



# San Francisco Village

## Monthly Newsletter September 2025

### From the Interim Executive Director, Avi Rose:

Dear Members and Friends,

Summer is drawing to a close, though as we know here in San Francisco, this is often the time when the sun actually comes out to warm things up! Whatever happens in the skies, I hope you've had some peaceful and restorative time over the summer and feel ready to launch into Fall activities, possibly including things that are entirely new for you.



Here at SFV, activity has continued unabated over the summer. Programs have continued to gather, engage, and enlighten people. A steady stream of new people continues to strengthen our village as they become members and volunteers. The Executive Director search process has begun to get going in earnest. Our efforts toward sustainability - inviting people to pay at a higher dues level if affordable, asking members to consider receiving the monthly newsletter electronically in order to save printing costs, being particularly mindful of how we spend our resources - are bearing fruit. We are going strong.

While I'm glad to reflect on SFV's many strengths, I of course find myself mulling about the larger context we're living within. While I don't presume political agreement among our diverse members, I'm aware that many share a deep concern about the current state of our country, including a shocking degree of disinvestment from addressing or even caring about basic human needs. Many feel that the ground under us is shifting in ways that are both alarming and disheartening. It feels like an important time to reaffirm our commitment to building community, standing together for the values SFV has long abided by. Our vision: a future in which people of all ages, races, cultures, and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good. And our values, including our belief in the importance of social connection and access to care, our affirmation of eldership and of intergenerational relationships, and our commitment to equity.

Remaining steadfast in our commitment to our vision and values is more important than ever. I invite us all to lean into community, giving us the strength and support we need to navigate these times.

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### New Members

Paula Ginsburg 65203  
Hemlata Patwa 94116  
Lara Rabinovich 94121  
Amy Fong 94110  
Claudia Bowers 94118  
Burt Greenberg 94116  
Betty Dvorson 94127  
Andrew & Lola Fraknoi 94127  
Grace Sevy 94109  
Kevin Parry 94116

### Thank you to our Sponsors



### From the Board of Directors

Have questions? Email board chair Gretchen Addi at [gretchenaddi@gmail.com](mailto:gretchenaddi@gmail.com).

### Board Candidates

The Governance Committee is recommending 3 candidates to join the Board. They will be discussed and voted on at the Board meeting on 8/26/25.

### Executive Director Search Process

The ED Search Task Force is moving forward with developing the core criteria and the job description. We are gathering input from a representative sample of members, volunteers, board members, & funders + sponsors.

### In Memoriam

#### Ayame "Amy" Flint 94123

Longtime SFV member, Ayame was a fascinating woman; her childhood was spent in Tokyo, England, Columbia, Venezuela & San Francisco. In addition to English, she spoke Japanese, French & Mandarin. Her children were raised in Japan and SF & she will be greatly missed.

#### Dean Straw, 94121

Beloved husband of member Rayma Mui, Dean hails from Hawaii, went to Yale for Electrical Engineering & worked in Marine Electronics. He always enjoyed long walks, especially in GGP to the nearby dog park & bocce ball court. He had a passion for ham radio & was inducted into the Amateur Radio Hall of Fame.

#### Phyllis "Flavia" Hamilton, 94117

Originally from NYC, this independent & intelligent SFV member had a curious mind & enjoyed rich conversations about history, religion, WWII, The Depression, current events & anything in between. In her younger years she was a modern dancer who studied with Martha Graham.

### Did You Know?

#### Office Closure

The San Francisco Village office will be closed on Monday, September 1 in observance of Labor Day.

### Honor a Loved One, Support Our Community: Give Through Your IRA

Make a lasting impact with a tax-free gift to SFV (Tax ID #26-1300020) through a Qualified Charitable Distribution (QCD) from your IRA. If you're 70½ or older, it's a smart way to give back while reducing your taxable income. Contribute before the end of 2025.

### Upcoming Events

Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise



#### Share Your Story!

**Mondays, September 8 – November 24, 10:30 AM – 12:00 PM**

**IT Bookman Community Center, 446 Randolph St (9/8, 9/22, 10/6, 10/20, 11/3, 11/17)**

**San Francisco Village, 3220 Fulton St (9/15, 9/29, 10/13, 10/27, 11/10, 11/24)**

Explore your experiences and memories, and share them with others, in a 12-week series from SFV, Southwest Community Corporation @ IT Bookman Community Center & Litquake's Elder Project.

Evocative writing prompts will inspire you to dig deep into both past and present to tell your story. A supportive writing teacher helps you discover the stories you carry within. If you'd rather tell your experiences aloud, instead of writing, we will record them. At the end of each session, share your words with the group. Come together to talk, write, and find community. Classes alternate between SFV and ITB Community Center. Let us know if you can offer a ride or need a ride. We will try to make transportation matches. (Same goes with Muni companionship). We hope you attend the whole series. You are also welcome to drop in to as many sessions as you can attend!

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### Resistance is Fertile Workgroup

**Monday, September 8, 11:00 AM – 12:30 PM, at SFV Office, 3220 Fulton**

Some of your fellow Village members have been meeting to discuss strategic non-cooperation techniques to fight authoritarianism. We are working on developing some safe, local activities for engaging issues that are taking place. Please join us to talk through ways our SFV community can take action.



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### Planning Lunch with Provocative People

**Tuesdays, September 9 & 23, 12:00 – 1:30 PM at SFV office, 3220 Fulton St.**

Who would you like to have lunch with? Would you like to research & present this person's wisdom and character to a group of SFV members? Join us to plan an upcoming series that will take place this fall on the 2nd & 4th Tuesdays in October, November, & December. Please bring 2-4 provocative people you'd be interested in presenting & we'll decide as a group who to focus on for this series. We all appreciate diversity in race, age, gender identity, ability/disability, ethnicity, etc.

SFV successfully did this series in 2016 & 2019! Previous Provocative People have been Angeles Arrien, Helen Luke, Elie Wiesel, Nelson Mandela, Richard Dawkins, Christopher Hitchens, Yoko Ono, Rachel Carson, Angela Merkle, Rebecca Solnit, Greta Thunberg, Bernice Johnson Reagon, Dalia Lama, & Coretta Scott King.

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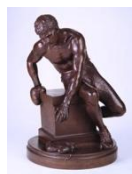
### Aging Mastery Program

**Wednesdays, Sept 10 – November 12, 2:00 – 4:00 PM at SFV office, 3220 Fulton St.**

The Aging Mastery Program® (AMP) is designed to help older adults improve their well-being through behavior change and goal setting. AMP covers a broad range of topics from exercise, nutrition, finances, advanced planning, and community engagement. This workshop meets once per week for ten weeks. We bring in subject-matter experts (like nutritionists and physical therapists) to speak on the topics of the week. This program was developed by the National Council on Aging (NCOA) and is offered across the country.



The Aging Mastery Program is organized by On Lok, a community-based organization that works closely with community partners to improve policy and innovate older adult services.



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### Fine Arts Museums Virtual Tour

**Friday, September 12, 1:00 – 2:00 PM on Zoom**

Join FASF docents as we look at artwork by artists with disabilities. We'll view artwork in multiple mediums and see how the artist's experiences inform their work.

## A Circle of Kindred Spirits

**Tuesday, September 16, 2:00 -- 3:30 PM at Susan's home in Bernal Heights**

**Register with Susan Kitazawa**

Have you ever felt “othered” for not fitting the dominant mold—whether by identity, family, abilities, or being viewed as not matching? Living beyond the usual can bring both challenge and wisdom, along with a deeper embrace of others’ differences. Join kindred spirits to celebrate belonging, resilience, and the gifts of navigating life from less common spaces. This circle will meet in person on the 3rd Tuesday of each month, 2:00 to 3:30 PM.



## Asian Art Museum Virtual Tour

**Friday, September 19, 1:00 – 2:00 PM on Zoom**

*Clay & Culture: A Journey Through Asian Ceramics* This insightful tour traces the development of ceramic art from its ancient origins, revealing the wide-ranging influence of Chinese ceramics on ceramic traditions across Asia and worldwide.

## Member Walking Group: The Embarcadero - Walking on Water

**Wednesday, September 17, 11:00 AM at Embarcadero Plaza by the 45' tall naked woman statue (located across the street from the Ferry Building)**

Look for Marilyn Straka, SFV member & owner of On The Level SF Walking tours.



On this walk we will explore along the Embarcadero waterfront, walking 2 miles to see: a huge map of SF Bay, several refurbished piers, gardens behind the Embarcadero walkway, we walk through 2 elegant restaurants as part of the Bayside History walk, tour the historic Klamath ferry boat and walk through 2 museums. We end at Pier 23 seafood restaurant for lunch or eat your own picnic by the Cruise Ship terminal. Lunch will be about 1pm.



## Health Self-Management Workshops

**Thursday, September 18, 11:00 AM – 12: on zoom**

Get a sneak peek into On Lok’s health workshops! This short preview offers an overview of the engaging, evidence-based workshops designed to empower individuals, boost wellness, and improve quality of life. Join us to discover tools to manage various health conditions and support lasting lifestyle changes.

## Experience Exchange

**Friday, September 19, 10:15 –11:30 AM on zoom**

Want to have a meaningful conversation with someone in a different generation and help bring funds to SFV? Join us for a virtual experience exchange with employees from MassMutual through Visit.org. After the session, MassMutual sends SFV a donation check!



## Superfest Disability Film Festival

**Friday, September 26, 3:00 – 4:30 PM at SFV office, 3220 Fulton St.**

Superfest Disability Film Festival is the longest-running festival of its kind in the world. Come watch films created by, acted by, & about people with disabilities.

From comedy to drama, this collection of short films will introduce you to a range of stories that will stay with you long after the screening. All films will play with open captions & open audio description. Superfest is curated by the SF Disability Cultural Center.

## Chanticleer Concert

**Sunday, September 28, 2:00 PM at the SF Conservatory of Music, 50 Oak St**





Attend a concert by the GRAMMY award winning male vocal ensemble. This event is organized by the LGBTQ Circle & the Del & Phyllis Posse; any LGBTQ+ members of SFV and their allies can attend. Tickets at: [chanticleer.org](http://chanticleer.org). A group will meet after the concert at Arbor at 384 Hayes Street, in the backyard patio. Please contact Robert Goldstein if you are planning to attend. This is a popular SF singing group; get your tickets early!

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### **Access Day for Paul McCartney Photographs 1963-64: Eyes of the Storm**

**Monday, September 29, 11:30 AM at de Young, Education or Garage Entrance**

A glimpse into Beatlemania through the lens of Paul McCartney, who documented The Beatles' first US trip from December 1963 to February 1964 with his 35mm Pentax camera. Enjoy a free docent tour with reduced crowds and accessible features including extra Blue Zone spaces close to the museum, extra seating inside and outside the exhibition, and large print editions of the exhibition labels.

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## **Weekly Events**

**Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise**



### **Fitness Exercise**

**Mondays, 1:00 – 2:00 PM on Zoom**

**Thursdays, 2:30 – 3:30 PM at SFV office, 3220 Fulton St.**

Simple, slow and gentle exercises to help keep the body limber with an emphasis on improving balance, strength and flexibility. Exercises can be modified for your level. Feel free to join at any time. Led by Caroline Lew, a certified Senior Fitness and Tai Chi Instructor.

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### **Mah Jongg**

**Mondays, 2:00 – 4:00 PM, at SFV office, 3220 Fulton St.**

A game of skill and chance like no other. We have an American Style Mah Jongg set at the office.

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### **Mindfulness Meditation**

**Wednesdays, 10:00 – 10:45 AM, on Zoom**

Mindfulness is a way of paying attention with kindness and curiosity to the present moment. It supports emotional regulation, stress relief, and better sleep—especially helpful as we navigate aging. Join us to learn, practice, and reflect. All levels are welcome. Led by Terre Passero, a Certified Mindfulness-Based Stress Reduction Instructor and founder of Mindful Stress Management.

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### **Coffee Chat**

**New day and time! Wednesdays, 3:00 – 4:00 PM, on Zoom**

Join us for an informal and nourishing hour together to connect.

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### **Virtual Social Hour**

**Saturdays, 5:00 – 6:30 PM on Zoom. Register with Leslie Stafford**

Informality is the theme—if you are TARDY—come anyway! And, if you have over-scheduled yourself, and need to depart early—no worries! Bring your favorite tipples & nibbles, get comfy, & we'll chat & check-in with each other. We look forward to lively discussions on a wide range of topics, from personal updates to the silly or serious—limited only by your imagination!

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## Recurring Events

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### Sunday Events

Register with Ilene Rich Holtzberg

**Monday, September 1, 11:00 AM – 2:00 PM, picnic at Blue Heron Lake (formerly Stow Lake).**

Get ready to enjoy the holiday surrounded by nature, with good company and even better food.

**Sunday, September 7, 11:00 AM – 2:00 PM, Fisherman's Wharf with lunch afterwards**

Be a kid again. Ride the Ferris wheel for an exhilarating feeling, plus great views of our beloved city.

**Sunday, September 14, 11:00 AM – 2:00 PM, Noe Valley Art Festival at Noe Valley Town Square**

The Noe Valley Art Festival will feature art displays and sales, painting demonstrations, plus music.

**Sunday, September 21, 10:00 AM – 1:00 PM, Flower Piano San Francisco Botanical Garden**

SF Botanical Garden is transformed into an open-air concert hall with a mix of scheduled performances by professional musicians and open play time, allowing anyone to sit down and play.

**Sunday, September 28, 1:00 – 3:00 PM, Lunch at Bursa, at 60 West Portal**

The restaurant offers a culinary journey through the Eastern Mediterranean, featuring dishes such as Smoky baba ghanouj, rich musakka, and succulent lamb kebabs.



### Let's Play Games

**Tuesday, September 2, 1:00 – 3:00 PM, at SFV office, 3220 Fulton St.**

Come play games with us and have fun while meeting new people. You can bring a game you like or enjoy the ones we have such as Rummikub, Scrabble, Uno or playing cards.



### Intergenerational Book Club

**Wednesday, September 3, 10:00 – 11:00 AM, on Zoom**

Please join the Intergenerational "Hip and Drippy" Book Club for lively discussions on Zoom. We mainly concentrate on D.E.I., contemporary, often award-winning fiction/authors. Everyone is welcome to join, including members, staff, and volunteers. We meet on the first Wednesday of each month. For Wednesday, September 3rd at 10:00 am, we are reading *Our Evenings: A Novel* by Alan Hollinghurst. On Wednesday, October 1st at 10:00 am the book is *The City We Became* by N.K. Jemisin, and for November 5th we are reading *The Great Gatsby* by F. Scott Fitzgerald.



### Music Chat

**Thursday, September 4, 1:00 – 2:00 PM, on Zoom**

A space to share thoughts about music you enjoy. Bring a song, artist, and/or genre, maybe a favorite, maybe a classic, maybe one that has recently stirred something in you. Ideally the music can be found on YouTube or some other way to share with the group so we can listen together and discuss what the music means to us.



### Older Gay Men's Support Group

**Friday, September 5, 1:00 – 2:30 PM, at David's home near Page and Masonic**

**Register with Bill Haskell**

As we gay men grow older, we have a greater need for connection through emotional authenticity and bearing witness to each-others' stories. This will be a peer facilitated support group, not a therapy group and these gatherings will be confidential. As said in 12-Step Programs: "Who you see here, what you hear here, when you leave here, let it stay here." Covid is still with us, so masks are a fine personal choice.

## **Makers and Crafters**

**Friday, September 5, 2:00 – 3:30 PM, at SFV office, 3220 Fulton St, 94118**

Do you watercolor? Knit or crochet? Bead? Applique? Open to learning to knit or sharing your craft with others? If so, we welcome you to join our lively group of makers and bring whatever hand craft and creative projects you are working on as well as completed pieces you would like to show off. Everyone is welcome at the Makers Group, no matter your craft, handwork or art form.

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## **Del and Phyllis Posse: Female LGBTQ+ Circle**

**Mondays, September 8 & 22, 12:30 PM location TBD**

**Register with Sarah Thompson**

Female and female identifying members of San Francisco Village are invited to join us for a gay women's only social circle. We'll get to know each other and talk about our shared history as seniors in the LGBT community as well as discuss the joys and challenges of our past, present and future lives! Open to all members and volunteers that identify as female LGBTQ+.

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## **Explorers**

**Planning Meeting: September 8, 1:00 – 2:00 PM, at SFV office, 3220 Fulton St.**

Join us to help plan activities for this year!

**Picnic on Mt Tamalpais: Thursday, September 18, 11:00 AM – 3:00 PM**

**Register with Barbara Elbl**

Meet at Pantoll Ranger Station, right off the Panoramic Highway at a picnic table. Bring a bag lunch, something to share with others and something to drink. We will eat together, hike, play cards, read a book, etc., while enjoying the beauty of nature. No guarantees for a ride, but if you can offer or need a ride, let Barbara know and she will try to match you. Parking is \$8.00.

**Movie and Drinks: Thursday September 25, 3:00 PM at Metreon Theater, 135 4th Street**

We'll watch the latest installment of Downton Abbey, followed by drinks at the Pied Piper Bar in the Palace Hotel. Please buy your own ticket and meet us at 2:45 in the lobby.

**GGP Tour: Tuesday September 30, 11:50 AM**

Trolley Tour of Golden Gate Park with lunch at The Boathouse. Meet no later than 11:50 at the trolley stop at the Boathouse. Trolley leaves at noon. No need to RSVP.

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## **Over 90!**

**Monday, September 8, 2:30 – 3:30 PM, on Zoom**

Gather on zoom with your fellow nonagenarians! Requested by a few members, we hope to build new connections and have space to talk about experiences in this decade of life.

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## **The Page and the Stage**

**Tuesdays, September 9 & 23, 2:00 – 3:30 PM, at SFV office, 3220 Fulton St.**

We're a playreading/discussion group that meets twice a month. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information and the title of the next play on our schedule.

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## **Grupo de Conversación en Español**

**Tuesdays, September 9 & 23, 2:00 – 3:00 PM, at SFV office, 3220 Fulton St.**

Add a little more Spanish conversation to your life! This group is led by members and there will be no formal instruction. We meet on Tuesdays! Not sure if your Spanish is up for it? Check it out! We're a fun and lively group who help each other.

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## **LGBTQ+ Member Drop in Planning Meeting**

**Thursday, September 11, 1:00 – 2:00 PM , at SFV Office, 3220 Fulton St.**

Join us for a drop-in planning session. We will explore ideas of socializing together for members of the LGBTQ Circle AND the Del & Phyllis Posse, PLUS any other LGBTQ+ members of SFV, AND their allies! We'll discuss activities and ways of connecting in the coming months, as well as how to get involved in organizing these activities. So far, we have planned attending a concert of songs by Chanticleer on 9/28. Also, on a date to be set, there will be showing of "100 Years on Men in Love: the Accidental Collection". Let's plan additional social activities. Bring your ideas!

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## **Artists Circle**

**Friday, September 12, 11:00 AM – 1:00 PM at SFV Office, 3220 Fulton St.**

**Register with Gayle Geary or Jay Davidson**

Join us for a fun, crazy art project. We are going to have a "terrible portrait party," literally. We will take turns either being the artist or the subject as we do portraits of each other in 5 minute intervals. The goal is not to make beautiful portraits but to make expressive, fun ones. Anything goes. Check out this [Washington Post article](#).

**Home Art Tour, Wednesday, September 17, 11:00 AM – 1:00 PM at a private home in the Sunset**

**Register with Gayle Geary or Jay Davidson**

We have been invited to Bob and Jennifer Futernick's magical home in the Sunset. Bob, former associate director of the Fine Arts Museums, is a book binder, art conservator and woodworker. As he tells about his career path, we will view Bob's in-home workshop and learn how he approaches each project with care and originality. Then Jennifer will lead us on a tour of their collection of art and artifacts. Attendance is limited to 9 Artist Circle members. Be advised, there are stairs in the home.

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## **Any Book Book Club**

**Tuesday, September 16, 2:30 – 3:30 PM, at SFV office, 3220 Fulton St.**

The Any Book Book Club is the easiest book club around! There is no assigned book to read - we get together and discuss what we've been reading and what we plan to read next.

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## **Potluck Group**

**Sunday, September 21, 4:00 – 6:00 PM at Eugenie Marek's home in Bernal Heights**

**Register with Eugenie Marek**

Come join us for food, drink & a relaxed way to meet one another. Please bring a tasty dish (heat in advance if needed) & a beverage to share. There is one flight of stairs to enter. My house is in South Bernal with OK parking. Nearby buses, if you walk a couple of blocks: # 14, 14R, 49, 23, & 24. A little further: Glen Park BART & 44 bus. I enjoy these potlucks so much that I will be coordinator for 3 months. If you hosted in the past and would like another turn, please email me!

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## **San Francisco Village Book Club**

**Monday, September 22, 4:00 PM, on Zoom**

**Register with Sharon Kuester**

Contact Sharon for more details.

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## **The San Francisco Village View: A Current Events Discussion Group**

**Thursday, September 25, 12:30 – 2:00 PM at SFV office, 3220 Fulton St.**

**Space limited, Registration required**

Let's gather in community and conversation about what's happening in our world--this could be global or local. Please bring a topic and the group will vote at the beginning of each session. Knowing our identities are wrapped up in the political landscape, we will engage each other with respect and an ear to understanding others' views. We are committed to learning, not debating. We allow everyone the

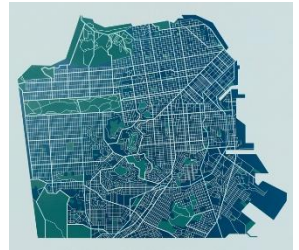


chance to speak, and we avoid assumptions about individuals or generalizations about social groups. We ask that all who attend check sources/facts and be prepared to share them; we don't want to contribute to misinformation.

The group is led by members Marymelissa Grafflin, Alexander Williams, and Cadell Child. The topics and viewpoints discussed are individual member's beliefs, not necessarily those held by the organization.

## Neighborhood Circles

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Members are welcome to attend any circle, even if it is outside of their zip code/neighborhood. Please make sure to check about RSVPing!



### Sunset Circle

**Thursdays, September 4 & 18, 4:30 – 5:30 PM on Zoom**

Casual chats, exchange of tips for local businesses and activities. No RSVP necessary but you can contact Patty Gerend if you have any questions or suggestions.

**Thursday September 11, 1:00 PM Lunch at The Rusty Ladle at 3645 Lawton**

RSVP to Carol (847) 532-1810

**Thursday, September 11, 5:00 PM – 6:00 PM, Happy Hour at Fiorella, Sunset 1240 9th Avenue**

**Register with Barbara Elbl**

Meet upstairs. Optional dinner after Happy Hour.

**Monday, September 15, 10:30 AM at Java Beach Café on La Playa and Judah**

No need to RSVP, just show up for coffee at the beach. Please contact Carol Thompson if you have any questions or suggestions.

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### 94121 Circle

**Tuesday, September 9, 2:00 – 3:30 PM at Mary Hudson's home**

**Register with Betty Vaughan or Carol Rothman**

We meet the second Tuesday of every month. We hear from a member (This month from Mary Hudson) about their life, then get better acquainted in smaller groups.

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### 94107/94103 Circle

**Wednesday Sept 10, 1:30 PM at Mint Plaza, 54 Mint (Market and 5<sup>th</sup> Street)**

**Wednesday Sept 24, 4:00 – 6:00 PM at Dirty Habit on the 5th floor of the Hotel Zelos, 124 4th Street**

**Register with Dian Miller**

Join us for lunch on 9/10 and happy hour on 9/24!

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### West of Twin Peaks Circle

**Wreath Making: Thursday, September 11, 1:00 PM at Roberta's house**

**Register with Roberta by September 9**

Join us for wreath making! \$10 for supplies, limited to 8 people. Dessert and coffee by the elves!

**Lunch: Thursday, September 25, 1:00 PM at Cypress Grill, 99 Harding Road**

**Register with Roberta by September 22**

It is wonderful to look out upon the golf course and see the birds trying to stay out of the way of the golfers! We request that you have cash to pay your individual bill. We each add 36% to our order to account for tax and tip.

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### **94118 Circle**

**Thursday, September 11, 3:00 – 4:30 PM at Karen Franklin's house, 11<sup>th</sup> Ave and Cabrillo**  
**Register with Karen Franklin or Carole Lewis**

You can just show up yet calling or emailing will be easier to plan for attendance. This meeting is special as it is in Karen's warm home with snacks, good conversation & friendship with opportunities to connect with new & old members. To use Karen's elevator, contact her to arrange entry.

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### **94117 Circle**

**Friday, September 12, 1:00 – 2:30 PM on Zoom**

**Friday, September 26, 1:00 – 2:30 PM TBD if in person or on zoom**

**Register with Bill Haskell**

The 94117 Circle meets twice a month, once on zoom and the second could be in person or on zoom. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

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### **94114/94131 Circle**

**Monday, September 15, 12:30 PM, at Pork Store Cafe, 3122 16th Street**

RSVP to Jay Davidson for lunch.

**Thursday, September 18, 4:00 -- 6:00 PM, at Aquitaine Wine Bistro, 216 Church Street**

Our monthly happy hour! No RSVP needed

**Tuesday, September 23, 1:00 PM, at Morning Due, 17th & Church Streets**

Our monthly coffee date and Morning Due has a full menu for lunch too. No RSVP needed.

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### **94109/94133 Circle**

**Wednesday, September 17, 1:00 PM at Piazza Pellegrini, 650 Columbus Avenue (at Filbert)**

**Register with Bobbie Rothman or Juliet Rothman by September 15**

Join us for lunch! The restaurant is "trattoria food" pasta, pizza, sandwiches & salads, and offers counter service.

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### **LGBTQ+ Circle**

**Friday, September 19, 1:00 – 2:30 PM at Cup of Java Café, 3500 Geary Blvd.**

**Register with Bill Haskell**

The LGBTQ Circle meets once a month. We can talk about activities we would like to participate in, or that we have participated in, and we can also make suggestions for future activities that sound interesting and fun

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### **94123/94129 Circle**

**Sunday, September 28, 11:00 AM at Octagon House**

**Register with Jean C. by 9/12**

Please join us for a private tour! Space limited.

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### **Bernal Circle**

**Sunday, September 28, 2:00 PM, at David and Susan's house near Holly Park**

**Register with Susan Kahn**

Please join us as we get to know each other and create a supportive, active group.

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## 94115+ Circle

**Tuesday, September 30, 10:30 AM – 12:00 PM at SFV office, 3220 Fulton St.**

**Register with Gayle Geary at or Diana Vollmer**

Join us for a provocative & informative discussion about our role in electing the leadership that we want and deserve for our state & country. Christy Smith of Emerge CA will be leading the discussion for us. Christy is the former Assemblywoman for California's 38th Assembly District & the Executive Director of Emerge CA. Please RSVP to Gayle or Diana early as this meeting is open to all SFV members. All political points of view are welcome.

## Save The Dates

**Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise**



### Charitable Giving: How to Maximize Impact and Minimize Taxes

**Friday, October 3, 10:30 AM on zoom**

From Qualified Charitable Distributions to Donor-Advised Funds to harnessing the value of appreciated stock, there are many ways to maximize the value of your gifts to causes you believe in, while reducing your own tax burden. We'll talk about which donations are deductible, when you need receipts or appraisals, and some ways to get a tax break even if you're not itemizing—with special attention to the provisions of the new tax law of 2025.

## SFV Potluck!

**Friday, October 3, 5:00 – 7:00 PM at SFV office, 3220 Fulton St.**

Let's come together and share a meal! Please bring something to share (and plan to take the container home again too!). Let us know what you're bringing on the sign up sheet here or when you register.



### Film Screen and Intergenerational Discussion: Join or Die

**Monday, October 6, 2:00 – 4:00 PM at University San Francisco, Masonic Building Room 122 at the corner of Turk and Masonic**

In this feature documentary, follow the half-century story of America's civic unraveling through the journey of legendary social scientist Robert Putnam, whose groundbreaking "Bowling Alone" research into America's decades-long decline in community connections could hold the answers to our democracy's present crisis.

Flanked by influential fans and scholars — from Hillary Clinton, Pete Buttigieg, and Surgeon General Vivek Murthy to Eddie Glaude Jr., Raj Chetty, and Priya Parker — as well as inspiring groups building community in neighborhoods across the country, join Bob as he explores three urgent civic questions: What makes democracy work? Why is American democracy in crisis? And, most importantly... What can we do about it?

Join us for a film screening with university students followed by an intergenerational conversation!



### Grains of Sand Art Making Film and Art Workshop

**Film Screening: Friday, October 3, time TBD at Ruth's Table, 3160 21st Street**

**Art Workshop: Tuesday, Oct 7, 11:00 AM – 12:45 PM at SFV office, 3220 Fulton St.**

*Grains of Sand* is a positive "coming-of-age" story about two women in their 80s.

Filmed over eight years, the documentary accompanies the filmmaker's mother and mother-in-law, artists and close friends, as they enter their ninth decade.

View the film on 10/3 at Ruth's Table, then come to SFV on 10/7 for a community art workshop with film maker Sarah Gross (SFV members Peter & Margot Gross's daughter) and SF museum and arts educator Suzanne Reich. Building on the film, workshop participants will have a chance to continue the conversation in a tactile, visual exploration.

## Grief Program

At SFV, we believe that a healthy expression of grief is communal. It requires that we honor the loss with simple rituals, by telling the story and being generously witnessed in our pain, so that we can move towards healing. If you or someone you care about is struggling with the loss of a loved one, please consider one of our virtual programs. To learn more, contact Gina Fiorentino at [gina@sfvillage.org](mailto:gina@sfvillage.org) or (415) 387-1375 x 7.

## Volunteer Support

### Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings volunteers of all ages together with older members to learn from and care for each other. Contact Sha'Nice Patterson at [shanice@sfvillage.org](mailto:shanice@sfvillage.org) or (415) 387-1375 x 4 to sign up to receive our weekly emails detailing the many volunteer options available.

Reach out to Sha'Nice for help with:

- shopping and errand assistance
- technology assistance
- outdoor gardening
- friendly caller connections and/or walking partners
- and more!

### Volunteer Connect Phone Number

Thanks to improvements in technology, you'll see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect! Our office number remains the same (415) 387-1375. This only works after being matched with a volunteer.

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*Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.*

### San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

### Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

### Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

### What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships  
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

### San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375 • [www.sfvillage.org](http://www.sfvillage.org)



SAN FRANCISCO HUMAN SERVICES AGENCY  
Department of Disability  
and Aging Services

This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services.