



# San Francisco Village

## Monthly Newsletter

October 2025

### From the Interim Executive Director, Avi Rose:

Dear Members and Friends,

As we grow older, most of us reflect on our legacy – at the end of our lives, what will we leave behind? Many of us think about our families and all the ways we've touched people's lives. We might think about the work we've done and the ways we've participated in organizations and communities. We might recall what we've created and built. We might contemplate the values we've lived by and how we've left our mark on this world.



Many of us contemplate how we want to keep our values alive after we're gone. Concretely, we consider how those values will be reflected in deciding who will receive our financial and other material resources. In addition to giving to our loved ones, we can choose to give some of our resources to the organizations and causes we care about, those who will carry our values forward.

San Francisco Village is so grateful for the bequests and future gifts commitments we've received. These contributions are vital - they will help us continue to thrive as a caring community that serves the broadest possible range of older San Franciscans.

To honor those who have made this possible, we are launching our **Legacy Circle**. We invite you to join them by considering a gift to San Francisco Village in your estate plans. A legacy gift is a powerful expression of your caring and commitment. Here are a few things you should know:

- No matter the size, every gift is deeply appreciated. Many people find that they can make a more significant contribution through their estate plans than they can during their lifetime.
- **A legacy gift can take many different forms:** a bequest in your will, leaving a percentage of assets, designating SF Village as a beneficiary of your IRA or life insurance policy, or a gift of property or securities. Whatever makes the most sense for you.
- **It does not have to be complicated!** A simple designation is perfectly fine.

I invite you to join me for an opportunity to learn more about our Village's new Legacy Circle on Thursday, October 23, 2025, 11:00 AM on Zoom. I hope to see you there.

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### New Members

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Kamprath 94107  
Shelley Abramson & Jack Merk  
94118/94133  
Judy Banis 94112  
Angela Glielmi 94107  
Michiko Yamada 94115  
Rick Lucha 94110  
Frances Baker 94127

### Thank you to our Sponsors



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Lic. 01243194



### From the Board of Directors

Have questions? Email board chair Gretchen Addi at [gretchenaddi@gmail.com](mailto:gretchenaddi@gmail.com).

The Board welcomed 3 new board members at the August meeting: Peter Jarrett, Susan Pollack and Qiu (Cho) Quanhong.

The ED Search Task Force posted the job description for our new Executive Director mid-September. They are anticipating starting interviews early October.

We look forward to seeing members and volunteers at the open meeting on Tuesday, October 28, 4:15 - 6:15 PM.

### Did You Know?

### Physical Office Closure

SFV staff will be working from home on **Friday, October 3<sup>rd</sup>** due to the Hardly Strictly Bluegrass Festival.

### October Day of Service

**Wednesday, October 15, 10:00 AM -- 1:00 PM**

Do you need extra help around the house with a project that requires two or three people? We're partnering with Canvas Church, a modern, non-denominational Christian church in San Francisco. This generous community will assist with household tasks lasting 2-3 hours, such as light house cleaning, organizing, decluttering, basic tech troubleshooting, gardening, and more. If you're interested, please email Sha'Nice Patterson at [shanice@sfvillage.org](mailto:shanice@sfvillage.org). Space is limited and fills up quickly, so be sure to submit your request early. All volunteers will be background-checked.

### Upcoming Events

**Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise**



### Aging Mastery Program

**Wednesdays, Oct 1 – Nov 12, 2:00 – 4:00 PM at SFV office, 3220 Fulton St.**

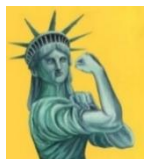
**This series started in September and you can join at any time**

The Aging Mastery Program® (AMP) is designed to help older adults improve their well-being through behavior change and goal setting. AMP covers a broad range of topics from exercise, nutrition, finances, advanced planning, and community engagement. We bring in subject-matter experts (like nutritionists and physical therapists) to speak on the topics of the week. This program was developed by the National Council on Aging and is offered across the country. AMP is organized by On Lok, a community-based organization that works closely with community partners to improve policy and innovate older adult services.

### Resistance is Fertile Workgroup

**Thursday, October 2, 4:00 – 5:30 PM, at SFV Office, 3220 Fulton**

Some of your fellow Village members have been meeting to discuss concrete actions to resist authoritarianism, such as outreach with signs & stickers, engaging with city officials regarding policies addressing immigration overreach, & supporting vigils at the Federal Immigration Court. We encourage all Village members to join in by attending the next meeting or contacting Rosemary ([rosemarydeeking@gmail.com](mailto:rosemarydeeking@gmail.com)) or Luis ([lamajr@me.com](mailto:lamajr@me.com)) for information. Please add to the conversation on ways our SFV community can take action.





### Charitable Giving: How to Maximize Impact and Minimize Taxes

**Friday, October 3, 10:30 – 11:30 AM on zoom**

From Qualified Charitable Distributions to Donor-Advised Funds to harnessing the value of appreciated stock, there are many ways to maximize the value of your gifts to causes you believe in, while reducing your own tax burden. We'll talk about which donations are deductible, when you need receipts or appraisals, and some ways to get a tax break even if you're not itemizing—with special attention to the provisions of the new tax law of 2025.

### Grains of Sand Art Making Film and Art Workshop

**Film Screening: Friday, Oct 3, 5:00 – 7:00 PM at Ruth's Table, 3160 21st Street**

**Film Screening: Sunday, October 5, 1:00 PM -- 3:00 PM at First Unitarian**

**Universalist Society of San Francisco, 1187 Franklin St.**

**Art Workshop: Tuesday, Oct 7, 11:00 AM – 12:45 PM at SFV office, 3220 Fulton St.**

*Grains of Sand* is a positive "coming-of-age" story about two women in their 80s. Filmed over 8 years, the documentary accompanies the filmmaker's mother and mother-in-law, artists and close friends, as they enter their ninth decade.



View the film on 10/3 at Ruth's Table or 10/5 at the UU Church, then come to SFV on 10/7 for a community art workshop with film maker Sarah Gross (SFV members Peter & Margot Gross's daughter) and SF museum and arts educator Suzanne Reich. Building on the film, workshop participants will have a chance to continue the conversation in a tactile, visual exploration.



### Share Your Story!

**Mondays, October 6 – November 24, 10:30 AM – 12:00 PM**

**IT Bookman Community Center, 446 Randolph St (10/6, 10/20, 11/3, 11/17)**

**San Francisco Village, 3220 Fulton St (10/13, 10/27, 11/10, 11/24)**

**This series started in September and you can join any time.**

Explore your experiences and memories and share them with others in a 12-week series with SFV, IT Bookman, and Litquake's Elder Project. Guided prompts and supportive teaching will help you explore your stories, connect with others, and build community.

### Film Screen and Intergenerational Discussion: Join or Die

**Monday, October 6, 2:00 – 4:00 PM at University San Francisco, Masonic**

**Building Room MA 122 at the corner of Turk and Masonic**

In this documentary, follow the story of America's civic unraveling through the journey of Robert Putnam, whose groundbreaking *Bowling Alone* research into America's decades-long decline in community connections could hold the answers to our democracy's present crisis. Flanked by fans and scholars — from Hillary Clinton, Pete Buttigieg, and Vivek Murthy to Eddie Glaude Jr., Raj Chetty, and Priya Parker — as well as inspiring groups building community in neighborhoods across the country, join Bob as he explores three urgent civic questions: What makes democracy work? Why is American democracy in crisis? And, most importantly... What can we do about it?



Join us for a film screening with university students followed by an intergenerational conversation!



### Fine Arts Museums Virtual Tour

**Friday, October 10, 1:00 – 2:00 PM on Zoom**

We're in the Fall season, so let's look at some artworks about fall or autumn. It is harvest time in our part of the world, and a season when the leaves of trees turn

from green to other colors such as red, yellow and orange-brown. We'll also look at a work that hasn't typical Autumn imagery.

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### 100 Years of Men in Love: The Accidental Collection

**Friday, October 10, 3:00 – 5:00 PM, at SFV Office, 3220 Fulton Street**

This documentary focuses on a unique, moving and joy-filled collection of vintage photographs of men in love from the 1850s to the 1950s. Taken when male partnerships were often illegal, the photos were found at flea markets, in shoe boxes, family archives, estate sales and old suitcases. This is a fascinating, powerful and moving film. Don't miss it!



### Organizing and Sharing Important Information

**Tuesday, October 14, 11:00 AM – 12:00 PM on Zoom**

**Tuesday, October 21, 11:00 AM – 12:00 PM at SFV Office, 3220 Fulton St.**

Join SFV member and retired lawyer Susan Pollack to explore how to organize and share key documents—estate, health care, accounts, property, insurance, and more. Rather than legal advice, this session focuses on what information to gather, who to share it with, and the conversations to have.

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### SFV Potluck!

**Friday, October 17, 5:00 – 7:00 PM at SFV office, 3220 Fulton St.**

Please note date change! Let's come together and share a meal! Please bring something to share (and plan to take the container home again too!). Let us know what you're bringing on the signup sheet here or when you register.



### Prop50 on Redistricting

**Thursday, October 16, 1:00 – 2:00 PM on zoom**

Do you want to be an informed voter but often find it hard to understand the details of propositions on our ballots? The League of Women Voters presents the arguments on both sides of the propositions so you can decide which point of view you agree with. We will cover state proposition 50, which would authorize temporary changes to Congressional district maps in response to Texas' partisan redistricting.

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### Asian Art Museum Virtual Tour

**Friday, October 17, 1:00 – 2:00 PM on Zoom**

*Demons and Creatures and Monsters – Oh My!* Meet the mythical creatures, legendary beasts, and terrifying monsters that have populated Asian art for centuries. Appearing throughout folklore, stories, songs, and works of art, these supernatural, mystical, and often godlike (or demonic) beings have fascinated audiences since ancient times. Today, they continue to thrill, terrify, entertain, and inspire.



### A Circle of Kindred Spirits

**Tuesday, October 21, 2:00 – 3:30 PM at Susan's home in Bernal Heights**

**Register each session with Susan Kitazawa**

Have you ever felt “othered” for not fitting the dominant mold—whether by identity, family, abilities, or being viewed as not matching? Living beyond the usual can bring both challenge and wisdom, along with a deeper embrace of others' differences. Join kindred spirits to celebrate belonging, resilience, and the gifts of navigating life from less common spaces. This circle meets in person on the 3rd Tuesday, 2:00 to 3:30 PM, with space limited to 10.



## SFV Legacy Circle Launch!

**Thursday, October 23, 11:00 AM – 12:00 PM on Zoom**

Join our staff to learn about the new San Francisco Village Legacy Circle. The Legacy Circle was created to recognize and honor individuals who are making a lasting impact on San Francisco Village through planned giving. We'll share how this additional way of community-based support helps create a sustainable future for aging in San Francisco. We'll hear from two SFV members who have included us in their estate plan.



## Stay Safe, Stay Healthy: Tips for Using Medications Wisely

**Thursday, October 23, 2:30 – 3:30 PM on zoom**

Taking medicine the right way is an important part of staying healthy. But did you know that simple mistakes—like mixing the wrong medicines, skipping doses, or not storing them properly—can sometimes cause more harm than good? This presentation will share easy, everyday tips to help you understand prescriptions & labels, avoid common medication mistakes, store medicines safely at home, & ask the right questions at the doctor's office or pharmacy. Dr. Priya Patel is a dedicated pharmacist with a multifaceted career dedicated to advancing medication safety and clinical pharmacy practice and is also a dedicated SFV volunteer!

## The Life-Changing Magic of Tidying Up Your Estate!

**Friday, October 24, 12:00 – 1:00 PM on zoom**

Minimize chaos and spark joy by learning how a simple estate plan can ensure that your final wishes are honored. Estate planner Deb Fox explains the building blocks of an integrated estate plan, discusses the difference between wills and trusts, and is available to answer your estate planning questions.



## When the Bar was the Only Place in Town

**Friday, October 24, 3:00 -- 4:30 PM at SFV Office, 3220 Fulton**

Every city has its meeting places, where like-minded people go to socialize. For nearly a century in pre-Stonewall, pre-liberation San Francisco, bars were the only public places where gays and lesbians could meet openly. Those storefronts created a sense of community by establishing a “neighborhood” feeling that came from a shared identity rather than geography. Discover the forgotten history of San Francisco's gay bars from the 1890s through the 1960s in this entertaining slide show and talk by historian and SFV member Ellen Klages, author of the award-winning queer SF novel, *Passing Strange*.

## Lunch with Provocative People

**Tuesdays, 10/28, 11/11, 11/25, 12/ 9, 1/13 & 1/27, 12:00 – 1:30 PM at SFV office, 3220 Fulton St.**

Who would you like to have lunch with? Fellow members have researched a person's wisdom and character and will be presenting on what makes them provocative and facilitating a discussion.



**10/28:** The victory of **Zohran Mamdani** in the 2025 NYC Democratic mayoral primary upended local politics and got national attention. A progressive Democratic Socialist with a laser focus on affordability, he faces enormous pressures in his bid to win. If he does, Mamdani could represent a path forward for the Democratic Party to reclaim political momentum, especially with immigrants and the working class. Presented by Bill Haskell.

**11/11:** **Emily Carr** was born in 1871 in Victoria Canada which was still very British in flavor. Emily's renditions of British Columbia's forests and First Nations villages and totems did not fit into the box

of acceptable art. Unrecognized for the most part until later in life, she is now known internationally as a Canadian icon of the arts and letters. Presented by Judy Banis.

**11/25: “The 4th most powerful woman in the world”** according to Forbes, **Claudia Sheinbaum Pardo** is the 66th President of Mexico, climate scientist, and social-democrat from the left-wing Jewish heritage. Presented by Margaret Gannon.

**12/9: Noam Chomsky: Language and Dissent** There are two “Chomskys”: one who has introduced new perspectives on language and creativity; the other, a relentless critic of social injustice and state violence. Although Chomsky claims these are separate activities, I argue they both stem from a unifying principle. Presented by Michèle Praeger.

**1/13: Devon Jerome Crawford.** Presented by MaryMelissa Grafflin.

**1/27: The Political Evolution of Donald Trump:** from registered Democrat and 2011/2014 Kamala Harris donor to his challenging and provocative MAGA Presidencies, Trump and his ideas without labels, namecalling, and cliches. Presented by Allegra Fortunati.



### Spooky Movie

**Friday, October 31, 1:00 – 3:30 PM at SFV office, 3220 Fulton St.**

Come watch a spooky movie on Halloween! Staff will have a list of options and the group will select the film together. Costumes encouraged, not required.

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## Weekly Events

**Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise**



### Fitness Exercise

**Mondays, 1:00 – 2:00 PM on Zoom**

**Thursdays, 2:30 – 3:30 PM at SFV office, 3220 Fulton St.**

Simple, slow and gentle exercises to help keep the body limber with an emphasis on improving balance, strength and flexibility. Exercises can be modified for your level. Feel free to join at any time. Led by Caroline Lew, a certified Senior Fitness and Tai Chi Instructor.



### Mah Jongg

**Mondays, 2:00 – 4:00 PM, at SFV office, 3220 Fulton St.**

A game of skill and chance like no other. We have an American Style Mah Jongg set at the office.



### Mindfulness Meditation

**Wednesdays, 10:00 – 10:45 AM, on Zoom**

Mindfulness is a way of paying attention with kindness and curiosity to the present moment. It supports emotional regulation, stress relief, and better sleep—especially helpful as we navigate aging. Join us to learn, practice, and reflect. All levels are welcome. Led by Terre Passero, a Certified Mindfulness-Based Stress Reduction Instructor and founder of Mindful Stress Management.



### Coffee Chat

**New day and time! Wednesdays, 3:00 – 4:00 PM, on Zoom**

Join us for an informal and nourishing hour together to connect.

## **Virtual Social Hour**

**Saturdays, 5:00 – 6:30 PM on Zoom. Register with Leslie Stafford**

Bring your favorite tipples & nibbles, get comfy, & we'll chat & check-in with each other. We look forward to lively discussions on a wide range of topics, from personal updates to the silly or serious—limited only by your imagination!

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## **Recurring Events**

**Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise**

### **Intergenerational Book Club**

**Wednesday, October 1, 10:00 – 11:00 AM, on Zoom**

Please join the Intergenerational "Hip and Drippy" Book Club for lively discussions. We mainly concentrate on D.E.I., contemporary, often award-winning fiction/authors. Everyone is welcome to join, including members, staff, and volunteers. For 10/1 the book is *The City We Became* by N.K. Jemisin, and on 11/5 we are discussing *The Great Gatsby* by F. Scott Fitzgerald.

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### **Music Chat**

**Thursday, October 2, 1:00 – 2:00 PM, on Zoom**

A space to share thoughts about music you enjoy. Bring a song, artist, and/or genre, maybe a favorite, maybe a classic, maybe one that has recently stirred something in you. Ideally the music can be found on YouTube so we can listen together and discuss what the music means to us.

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### **Older Gay Men's Support Group**

**Friday, October 3, 1:00 – 2:30 PM, at David's home near Page and Masonic**

**Register with Bill Haskell**

As we gay men grow older, we have a greater need for connection through emotional authenticity and bearing witness to each-others' stories. This will be a peer-facilitated support group, not a therapy group and these gatherings will be confidential.

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### **Sunday Events**

**Register with Ilene Rich Holtzberg**

**Coffee Klatch, Sunday, October 5 and October 19, 11:00 – 1:00 PM at Ballast, 329 West Portal.**

It's a great spot where you can enjoy coffee and pastries in their lovely garden with art.

**Sunday, October 12 1:00 – 3:00 PM, Lunch at Bursa, at 60 West Portal**

The restaurant offers a culinary journey through the Eastern Mediterranean, featuring dishes such as Smoky baba ghanouj, rich musakka, and succulent lamb kebabs.

**Coffee Klatch and Donuts, Sunday October 26, 1:00 – 3:00 PM, at 163 West Portal**

King George, the donut aficionado and monarch of all things sweet, invites you to step into a world of freshly brewed coffee and handmade donuts. Each donut is inspired by a cherished family recipe, with a royal twist, of course. Indulge in a truly regal treat.

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### **Del and Phyllis Posse: Female LGBTQ+ Circle**

**Mondays, October 6 & 20, 12:30 PM location TBD**

**Register with Sarah Thompson**

Female and female identifying members of San Francisco Village are invited to join us for a gay women's only social circle. We'll get to know each other and talk about our shared history as seniors in the LGBT community as well as discuss the joys and challenges of our past, present and future lives! Open to all members and volunteers that identify as female LGBTQ+.

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## Explorers

**Planning Meeting: October 6, 1:00 – 2:00 PM, at SFV office, 3220 Fulton St.**

Join us to help plan activities for this year!

**Leopold's Restaurant, Wednesday, October 15, 6:00 PM at 2400 Park**

**RSVP to Carol Thompson before 10/10. Space is limited.**

Let's celebrate Oktoberfest!

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## Let's Play Games

**Tuesday, October 7, 1:00 – 3:00 PM, at SFV office, 3220 Fulton St.**

Come play games with us and have fun while meeting new people. You can bring a game you like or enjoy the ones we have such as Rummikub, Scrabble, Uno or playing cards.

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## LGBTQ+ Member Drop in Planning Meeting

**Thursday, October 9, 1:00 – 2:00 PM at SFV Office, 3220 Fulton St.**

We will explore ideas of socializing together for LGBTQ+ members of SFV, AND their allies! We'll discuss ways of connecting in the coming months, as well as how to get involved in organizing these activities. So far, we have planned attending *Peter Pan* at the Presidio Theater in November and showing the film *Carol* in December. Let's plan additional social activities. Bring your ideas!

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## Makers and Crafters

**Friday, October 10, 1:00 – 2:30 PM, at SFV office, 3220 Fulton St, 94118**

*We will be meeting on the 2nd Friday of this month at 1pm due to Hardly Strictly Bluegrass on 10/3.*

Do you watercolor? Knit or crochet? Bead? Applique? Open to learning to knit or sharing your craft with others? If so, we welcome you to join our lively group of makers and bring whatever handcraft and creative projects you are working on as well as completed pieces you would like to show off. Everyone is welcome at the Makers Group, no matter your craft, handwork or artform.

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## Over 90!

**Monday, October 13, 2:30 – 3:30 PM, on Zoom**

Gather on zoom with your fellow nonagenarians! Requested by a few members, we hope to build new connections and have space to talk about experiences in this decade of life.

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## Grupo de Conversación en Español

**Tuesdays, October 14 & 28, 2:00 – 3:00 PM, at SFV office, 3220 Fulton St.**

Add a little more Spanish conversation to your life! This group is led by members and there will be no formal instruction. Not sure if your Spanish is up for it? Check it out! We're a fun and lively group who help each other.

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## The Page and the Stage

**Tuesdays, October 14 & 28, 2:00 – 3:30 PM, at SFV office, 3220 Fulton St.**

We're a playreading/discussion group that meets twice a month. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information. We are starting *A Streetcar Named Desire* by Tennessee Williams 10/7 and will be reading and discussing that play for the following several sessions. Please bring your copy of the play.

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### **Potluck Group**

**Sunday, October 19, 4:00 – 6:00 PM at Nan Goldberg's home in Forest Hill**

**Register with Eugenie Marek**

Join us for food, drink & a relaxing way to meet one another. Please prepare in advance a tasty dish and bring a beverage to share. To enter, there are 6 steps (with a chair to rest). Her house is in Forest Hill with easy parking. It's 3 blocks (some uphill) from Forest Hill MUNI Station (buses & streetcars). Note: Nan has a large dog. She'll vacuum as best she can. We are still looking for first-time and repeat hosts. Please contact me!

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### **Artists Circle**

**Stuck/Unstuck, Monday, October 20, 1:00 – 2:30 PM at SFV Office, 3220 Fulton St.**

**Register with Gayle Geary or Jay Davidson**

Join us for a conversation about the projects we are working on.

**Visit to Terrie Raphael's clay studio, Wednesday, October 22, 11:00 AM -- 12:00PM at 552A Noe St.**

**Register with Jay Davidson**

We will visit Terrie's work space at Ruby's Clay Studio. This visit is limited to ten people. After the visit, we'll have lunch together in the neighborhood.

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### **Any Book Book Club**

**Tuesday, October 21, 2:30 – 3:30 PM, at SFV office, 3220 Fulton St.**

The Any Book Book Club is the easiest book club around! There is no assigned book to read - we get together and discuss what we've been reading and what we plan to read next.

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### **San Francisco Village Book Club**

**Monday, October 27, 4:00 PM, on Zoom**

**Register with Sharon Kuester**

Our book is *By its Cover* by Donna Leon.

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### **The San Francisco Village View: A Current Events Discussion Group**

**Thursday, October 30, 12:30 – 2:00 PM at SFV office, 3220 Fulton St.**

**Space limited, Registration required**

Let's gather in community and conversation about what's happening in our world--this could be global or local. The group will vote on topics at the beginning of each session. Knowing our identities are wrapped up in the political landscape, we will engage each other with respect and an ear to understanding others' views. We are committed to learning, not debating. We ask that all who attend check sources/facts and be prepared to share them; we don't want to contribute to misinformation. The group is led by members Marymelissa Grafflin, Alexander Williams, and Cadell Child. The topics and viewpoints discussed are individual member's beliefs, not necessarily those held by the organization.

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## **Neighborhood Circles**

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Members are welcome to attend any circle, even if it is outside of their zip code/neighborhood. Please make sure to check about RSVPing!



### **Sunset Circle**

**Thursdays, October 2 & 16, 4:30 – 5:30 PM on Zoom**

Casual chats, exchange of tips for local businesses and activities. No RSVP necessary but you can contact Patty Gerend if you have any questions or suggestions.

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**Monday, October 20, 10:30 AM at Java Beach Café on La Playa and Judah**

No need to RSVP, just show up for coffee at the beach. Please contact Carol Thompson at if you have any questions or suggestions.

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**94114/94131 Circle**

**Lunch, Monday, October 6, 12:30 PM at Pho Star, 3214 16th Street**

RSVP to Jay Davidson

**Coffee, Friday, October 10, 10:00 AM at Martha & Brothers, 1551 Church Street**

No RSVP

**Happy hour, Tuesday, October 21, 4:00 to 6:00 PM at Valley Tavern, 4054 24th Street**

No RSVP

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**94107/94103 Circle**

**Wednesday, October 8, 1:30 PM at Crustacean, 195 Pine St.**

**Wednesday October 22, 4:00 – 6:00 PM at Fogo De Choa**

**Register with Dian Miller**

Join us for lunch on 10/8 and happy hour on 10/22!

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**94118 Circle**

**Thursday, October 9, 3:00 – 4:30 PM at Karen Franklin's house, 11<sup>th</sup> Ave and Cabrillo**

**Register with Karen Franklin or Carole**

You can just show up yet calling or emailing will be easier to plan for attendance. This meeting is special as it is in Karen's warm home with snacks, good conversation & friendship with opportunities to connect with new & old members. To use Karen's elevator, contact her to arrange entry.

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**94117 Circle**

**Friday, October 10, 1:00 – 2:30 PM on Zoom**

**Friday, October 24, 1:00 – 2:30 PM, usually in person**

**Register with Bill Haskell**

The 94117 Circle meets twice a month, once on zoom and the second could be in person or on zoom. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing.

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**94109/94133 Circle**

**Tuesday, October 14, 12:00 PM at the Disability Cultural Center, at 165 Grove Street near Market**

**Register with Bobbie Rothman or Juliet Rothman by September 15**

Beginning our new theme of cultures and the arts, our group will be visiting the new Disability Cultural Center. We will have a talk about disability culture, the history of the center, and the services and activities it offers, as well as a tour. After our visit, we will have lunch and have a chance to catch up and discuss what we've learned.

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**94121 Circle**

**Tuesday, October 14, 2:00 – 3:30 PM at Patricia and Karl Kaussen's home**

**Register with Betty Vaughan or Carol Rothman**

We meet the second Tuesday of every month. Pat will be telling us about her life and we will get to see the furniture that Karl built and other things they have collected.

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### **LGBTQ+ Circle**

**Friday, October 17, 1:00 – 2:30 PM at Cup of Java Café, 3500 Geary Blvd.**

**Register with Bill Haskell**

The LGBTQ Circle meets once a month. We can talk about activities we would like to participate in, or that we have participated in, and we can also make suggestions for future activities that sound interesting and fun

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### **94115+ Circle**

**Tuesday, October 21, 1:30 PM at Golden Gate Valley Library, 1801 Green Street**

**Register with Gayle Geary by 10/14**

Join us for a lively and wide-ranging discussion with Richard Corriea. Richard, a former SF police commander, lawyer, business leader, and long-term care ombudsman, is a professor at the Fromm Institute. He will talk to us about politics in SF, how to become involved locally, and how to live a purposeful life as we age. We also invite SFV members from other neighborhood circles to join us.

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### **West of Twin Peaks Circle**

**Lunch: Thursday, October 23, 1:00 PM at Original Joe's of Westlake, 11 Glenwood Ave.**

**Register with Roberta by October 20**

Thursday's Special is Corned Beef and Cabbage. If that doesn't tickle your fancy, there are other great dishes on the menu. We request that you have cash to pay your individual bill. Please bring enough cash so you can add 30% to your order to include the tax and tip.

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### **Bernal Circle**

**Sunday, October 26, 2:00 PM, at David and Susan's house near Holly Park**

**Register with Susan Kahn**

Please join us as we get to know each other and create a supportive, active group.

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### **Save The Dates**

**Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise**



#### **Map Your Neighborhood (MYN)**

**Tuesday, November 4, 11:00 AM – 12:30 PM at SFV office, 3220 Fulton St.**

**Monday, November 17, 1:00 – 3:00 PM at SFV office, 3220 Fulton St.**

The Map Your Neighborhood program is designed to guide you and your neighbors through simple steps to quickly and safely take actions that can minimize damage and protect lives in an emergency. MYN teaches neighbors (usually 15-20 homes near by or those you can canvas in 1 hour) to rely on each other during the hours or days before fire, medical, police or utility responders arrive. NERT is leading the adapted MYN program in San Francisco.

Map Your Neighborhood 1: 1.5-hour training about the program and how volunteer on your block.

Map Your Neighborhood 2: 2 -hour review of the Map Your Neighborhood program with other residents on your block that you have invited while you work on the next steps

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### **Autonomous Cars with Waymo**

**Tuesday, November 18, 11:00 AM – 12:30 PM, In person at SFV Office, 3220 Fulton, and on Zoom**

Waymo is an autonomous driving technology company based right here in San Francisco. They're on a mission to be the world's most trusted driver by making it safer, more accessible, and more sustainable to get around – without the need for anyone in the



driver's seat. Waymo will be sharing information about autonomous driving technology, how they partner with the community, and share information on how you can start riding. For those who attend the event in person, Waymo will be providing rides around the neighborhood to share their technology with the SFV community. Waymo is a business sponsor of SFV.



### **Panto in the Presidio - Peter Pan!**

**Sunday, November 30, 1:00 to 3:00 PM, at Presidio Theatre**

**Contact Bill Haskell if you plan to attend.**

*Peter Pan* returns this 2025 holiday season. This is a wonderful, wacky, and VERY popular performance. Get your tickets early online! This event is organized for members of the LGBTQ Circle, the Del & Phyllis Posse, PLUS any other LGBTQ+ members of SFV, AND their allies.

Tickets: [www.presidiotheatre.org](http://www.presidiotheatre.org). We will meet after the performance at Starbucks in the Presidio.

## **Grief Program**

At SFV, we believe that a healthy expression of grief is communal. It requires that we honor the loss with simple rituals, by telling the story and being generously witnessed in our pain, so that we can move towards healing. If you or someone you care about is struggling with the loss of a loved one, please consider one of our virtual programs. To learn more, contact Gina Fiorentino at [gina@sfvillage.org](mailto:gina@sfvillage.org) or (415) 387-1375 x 7.

## **Volunteer Support**

### **Request a Volunteer and Volunteer Opportunities**

San Francisco Village is an intergenerational community that brings volunteers of all ages together with older members to learn from and care for each other. Contact Sha'Nice Patterson at [shanice@sfvillage.org](mailto:shanice@sfvillage.org) or (415) 387-1375 x 4 to sign up to receive our weekly emails detailing the many volunteer options available.

Reach out to Sha'Nice for help with shopping and errand assistance, technology assistance, friendly caller connections and/or walking partners, outdoors gardening, and more!

### **Volunteer Connect Phone Number**

Thanks to improvements in technology, you'll see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect! Our office number remains the same (415) 387-1375. This only works after being matched with a volunteer.

*Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.*

**San Francisco Village** is a membership organization designed with, by and for older San Franciscans and the extended community that champions them. **Mission** We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support. **Vision** We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good. **What We Value** Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships • Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

### **San Francisco Village**

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375 • [www.sfvillage.org](http://www.sfvillage.org)



SAN FRANCISCO HUMAN SERVICES AGENCY  
Department of Disability  
and Aging Services

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