'll chat and check-in with fellow San Francisco Village members and, perhaps, some volunteers and youngsters as well. We look forward to lively discussions on a wide range of topics including whatever YOU would like, from personal updates to the silly or serious-- limited only by your imagination!

Female LGBTQ+ Circle

Monday, February 6, 11:00 AM – 12:30 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Female and female identifying members of San Francisco Village are invited to join us for a gay "women's only" circle. During this hour, we will have a chance to meet each other as each person is invited to share a bit about themselves and explore the future plans for this group. We would love to see you there! This group will not replace the ongoing LGBTQ circle that meets 2x month. Open to all members and volunteers that identify as female LGBTQ+.



Tai Chi and Qigong

Mondays, February 6, 13, & 27, 1:00 – 2:00 PM

Zoom

Thursdays, February 2, 9, 16, & 23, 2:30 – 3:30 PM

SFV office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Tai Chi and Qigong are exercises designed for health of the mind and body. Beginning in February, the Monday class will begin a new set that will be easier to follow than the previous set. We usually begin with a question of the day then into warm-up exercises before. You are welcome to participate in just the warm-up exercises if you find it hard to follow the Tai Chi movements. The in-person Thursday class will focus on the first twelve movements of the Sun Style form.

Feel free to join at any time as the movements are broken down and repeated. Both classes will emphasize improving balance, increasing flexibility and building strength. Participants can practice standing or sitting. Led by Caroline Lew, a Certified Instructor through the Tai Chi for Health Institute.

Member to Member Coffee Chat

Monday, February 6, 2:00 – 3:00 PM

Mondays, February 13 & 27, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Note: You need to send in new RSVPs every month



Life during a pandemic can be isolating. Join us for an informal and nourishing hour together to connect, share our experiences, and learn from each other. Thank you to our board and member facilitators and all attendees for creating this virtual coffee hour!



Let's Play Games

Tuesday, February 7, 1:00 – 3:00 PM

SFV office, 3220 Fulton Street

RSVP to (415) 387-1375 or info@sfvillage.org

Let's have fun! We play cards, board games like Rummikub and Scrabble and love when you introduce us to a new game.

Intergenerational Book Club

Wednesday, February 8, 10:00 – 11:00 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

Join our intergenerational book club started by volunteer Kiki Couchman. Our book for Wednesday, 2/8 is *Trust* by Hernan Diaz. On March 1, we'll discuss *Marriage Portrait* by Maggie O'Farrell.



Solo-Agers Circle

Friday, February 10, 10:30 AM – 12:00 PM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org

We gather to provide support for the journey of solo aging as well as problem solving together. Members decided our February topic will be downsizing. Bring your concerns and your resources!

The Page and the Stage

Tuesdays, February 14 & 28, 2:00 – 3:30 PM

SFV office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

We're a playreading/discussion group that meets twice a month, Tuesdays, 2:00-3:30 at the Village office located at 8th Ave. and Fulton. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information and the title of the next play on our schedule.



SFV Climate Action Group

Thursday, February 16, 10:00 - 11:00 AM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

Join us as we continue the crucial work needed to save our planet - for the current generation, for generations to come, and for all forms of life.

We will discuss Third Act's National Day of Action, set for Tuesday, March 21, 2023. This will be a high point of Third Act's campaign to pressure the four biggest banks in the

US –Chase, CitiBank, Wells-Fargo, and Bank of America—to stop financing the fossil fuel industry. Thousands of Third Actors have taken the pledge to close their accounts and cut up their credit cards from these four big banks if they don't stop lending money to the petro-chemical companies that are destroying our climate. We will talk about local activities being planned and ways we can get involved. The local Bay Area group is identifying where people should move their money and training coaches to support the move on 3/8 from 11:00 AM – 12:00 PM.

In addition, we will learn about progress being made on our own Plastics Labeling Project to promote the accurate labeling of all plastic products. We will discuss collaborations in the works with the University of San Francisco, and SF State University. We welcome new ideas.

Defending Our Democracy

Friday, February 17, 10:00 - 11:00 AM

Zoom

RSVP to (415) 387-1375 or info@sfvillage.org



Last month, we reviewed and discussed the implications of the positive midterm election results in preparation for the 2024 presidential election, our partner organizations' plans for 2023 - 2024 and ways to keep up the momentum and continue working together.

Since then, we have been faced with new challenges, especially from the House of Representatives. We will discuss these developments and identify more opportunities to work together with our partner organizations to meet these challenges. We're focused on getting more people registered to vote and mobilizing voter turnout for key upcoming special elections in 2023.

Join us! Find out how you can get involved to uphold and defend our democracy.



Movies with Steve

Mondays, February 27, 1:00 – 3:30 PM

SFV Office, 3220 Fulton St, 94118

RSVP to (415) 387-1375 or info@sfvillage.org

Join us in the theatre, aka SFV conference room, for movies curated by member and board member Steve Hayashi.

2/27 *To Be Or Not to Be* starring Jack Benny, and Carole Lombard

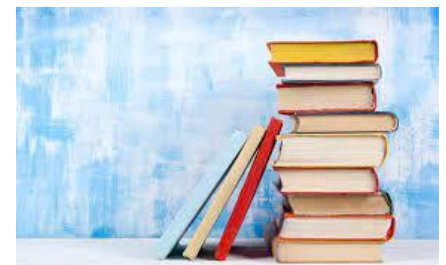
San Francisco Village Book Club

Monday, February 27 4:00 PM

Zoom

RSVP to Sharon Kuester

We will be discussing *A Registry of My Passage upon the Earth* by Daniel Mason. Please join us!



Neighborhood Circles

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Please reach out to Jill to be connected to your neighborhood circle leader.

LGBTQ Circle

Fridays, February 3 & 17, 1:00 – 2:15 PM

Zoom

If you are not already on the LGBTQ Circle master list, RSVP to Bill Haskell

We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

94107/94103 Circle

Wednesday, February 8, 1:30 – 3:00 PM

Waterbar, 399 The Embarcadero

Thursday, February 23, 4:00 PM

Press Club, 20 Yerba Buena Ln

RSVP to Eve Menger

We'll meet for lively conversation and lunch on 2/8 and happy hour on 2/23—don't forget to RSVP!

Sunset Circle

Thursdays, February 2 & 16, 4:30 – 5:30 PM

Zoom

RSVP to Steve Hayashi

Join us for one biography meeting and one check-in meeting.

94117 Circle

Friday, February 10 1:00 – 2:15 PM

Zoom

Thursday, February 23, 1:00 – 2:15 PM

In person, location TBD

Proof of vaccination required

RSVP to Bill Haskell

The 94117 Circle meets twice a month, once on zoom and once in person. The actual date and location of this in-person meeting will be decided at the first meeting on 2/10. The in-person meeting location will be sent to members on the 94117 master list. We can share what is going on

Neighborhood Circles:

Sunset Circle: 94122/94116

West of Twin Peaks: 94127/94132
St. Francis Wood, West Portal, Forest Hill, Park Merced, Ingleside Terraces, Oceanview, Merced Heights and Ingleside

94110/94134: Bernal Hts /Potrero/ Mission/Visitation Valley/Bayview

94107/94103: South of Market/Mission/ Potrero

94109/94133: Nob Hill, North Beach, Telegraph Hill, Chinatown, Russian Hill

94111/94104/05/08: Financial Dist/ Embarcadero

94112: Excelsior/Ingleside TBD

94114/94131: Castro/Noe Valley/Glen Park

94115: Pacific Heights/Western Addition/ Japantown

94117: Cole Valley/Haight

94118/94129: Inner Richmond

94121: Outer Richmond

94123: Marina/Cow Hollow

LGBTQ Circle: Citywide

in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

94109/94133 Circle

Friday, February 10, 1:00 PM

*** Mission San Francisco de Asis, 16th Street and Delores***

RSVP to Bobbie Rothman or Juliet Rothman

Continuing this year's theme of visiting religious institutions and learning their history and community, our group will be visiting Mission Dolores on Friday, Feb 10 at 1pm. The Mission's Curator, Andrew Galavan, will be sharing the mission's very special history from "from the Ohlone natives to the Gold Rush" and beyond, and we will be touring the Church and garden as well.

94121 Circle

Tuesday, February 14, 2:00 PM

Anza Branch Library, 550 37th Avenue

RSVP to Judi Irazyi or Carol Rothman

We meet once a month. We will continue to get to know each other better, share our experiences and support each other. In the next meeting one topic will be how to reconnect to friends we have not seen in a long time due to the Covid epidemic and any other issues that someone wants to discuss.

94118 Circle

Wednesday, February 15, 11:30 AM

Cafe Coco, 4201 Geary Boulevard at 6th Ave

RSVP and Questions Karen Franklin

We'll meet for lunch and conversation. Please reach out to Karen for details. We hope to see a good crowd!

94115+ Circle

Friday, February 17, 12:00 PM

Perry's, 1944 Union Street

RSVP to Lynne Fox at or Gayle Geary

Join us for a lively and fun lunch at Perry's!

West of Twin Peaks Circle

Friday, February 17, 1:00 p.m.

***Beach Chalet, 1000 Great Highway ***

RSVP by 2/10 to Roberta Gordon

The Beach Chalet was designed by Willis Polk and opened in 1925 as a city-run restaurant and included changing rooms for beach visitors. It replaced an older building called the Golden Gate Park Chalet, built in 1892, that had stood on the opposite side of the Great Highway.

Please bring a mask with you as most restaurants require wearing one upon entering the restaurant. We request that you have cash to pay your individual bill. We all add 30% (5% more if a special SF tax is added) to our order which includes tax and tip.

Bernal Circle

Saturday, February 18, 7:00 PM

Zoom

RSVP to Joan Miro

We will continue sharing our stories and offering support to each other during these difficult times, along with some much-needed laughter.

94114 Circle

Sunday, February 19, 1:00 PM

members' home near 16th and Church, address provided with RSVP

RSVP to Jay Davidson

New members Jay Davidson and Kevin O'Neill invite members of the 94114 Circle to a potluck lunch on Sunday, February 19, 1:00 PM at their home located near 16th and Church Streets; exact address will be available after you RSVP. This event is open to a maximum of 20 members and volunteers.

No masks are required. Please be fully vaccinated. It will be indoors unless we have warm weather. There are six steps from the sidewalk to the front door and then eighteen more, up to their second floor flat. Please be prepared to remove your shoes; there are slippers available or you may wear socks or your own slippers.

Bring a dish you enjoy sharing with others, with enough to go around for about eight people.

Save the Dates



Mount Tamalpais College

Thursday, March 2, 12:30 – 1:30 PM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

For nearly 25 years, Mount Tamalpais College—formerly known as the Prison University Project and Patten University at San Quentin—has provided a world-class higher education to students who are incarcerated at San Quentin State Prison. In 2022, they were granted Initial Accreditation by the Accrediting Commission for Community and Junior Colleges. They are an academic institution unlike any other in the U.S: an independent liberal arts college specifically dedicated to serving incarcerated students.

The mission of Mount Tamalpais College is to provide an intellectually rigorous, inclusive Associate of Arts degree program and College Preparatory Program, free of charge, to people at San Quentin State Prison; to expand access to quality higher education for incarcerated people; and to foster the values of equity, civic engagement, independence of thought, and freedom of expression.

This life changing program is run entirely by volunteer instructors and tutors from some of the Bay Area's most prestigious colleges and universities. It could be you – come and learn more!

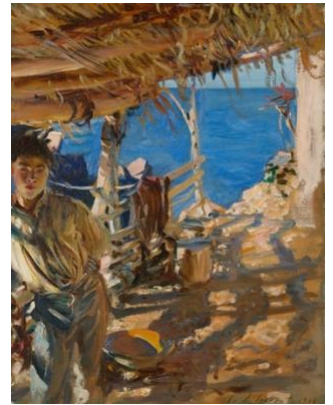
Sargent and Spain: Docent Tour for Access Day

Monday, March 20, 11:00 AM

Legion of Honor, 100 34th Avenue

RSVP TO (415) 387-1375 or info@sfvillage.org

Organized by the National Gallery of Art in Washington, DC, Sargent and Spain is the first exhibition to explore the influence of Spanish culture on John Singer Sargent's dynamic visual practice. The artist developed his passion for the country and its culture over the course of seven visits, from 1879 to 1912. Sargent's powerful early oils—executed at Madrid's Museo del Prado after those by his aesthetic hero Diego Velázquez—mark the beginning of his long interest in Spain, its rich culture (both historic and modern), its people, and its magnificent urban and rural landscapes.



Enjoy a free docent tour with reduced crowds and accessible features including, extra Blue Zone spaces close to the museum, extra seating inside and outside the exhibition, and large print editions of the exhibition labels.



Moving Across the Ages

Wednesdays, March 22 – April 26, 1:30 – 2:30 PM

^Hybrid: In person at SFV Office, 3220 Fulton, and on Zoom^

RSVP to (415) 387-1375 or info@sfvillage.org

Moving Across the Ages is a workshop series that uses dance and creativity to bridge generational divides. Dance artist, professor, and SFV Board member, Liv Schaffer, will facilitate writing, conversation, and movement prompts that guide participants through personal and communal reflection on aging and generational polarities. Village member participants will collaborate and connect with student participants from the University of San Francisco. This six-week workshop series is accessible to all bodies and abilities with no previous dance experience required and will be available in-person and virtually.

Music Chat with Marko

Friday, March 24, 1:00 – 2:00 PM

Zoom

RSVP TO (415) 387-1375 or info@sfvillage.org

A safe space to share thoughts about music you enjoy, hosted by SFV member Mark "Marko" Fenton. Bring a song, artist, and/or genre, maybe a favorite, maybe a classic, maybe one that has recently stirred something in you. Ideally the music can be found on youtube or some other way to share with the group so we can listen and talk about our memories, feelings, and thoughts.



Volunteer Support



Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings younger volunteers together with older members to learn from and care for each other.

Contact Jill Ellefsen at jill@sfvillage.org or (415) 387-1375 ext. 2 to sign up to receive our weekly emails detailing the many volunteer options available to you.

Reach out to Jill for help with:

- shopping and errand assistance
- technology assistance
- outdoor gardening
- friendly caller connections and/or walking partners
- and more!

Volunteer Connect Phone Number

Thanks to improvements in technology, you'll soon see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect! Our office number remains the same (415) 387-1375. This only works after being matched with a volunteer. If you haven't been matched yet or have any questions, please call Jill at (415) 387-1375 ext 2.

Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.

San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375
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