



From Executive Director, Kate Hoepke:

Dear Members and Friends,

Like many people around the world, I'm still trying to make sense of the election results. I'm feeling confused, heartbroken and afraid. I'm not interested in political analysis but rather, what is the bigger story here? We find ourselves on the threshold of authoritarianism, fueled by disinformation, erosion of social capital and creeping alienation. How will we respond? I ask myself, what is mine to do?



"The times have found us," said Thomas Paine 250 years ago. His words compel me to consider how I need to show up, pay attention with eyes open and heart centered. Although I'd like to go to sleep for a couple years, that's not a reasonable game plan. Every day I will be required to show up as an elder in my community, to stand shoulder to shoulder with friends, neighbors and strangers to imagine a future in which our descendants can thrive.

Michael Meade, the great mythologist and storyteller, describes what younger generations need from their elders this way: to have one foot in survival and the other in deep imagination. In other words, younger people look to us to know that their lives will endure, they will survive. At the same time, they need to know that imagination is key to seeing with the eye of the heart. **What is possible?** How do we act from love and not fear?

I'm grateful every day for San Francisco Village and the countless opportunities to build a community that operationalizes love. From our collective imagination we have co-created a web of connection rooted in trust, deep respect and the knowledge that we're in this life together. Thank you for all you contribute – your presence, passion, curiosity, leadership, and love.

Robert Putnam, social scientist and author of *Bowling Alone*, has been studying the erosion of social capital in the US for the past 60 years and its impact on this current moment of truth. In a 2023 documentary called [Join or Die](#), he asks, "What can we do about American democracy in crisis?" The answer is rooted in local

In This Issue:

- From the E.D.
- Did You Know?
- In Memoriam
- Upcoming Events
- Recurring Events
- Neighborhood Circles
- Save the Dates
- Volunteer Support

Staff Contact

(415) 387-1375
info@sfvillage.org

Kate Hoepke
Executive Director
kate@sfvillage.org, ext. 1

Jill Ellefsen
Member Services Director
jill@sfvillage.org, ext. 2

Sarah Brigid Newsham Kent
Program & Creative Director
sarah@sfvillage.org, ext. 3

Sha'Nice Patterson
Wellness & Volunteer Coordinator
sha'nice@sfvillage.org, ext. 4

Jessica Da Silva
Communications & Fund Development Director
jessica@sfvillage.org, ext. 6

Nidhi Patel
Administrative Assistant
nidhi@sfvillage.org, ext. 5

Stephanie Casella
Administrative Support
steph@sfvillage.org, no ext

New Members

Hideo Morimoto 94121
Rebecca Sloss-Martinez 94114
Joan Clark 01913
Ricci Cornell 94110
Susan Lucas 94118
Joel Rutledge 94122
Jerry & Diana Robinson 94118
Lorraine Witte 94109
Rivka Mehr 94109
Linda Walsh 94115
Peter Logan 94123
Kari Olila 94122
Jackie Davis-Martin 94114
Janis Massa 94114

community building efforts like San Francisco Village. From thought leaders like him, I take heart. What is mine to do? Stay awake. Commit to using my voice for social healing. Join with others to imagine an equitable, multicultural society that gives expression to our better angels.

Grateful to be in community with you!

Kate

Did You Know?

Preparing for Holiday Office Closures

The San Francisco Village Office will be closed 12/25-1/1.

Thank you to our Sponsors

SEQUOIA
LIVINGSM
Never Stop Growing

WAYMO

The Fromm Institute
For Lifelong Learning
at the University of San Francisco

ESP
SeniorPlacement.com

Day of Service

We're thrilled to partner with the staff at Waymo for a Day of Service on Tuesday, December 3! If you have a home project that would be good for a team of two-four volunteers to tackle in a few hours, please reach out. Common tasks are gardening, light cleaning, technology or organizing. This session is extra special since Waymo vehicles will be available to take all the

items you want to donate to Community Thrift, Scrap, or other donation sites!

Please reach out to Sha'Nice@sfvillage.org or (415) 387-1375 ext. 4 by November 19 to sign up—this includes signing up to volunteer in other members' homes (and hopefully getting to ride in an autonomous vehicle) or to sign up to have a group of volunteers at your home. There are often more requests than groups available; thank you for your generous understanding.

#GivingTuesday

#GivingTuesday is December 3 and we're proud to be a part of this global celebration of giving. You will be receiving several emails in November and December encouraging you to donate to SFV. Since membership fees cover only 17% of our income, your donations help to make us whole. Gifts of any size are most welcome!

If you are age 72 or older, please consider directing your IRA custodian (such as Schwab, Vanguard, Fidelity and others) to transfer part or all of your required minimum distribution to San Francisco Village. To learn more about opportunities to contribute on Giving Tuesday, reach out to Jessica DaSilva jessica@sfvillage.org or call 415-387-1375 x6.

SFV Second Annual Clothing Drive for St Anthony's!

It's that time of year again! As you're pulling out warm clothing from your closet for the upcoming Fall/Winter season, keep in mind there are many who do not have access or cannot afford clothing to keep them warm. St. Anthony's has a free clothing program, providing new and gently used clothing to individuals and families experiencing homelessness and poverty. The clothing

is always free of cost to recipients. They're in need of underwear, socks, men's shoes, men's pants, coats, hats, children's diapers, and feminine hygiene products (new only).

We'll be collecting items January 2-27. If you have any questions contact Sha'Nice Patterson at shanice@sfvillage.org or call 415-387-1375 x4.

In Memoriam

Florence Schwartz, 94111

Florence was a beloved SFV member and talented artist. Her paintings were inspired by memories of places she had been, loved, lived and worked. These memories were enhanced by interpretation, impression and emotion to capture a "sense of place." In addition to solo shows in California, her work was represented in private collections both in the United States and Europe. We are lucky enough to have a collection of her work on view at the SFV office.

Sylvia Saunders, 94114

Sylvia, a longtime SFV member, worked in Public Health and was an active hiker in her day. She died in September at the age of 94.

Upcoming Events



Share Your Story!

Mondays, December 2 - December 16, 10:30 AM – 12:00 PM

***IT Bookman Community Center, 446 Randolph St* (12/2, 12/16)**

***San Francisco Village, 3220 Fulton St* (12/9)**

Register with SFV at (415) 387-1375 or info@sfvillage.org

This series started in September and you can join at any time

Explore your experiences and memories, and share them with others, in a 12-week series from SFV, Southwest Community Corporation @ IT Bookman Community Center & Litquake's Elder Project.

Evocative writing prompts will inspire you to dig deep into both past and present to tell your story. A supportive writing teacher helps you discover the stories you carry within. If you'd rather tell your experiences aloud, instead of writing, we will record them. At the end of each session, share your words with the group. Come together to talk, write, and find community. Classes alternate between SFV and ITB Community Center. Let us know if you can offer a ride or need a ride. We will try to make transportation matches. (Same goes with Muni companionship). We hope you attend the whole series. You are also welcome to drop in to as many sessions as you can attend!

Annual Holiday Party

Wednesday, December 4, 5:00 – 7:00 PM

Google Community Space, 188 The Embarcadero (enter Via Embarcadero), San Francisco, CA 94105, US

Register with SFV at (415) 387-1375 or info@sfvillage.org



Our annual holiday party is a time to see new and familiar faces, make warm connections, and bask in our vibrant community! We'll have nibbles and drinks and merriment.



Exploring Our Self and Our Values

Thursday, December 5, 10:00 -11:30 AM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

This series started in September and is at capacity

Join a new reflection and discussion group facilitated by SFV member Peter Gross. The goal is that by exploring our self and our values in conversation with others, we'll deepen our own self-understanding and learn from the experience of others. Each session has a topic, with one or more discussion questions, such as "What qualities of yours do you value most? Why do you value those qualities – what benefits do they bring you?" In order to foster continuity and trust in our sharing, this is a fixed group and limited to 12 people – restricted to those who signed up at the outset.

What is Group Spiritual Direction?

Tuesday, December 10, 11:00 AM – 12:30 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



It's about...listening, sharing and reflecting, creating a brave space, companioning, & curiosity. Are you curious to explore listening with your heart? "Group Spiritual Direction is a place where individuals can experience what it means to be listened to and loved by others." *Alice Fryling ~ 'Seeking God Together'*

Robin Mayforth has been a volunteer with SFV since 2017 and has enjoyed the variety of ways to be of service through this amazing organization! Originally from Wilmington, DE, Robin moved to the Bay Area in 1997 to become the Concertmaster of San Jose Symphony and held that position until July of 2024. Having recently graduated from Moravian University with a Certificate in Spiritual Direction, Robin enjoys leading small groups that engage in listening with and sharing from one's heart. She also loves working individually with those who are curious to explore the stirrings of their heart and to listen to their still small voice within. Robin lives in Pacifica, CA with her beloved kitty, Tigger.



Member Walking Group: Holiday Walk in Downtown SF

Tuesday, December 10, 5:15 PM

Meet outside in the median between the roadways by the Ferry Building

Register with SFV at (415) 387-1375 or info@sfvillage.org

This year we will be seeing all eight of the Let's Glow SF buildings. We will be walking about 1 ½ miles so we will be done by about 7pm.

Let's Glow SF, the country's largest holiday projection event, will return to downtown San Francisco this holiday season, from December 6th through 15th. The free outdoor holiday event will use high-tech Panasonic projectors and lasers to project large-scale art concepts across the facade of eight iconic SF buildings from 5:30-10 PM nightly, including the Ferry Building. The Salesforce Tower will also showcase Let's Glow SF artwork on the LED panel atop the building, visible throughout the Bay Area.

Arrive early to use the restroom at the Ferry Building. Look for your guide with flashing lights and antler ears and a rainbow light stick. It's Marilyn Straka, SF Village Member and owner of On the Level

SF Walking tours. There will be chairs set up to view the lights on the Ferry Building. First show begins at 5:30 pm. The walk will begin at the conclusion of the Ferry Building light show (about 5:45). End of Tour: near Market and Bush. Getting there: Public transportation recommended. Note: heavy rain and/or winds will cancel.

Fine Arts Museums Virtual Tour

Friday, December 13, 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Celebrating with Food! Fall transforming into our winter season is the time for numerous celebrations. And most celebrations involve gathering around food...both here in the U.S. as well as across the globe in all cultures and in all eras.



You and the SF Village community are cordially invited to join FAMSF docents Jenny Broering and Charlotte Read for a conversation on ZOOM surrounding “food...glorious food”...as witnessed by lavish dining dishes and practices in Europe from the 17th century on. When was the fork introduced...or the napkin? How did the Age of Exploration influence recipes? Tea or coffee?

Please join in and admire decorative arts pieces and paintings that showcase silver, porcelain, glass and more ...as evidence of the evolution of celebratory dining among the elites of past centuries. Hope to see you there!

Find out which mistress and advisor to King Louis XV of France became the primary patron and “savior” of the porcelain factory that produced this tureen... the most popular serving dish of the 18th century?



Make-Up 101

Monday, December 16, 2:00 – 4:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

Makeup 101 is a class for people on the go who want to sharpen their image. It's designed to teach the skills we all need to streamline our daily morning routine. Cathy Allen, from Beauty Works Salon, will teach basic organization, order of application and personalized application instruction using most of what you already have in your makeup collection. Now the fun begins! Once you have the organization down, the rest is much easier, and you will actually look forward to the application process. Class size limited.

LGBTQ+ Community Meeting

Tuesday, December 17, 2:00 -- 3:30 PM

SFV Office + Zoom (2:30-3:15)

Register with SFV at (415) 387-1375 or info@sfvillage.org

Join us for a community meeting of the LGBTQ+ members in SFV! We want to celebrate the LGBTQ+ community and find out what kinds of programs and circle activities would feel meaningful and add to your sense of belonging to SFV. We'll have the ice cream and sprinkles. We hope you bring your desires, curiosities, worries, and



joys to help spark a conversation about where the LGBTQ circle and the Del and Phyllis Posse should head in the next year. We're seeking to expand leadership and explore a committee planning structure to share the load and have a diverse offering of rich connection opportunities.

We'll start with a social and ice cream at 2:00 in the SFV office and hop on zoom as a hybrid meeting at 2:30. We want to make sure anyone who can't attend in person can also share their thoughts and connect with the LTBTQ+ community members who are joining in person.



InnerYoga

Wednesdays, December 18 & January 22, 3:00 – 4:15 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

InnerYoga is an approach to yoga. Awareness, breath, ease, and kindness are intertwined in all the yoga styles we teach: meditation and breathing, Jin Shin Jyutsu, Yin, Gentle Hatha Flow and Restorative. All levels and abilities are welcome. We will meet you at your level and support you in your practice.

Led by Jaime Yamamura, CYT, CMT and Cheryl McCue, CYT. Both Jaime and Cheryl are San Francisco natives and have been teaching for over 10 years. Pre-Covid, they taught at the Doelger Senior Center for over five years and are looking forward to sharing their practice with San Francisco Village.

Happy & Hilarious Holiday Songs

Thursday, December 19, 1:30 – 2:30 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

In this presentation we'll celebrate the most engaging and entertaining songs written for the December holidays of Christmas and Hanukkah.



You'll see performances by such legends as Judy Garland, Mel Torme, Johnny Mathis, Shirley Temple, Tom Lehrer, and the Radio City Music Hall Rockettes as well as delightfully inventive renditions of songs about the Maccabees, latkes, dreidels, menorahs, and other Hanukkah traditions.

Bonnie Weiss is a seasoned theatre educator and writer. She is an OLLI instructor at UC Berkeley, San Francisco State and Dominican Universities. She has also given programs for Road Scholar, New Lehrhaus, Temple Emanu- El, and senior retirement communities throughout Northern California.



Asian Art Museum Virtual Tour

Friday, December 20, 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Timeless Traditions Expressions of the Divine in Indian Art

Explore the vast panoply of South Asian art through the prism of four belief systems found there: Hinduism, Buddhism, Jainism, and Sikhism. Discover how deities and the divine have been depicted for thousands of years by the artists of

India and neighboring cultures, as illustrated by highlights from the Asian Art Museum collection.

Recurring Events



Del and Phyllis Posse: Female LGBTQ+ Circle

Mondays, December 2 & 16, 12:00 PM

Old Jerusalem, 2966 Mission St

Register with Sarah Thompson

Female and female identifying members of San Francisco Village are invited to join us for a gay "women's only" social circle. During this hour, we will have a chance to get to know each other and talk about our shared history as seniors in the LGBT community as well as discuss the joys and challenges of our past, present and future lives! Open to all members and volunteers that identify as female LGBTQ+.

Fitness Exercise

Mondays, December 2, 9, 16, & 23, 1:00 – 2:00 PM on Zoom

Thursdays, December 5, 12, & 19, 2:30 – 3:30 PM at *SFV office, 3220 Fulton St.*

Register with SFV at (415) 387-1375 or info@sfvillage.org



Simple, slow and gentle exercises to help keep the body limber with an emphasis on improving balance, strength and flexibility. Exercises can be modified for your level. Feel free to join at any time. Led by Caroline Lew, a certified Senior Fitness and Tai Chi Instructor.



Explorers (formerly Travel Connections)

Planning Meeting: Monday, December 2, 1:00 – 2:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

Join us on 12/2 to help plan activities for next year!

SF Bach Choir Candlelight Concert

December 7, 2024, 7:30PM

Calvary Presbyterian Church at 2515 Fillmore St

For more information, contact Barbara Elbl

A candlelight Christmas under moon and stars. Optional dinner before concert.

Hearst Castle and Cambria Christmas Market

December 9 - 12, 4 days and 3 nights

Estimated cost of trip is \$1100. At this point, hotels and tickets are very limited but still possible. For more information, text LeeAnn DeSalles

Let's Ring in The New Year Together!

Sunday, January 5, 2025, 4:00 - 5:00PM or later

Unwine'd, 9 West Portal Ave

RSVP to Phyllis Scaduto

Join us to toast the New Year with a glass of wine or a non-alcoholic beverage and Greek accented food.

Let's Play Games

Tuesday, December 3, 1:00 – 3:00 PM

SFV office, 3220 Fulton Street

Register with SFV at (415) 387-1375 or info@sfvillage.org



Come play games with us and have fun while meeting new people. You can bring a game you like or enjoy the ones we have such as Rummikub, Scrabble, Uno, playing cards etc.



Intergenerational Book Club

Wednesday, December 4, 10:00 – 11:00 AM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

Join our monthly intergenerational book club on the first Wednesday of the month to discuss the chosen book together. Our discussions are lively and create an environment to share diverse viewpoints. Whether you're a regular at this book club or just dropping in one time, everyone's welcome to share, learn, and grow together. Our December book will be the *Vegetarian* by Han Kang.

Our January book will be *Prophet Song* by Paul Lynch and we will be meeting on 1/8 instead of 1/1

Aging Well with Mindfulness Meditation

Wednesdays, December 4, 11, & 18, 10:00 – 10:45 AM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Mindfulness is a way of paying attention with kindness and curiosity to what is arising in the present moment. Mindfulness meditation is associated with cognitive, emotional, and physiological benefits, including emotional regulation, stress management, and improved sleep. Mindfulness can help us navigate everyday life, including changes that are a part of the aging process. Come learn and practice mindfulness and engage in discussion. All levels of experience are welcome for this drop-in group.

Terre Passero, the founder of [Mindful Stress Management](#), has been teaching mindfulness since 2005. She is a Certified Mindfulness-Based Stress Reduction (MBSR) Instructor, and a Certified Stress Mastery Educator. She also spent five years in Japan where she practiced (and still practices) Zen meditation.



Music Chat with Marko

Thursday, December 5, 1:00 – 2:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

A safe space to share thoughts about music you enjoy, hosted by SFV member Mark "Marko" Fenton. Bring a song, artist, and/or genre, maybe a favorite, maybe a classic, maybe one that has recently stirred something in you. Ideally the music can be found on YouTube or some other way to share with the group so we can listen together and discuss what the music means to us.

Makers and Crafters

Friday, December 6, 2:00 – 3:30 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



Do you watercolor? Knit or crochet? Bead? Applique? Open to learning to knit or sharing your craft with others? If so, we welcome you to join our lively group of makers and bring whatever hand craft and creative projects you are working on as well as completed pieces you would like to show off. Everyone is welcome at the Makers Group, no matter your craft, handwork or art form.



Artists Circle

Winter Open Studios, 480 Gate 5 Rd, Sausalito

Saturday, December 7, 1:00 PM

We selected the [Winter Open Studios](#) at the Industrial Center Building (ICB) in Sausalito to attend on December 7th. With over 80 artists to view, it is stimulating, fun, and worthwhile to go to. Let's carpool, parking is free and ample. Call Gayle Geary or Jay Davidson to register your intention to attend.

Holiday Party

Let's show up together at the Holiday Party. The Artists Circle is an active and significant group and we will add to the fun of the event. It is happening on December 4th, 5-7pm, at the Google Community Space at 188 The Embarcadero. We need to register with SFV at (415) 387-1375 or info@sfvillage.org. The venue requires us to register.

Virtual Social Hour

Saturdays, December 7, 14, 21, & 28, 5:00 – 6:30 PM

Zoom

Register with Leslie Stafford



Informality is the theme---if you are TARDY---come anyway! And, if you have over-scheduled yourself, and need to depart early---no worries! Bring your favorite tipples and nibbles, get comfy, and we'll chat and check-in with fellow San Francisco Village members and, perhaps, some volunteers and youngsters as well. We look forward to lively discussions on a wide range of topics including whatever YOU would like, from personal updates to the silly or serious--- limited only by your imagination!



Grupo de Conversación en Español

Tuesday, December 10 (not 12/24) 1:00 – 2:00 PM

Thursday, December 12 (not 12/26), 1:00 – 2:00 PM

SFV Office, 3220 Fulton

Register with SFV at (415) 387-1375 or info@sfvillage.org

Add a little more Spanish conversation to your life! This group is led by members and there will be no formal instruction. We meet on the 2nd and 4th Tuesdays and Thursdays of each month. Not sure if your Spanish is up for it? Check it out! We're a fun and lively group who help each other.

The Page and the Stage

Tuesday, December 10, 2:00 – 3:30 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org



We're a playreading/discussion group that meets twice a month. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information and the title of the next play on our schedule.



Play Mah Jongg

Mondays, December 9 & 23, 2:00 – 4:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

Mah Jongg is a game of skill and chance like no other. Mah Jongg is a game of skill and chance like no other. We have an American Style Mah Jongg set at the office.

Over 90!

Monday, December 9, 2:30 – 3:30 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org



Gather on zoom with your fellow nonagenarians! Requested by a few members, we hope to build new connections and have space to talk about experiences in this decade of life.



Solo-Agers Circle

Friday, December 13, 10:30 AM – 12:00 PM

Zoom

Register with SFV at (415) 387-1375 or info@sfvillage.org

We gather to provide support for the journey of solo aging as well as problem solving together.

Potluck Group

Sunday, December 15, 2:00 -- 4:00 PM

Home of Barbara Elbl in the Inner Sunset near 12th Avenue

Register with Marvin Berkowitz



Share food and make new friends at members' homes monthly. Please bring a small dish and beverage to share.

There is a Limit of 12 for this event, so if you're interested, please register quickly. Barbara would welcome a Co-host to settle people in and help with the clean-up: let Marvin know if you'd be available. Parking on the street near Barbara's house is relatively easy. The N Judah train and 44 Muni are within walking distance.

We're looking for more members to host from all over the city, so please let Marvin know if you can Host or Co-Host in the coming months. This is fun and a good way to get to know others. Typical attendance is in the 10-15 range, depending on your space.



Any Book Book Club

Tuesday, December 17, 2:30 – 3:30 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

The Any Book Book Club is the easiest book club around! There is no assigned book to read - we get together and discuss what we've been reading and what we plan to read next.

The San Francisco Village View: A Current Events Discussion Group

Friday, December 20, 2:30 – 4:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org. Space limited,

Registration required



Let's gather in community and conversation about what's happening in our world--this could be global or local. Please bring a topic and the group will vote at the beginning of each session. Knowing our identities are wrapped up in the political landscape, we will engage each other with respect and an ear to understanding others' views. We are committed to learning, not debating. We allow everyone the chance to speak, and we avoid assumptions about individuals or generalizations about social groups. We ask that all who attend check sources/facts and be prepared to share them; we don't want to contribute to misinformation.

The 3rd Friday group is led by member Marymelissa Grafflin and 4th Thursday group that is led by members Marymelissa Grafflin and Alexander Williams is not meeting in December. The topics and viewpoints discussed are individual member's beliefs, not necessarily those held by the organization.



San Francisco Village Book Club

Monday, December 23, 4:00 PM

Zoom

Register with Sharon Kuester

We will be discussing *The Pickup* by Nadine Gordimer.

Neighborhood Circles

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Members are welcome to attend any circle, even if it is outside of their zip code/neighborhood.

94114/94131 Circle

Register/get more information with Jay Davidson or Rena Burns

Thursday, December 5, 12:30 PM, * lunch at Tara Indian, 2217 Market Street*

Our monthly lunch is at this local longtime favorite. Please RSVP to Jay or Rena. Bring cash to pay your bill.

Monday, December 16, 11:00 AM, zoom call

No need to RSVP. Just show up if you can. The zoom link will be sent out prior to the call.

Thursday, December 19, 10:00 AM, coffee at Martha & Brothers, 1551 Church Street

Our monthly coffee meet-up is in this popular spot. No need to RSVP.

Sunset Circle

Thursday, December 5, 4:30 – 5:30 PM on Zoom

Register with Steve Hayashi

Monday, December 16, 11:00 AM at *Java Beach Café on La Playa and Judah*

Join us on zoom on 12/5. We'll also have another coffee shop meet up this month! No need to RSVP, just show up.

LGBTQ+ Circle

Friday, December 6, 1:00 – 2:15 PM on zoom

Register with Bill Haskell

The LGBTQ Circle is meeting on zoom this month. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

We'd love to see you at the LGBTQ+ Community meeting on 12/17!

Neighborhood Circles:

Sunset Circle: 94122/94116

West of Twin Peaks: 94127/94132
St. Francis Wood, West Portal, Forest Hill, Park Merced, Ingleside Terraces, Oceanview, Merced Heights and Ingleside

94110/94134: Bernal Hts /Potrero/ Mission/Visitacion Valley/Bayview

94107/94103: South of Market/Mission/ Potrero

94109/94133: Nob Hill, North Beach, Telegraph Hill, Chinatown, Russian Hill

Embarcadero/FiDi: 94111/94104/ 94105/941108

94112: Excelsior/Ingleside TBD

94114/94131: Castro/Noe Valley/Glen Park

94115: Pacific Heights/Western Addition/Japantown

94117: Cole Valley/Haight

94118/94129: Inner Richmond

94121: Outer Richmond

94123: Marina/Cow Hollow

94102: City Center, Opera Plaza

LGBTQ+ Circle: Citywide

94121 Circle

Tuesday, December 10, 2:00 PM at *at the Betty V.'s home*
Register with Betty Vaughan or Carol Rothman

This month will be a potluck! Details to be emailed. We meet the second Tuesday of every month. We alternate meetings in the library or a member's home. We meet to create community, provide support and share our experiences, we look forward to welcoming new members.

94115+ Circle

Wednesday, December 11, 2:00 PM, at *Fairmont Hotel*
Register with Gayle Geary

Special event at the Fairmont Hotel on December 11th at 2pm. Our very own Peter Devine will be leading a limited group of us in viewing the Christmas decorations at the hotel, including the amazing gingerbread house. Because we are sharing this event with the 94109 neighborhood circle, our 94115+ group is limited to 12 people at most. We already have eight of us who have registered. Please let Gayle Geary know as soon as possible if you would like to attend. First come first serve.

Let's show up together at the Holiday Party. Our neighborhood circle is very active and we will add to the fun of the event. It is happening on December 4th, 5-7pm, at the Google Community Space at 188 The Embarcadero. We need to register with the Village at (415) 387-1375 or info@sfvillage.org. The venue requires us to register.

94107/94103 Circle

Thursday, December 12, 1:00 PM * The Rotunda at Neiman Marcus, 150 Stockton St level 4*
Register with Dian Miller

Join our special holiday luncheon! Space for eight. The restaurant will not do separate checks so please bring cash and add 30% to your total.

94118 Circle

Thursday, December 12, 3:00 – 4:30 PM at *Karen Franklin's house, 11th Ave and Cabrillo*
Register with Karen Franklin

It's an afternoon coffee break at Karen's house. Karen provides beverages and snacks. We enjoy good conversation and fellowship. Contributions to help Karen with provisions are welcome but certainly not obligatory. If you would like to use Karen's elevator, contact her to arrange entry. Remember that all Circle meetings are open to all members, so encourage your Village friends to join us.

94117 Circle

Friday, December 13, 1:00 – 2:15 PM on Zoom
Friday, December 27, 1:00 – 2:30 PM TBD if in person or on zoom
Register with Bill Haskell

The 94117 Circle meets twice a month, once on zoom and the second could be in person or on zoom. If we meet in person, the location will be determined at the first meeting. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

Bernal Circle

Saturday, December 14, 1:00 PM

Email Ellen for more details

Ellen Kalges is organizing a luncheon for the Bernal Circle on Saturday, December 14th at 1 p.m. We will not be having our regular meeting in December and will resume meeting on the 4th Sunday of the month in January.

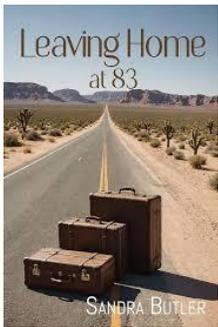
West of Twin Peaks Circle

Tuesday, December 17, 3:00 – 5:00 PM

Register by 12/13 with Roberta Gordon

We're having a Holiday Chocolate/Coffee Martini Party. Please wear party attire and bring savory finger food for 3. Limited to 12 people with a waitlist.

Save The Dates



Author's Talk

Wednesday, January 29, 2:00 – 3:00 PM

SFV office, 3220 Fulton St, 94118

Register with SFV at (415) 387-1375 or info@sfvillage.org

Sandra Butler will read from her two latest books: *The Kitchen Is Closed and Other Benefits of Being Old* and *Leaving Home at 83*.

In her 80s, Sandra Butler does not identify as elderly. Or mature. She's neither plucky nor a burden, and she's not over any hills. She's old, and she's ready to reclaim that word. In this funny and intensely personal collection of essays, Butler chronicles her experience moving from aging to old, remembering and forgetting all the wrong things, feeling frustrated with technology, keeping up with the avalanche of cultural and political news, mothering two middle-aged daughters, surveying her old body, and ultimately, preparing for her death.

Leaving Home at 83 is an intensely personal story yet one shared with thousands of aging women who are wondering whether to move to be closer to their children and leave their friendships behind or stay in their communities. Readers will see their questions on these pages and recognize their fears, insecurities, and uncertainties.

Butler examines the often-unspoken struggle to sustain our autonomy as we age and our conflicted longing for dependency as we become more vulnerable. Both longings are embedded in the desire not to be a burden to those we love. With its sharp humor and refreshing honesty, this wry account brings a welcome and necessary perspective to the inevitable moment when we end one chapter of our lives and begin whatever comes next.

Support SFV

Donate a Vehicle

Have a car taking up space? Running or not, please consider donating your vehicle on our behalf. Call 866-392-4483 to learn more. We partner with Donate For Charity to handle all the details!

[Donate for Charity Inc.](#) makes it easy to donate your car, boat, RV, airplane, or property across the United States. They provide fast, free pickup of your vehicle with no cost to you and you will receive the maximum tax deduction for your donation.

As a San Francisco Village partner, when you donate your vehicle through Donate for Charity, 70% of the value of your donation goes toward supporting our mission and helping older San Franciscans continue living independently in the places they call home.

Employee Matching Gifts

Did you know that many companies offer a matching gift program to encourage giving and volunteering among their employees? Some companies even match gifts for spouses, retirees, and part-time employees. We have found an easy way to increase the impact of your donation through corporate matching gifts. Please visit our website to use our tool and learn if your employer has a matching gift program. For any questions regarding matching gifts please email Jessica Da Silva at jessica@sfvillage.org

Community Thrift Donations

[Community Thrift Store](#) accepts donations on behalf of San Francisco Village, sells the items, and then shares the proceeds with us. Many thanks to all of you whose closets have been cleaned out and who have named SFV the beneficiary. Last year for example, we received \$2000 in donations because of this partnership. Please keep us in mind when you drop your used and well-loved items off at Community Thrift Store, 623 Valencia St. Let them know our reference number for donations is 122.

Gus's Market Community Program

If you are a shopper at Gus's Market you can help San Francisco Village raise funds by enrolling in the [Gus's Community Card](#) program. When enrolled, Gus's will contribute 6% of your purchases to the non-profit of your choice! It is easy and FREE to enroll. Stop at any Gus's Market register and fill out a simple form with San Francisco Village's name and group ID: 500451317. When you are checking out, simply have the store associate scan your Community Card or provide your account phone number and the contributions are automatic!

Volunteer Support

Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings younger volunteers together with older members to learn from and care for each other. Contact Jill Ellefsen at jill@sfvillage.org or (415) 387-1375 ext. 2 to sign up to receive our weekly emails detailing the many volunteer options available to you.



Reach out to Jill for help with:

- shopping and errand assistance
- technology assistance
- outdoor gardening
- friendly caller connections and/or walking partners
- and more!

Volunteer Connect Phone Number

Thanks to improvements in technology, you'll see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect! Our office number remains the same (415) 387-1375. This only works after being matched with a volunteer. If you haven't been matched yet or have any questions, please call Jill at (415) 387-1375 ext 2.

Programs are in person **^Programs^** are hybrid **Programs** are virtual.

Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.

San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375
www.sfvillage.org



This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services.