



San Francisco Village

Monthly Newsletter

January 2026

From the Interim Executive Director, Avi Rose:

Dear Members and Friends,

As I write my final message as Interim Executive Director, I am filled with gratitude for the ten months I've spent getting to know the wisdom, heart, and candor of this community. Thank you for welcoming me and for "showing up" for each other through every challenge. I know you will offer that same support to your next leader as the Village begins its next chapter.



We have much to celebrate: stellar programming, a successful year-end appeal, and a spirited holiday party. Additionally, I am thrilled to share that we've received a grant from the Next50 Foundation. This allows us to partner with the IT Bookman Community Center to help develop their neighborhood volunteer services, deepening our commitment to serving a diverse range of older adults across San Francisco.

Finally, following a thorough search, I am delighted to introduce Jenny Belway as your new Executive Director! Please join me in welcoming her as she shares these initial words:

I am honored to introduce myself as the new Executive Director of San Francisco Village. My professional life has been shaped by decades of leadership in mission-driven organizations, focused on building inclusive communities and strengthening the systems that allow people to live with dignity, connection, and purpose as they age. At the heart of this work is my role as a single parent to three college-aged sons, Jack, Taiki, and Kai. Raising them has deepened my belief that communities are strongest when generations remain connected to one another, learning and caring across time.

My commitment to community is not only professional, but deeply personal. My family's roots in San Francisco span five generations, with longstanding ties to the Richmond District. This has shaped my understanding of belonging and continuity, and of the quiet power that comes from neighbors knowing and supporting one another over decades.

San Francisco Village reflects the kind of community I hope to both contribute to now and help steward for the future: one where

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Staff Contact

(415) 387-1375
info@sfvillage.org

Jenny Belway
Executive Director
jenny@sfvillage.org, ext. 1

Jill Ellefsen
Member Services Director
jill@sfvillage.org, ext. 2

Sarah Brigid Newsham Kent
Program & Creative Director
sarah@sfvillage.org, ext. 3

Jessica Da Silva
Communications & Fund Development Director
jessica@sfvillage.org, ext. 6

Nidhi Patel
Administrative Assistant
nidhi@sfvillage.org, ext. 5

Stephanie Casella
Administrative Support
steph@sfvillage.org, no ext

Gina Fiorentino
Grief Group Admin Coordinator
gina@sfvillage.org, ext. 7

New Members

Dana Vinicoff 94131
Gabrielle Solomon 94127
Jesse Stevens Jr. 94115
Jeremiah Guerin 94112
Letroy Andrews 94118
Kathleen Dorosz 94115
Irene Kudarauskas 94127
Alice Charap 94114

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independence is supported by interdependence, and where relationships across generations are valued as a source of resilience and joy. I am committed to honoring SFV's history while guiding its next chapter with clarity, compassion, and long-term sustainability. I look forward to listening, learning, and working alongside members, staff, volunteers, and partners to ensure San Francisco Village continues to thrive.



From the Board of Directors

Have questions? Email board chair Gretchen Addi at gretchenaddi@gmail.com.

2025 was a busy year, and December was especially so.

We have lots to be thankful for and a great start to 2026:

- A new ED - Jenny Belway! We are grateful to all who participated and supported this process.
- A draft budget for 2026 is in place and will be finalized in January
- We welcomed new board members. 3 board members will term off the board after 9 years of service to SFV - Steve Hayashi, Joanne Low, & Gretchen Addi.
- A new Emeritus board member was elected in December, Gayle Geary.

Did You Know?

Holiday Office Closures

The SFV office will be closed 1/1, 1/2, and 1/19.

News and Gratitude: A Transition for Sha'Nice Patterson

Our Wellness & Volunteer Coordinator, Sha'Nice Patterson, has accepted a position in the geriatrics department at UCSF Parnassus. During her three years with SFV, she did outstanding work supporting our volunteers and members. We wish her every success in her next chapter. Her last day was December 16, and she welcomes staying in touch at shanicelpatterson@gmail.com

As we search for our next Volunteer Coordinator, please contact Jill Ellefsen (jill@sfvillage.org) with any questions or needs.

Registration for Events

Every event needs members to register and cancel unless it says it's not needed. Register with SFV at (415) 387-1375 or info@sfvillage.org or with the member organizing. To protect members' digital safety, we do not include contact information in the online newsletter. Please reach out to the office if you need a phone number or email to register for an event.

Your Feedback Shapes Our Future!

In the next few days, keep an eye on your inbox for our annual Member Survey. Completing the survey online is the fastest and most efficient way to share your thoughts, as it saves us significant time and resources associated with manual data entry. If you are unable to complete the survey online, we will be happy to mail you a printed copy. Thank you in advance for your valuable support and input!

Call for Art!

Let's refresh our walls for 2026 with member-made art! We welcome paintings, framed drawings, quilts, photos, collage, and other wall-hung works (no sculpture). Artwork should reflect our shared values and help create a warm, welcoming space. Limit two submissions per person; not all entries may be displayed. Artists of all experience levels are encouraged to participate. Submit ready-to-hang work by 2/17. Questions to sarah@sfvillage.org.

In Memoriam

Eva Auchincloss, 94123

Eva was a life-long champion of community action and involvement and a major force in the creation of San Francisco Village. Her work with the Women's Sports Foundation re-imagined what was possible for girls and women in sports globally. The quintessential leader and volunteer, Eva made significant contributions in all the organizations she touched: Schnell Publishing, Billie Jean King's Women's Sports Magazine, the International Museum of Women, and the Presidio Graduate School.

Joost Van Son, 94110

Joost lived most of his 96 years in San Francisco, originally hailing from Amsterdam. He spoke 4 languages, loved his Bernal Heights neighborhood, his garden and his cat Tammy. In his later years, he received loving support from neighbors and friends at SFV.

Mary Foote, 94114

Mary was 96 when she passed, and lived a good life. One of her claims to fame is that she got to meet Dear Abby! She loved the outdoors, hiking, museums and opera and was introduced to country music from her husband's relatives in Kentucky.

Sallie Robbins, 94118

Before losing her battle with cancer, Sallie lived an interesting life. She came to SF from the East Coast and in between lived in South Africa & England. As a classical pianist, she generously offered to coach others who wanted to learn and she was also an avid bridge player.

Shelley Fernandez, 94114

Shelley died at 95 after a brief illness. She was an activist, educator and judo instructor, dedicating her life to empowering women and fighting injustice. She leaves behind an extraordinary legacy of breaking barriers and creating opportunities for the most vulnerable in society.

Shorey Chapman, 94118

Shorey was a fascinating man who came to SF in the 70s and worked as a poker dealer, at a lumber yard, and spoke fluent Mandarin. He was a deep thinker and writer. He forged a strong connection with SFV volunteers David & Lisa and we thank them for all that they did for Shorey over the years.

Upcoming Events

Register with SFV at (415) 387-1375 or info@sfvillage.org unless stated otherwise



Intergenerational Connections

Wednesday, January 7 & 21, February 4 & 18, 2:30 – 4:00 PM at Wallenberg High School, 40 Vega St.

Join members of the Wallenberg High School Baking Club for intergenerational connections! Students will be planning activities and conversations such as art making, baking, games, and more!

Reflect and Connect

Fridays, starting 1/9, 12:30 – 2:00 PM at San Francisco Village, 3220 Fulton St.

Join Carole Lewis, SFV member and a psychologist, for meaningful connections and discussions about things that matter. Carole will have quotes, topics, and reflection questions and the subjects discussed will flow with the group. Let's share how we're navigating aging and transitions, share laughter, express frustration, build friendships, and expand kindness and acceptance.



Fine Arts Museums Virtual Tour

Friday, January 9, 1:00 – 2:00 PM on Zoom

Manet & Morisot: This is the first major exhibition dedicated to the artistic exchange between Édouard Manet and Berthe Morisot over an 18-year period (1865-1883). We will

linger over selected paintings that compare the essence of their painterly styles of “Manet & Morisot” a special exhibition at The Legion of Honor.

Geopolitics in Latin America

Mondays, 1/12, 1/26, 2/2, and 2/9, 2:00 – 3:30 PM, at SFV Office, 3220 Fulton St.

Join Professor-Researcher Hilda Elena Puerta Rodriguez, Ph.D., to analyze and debate the political direction of governments in Latin America, the main changes in the recent past, their causes and possible future.



1/12: Latin America economic and political context in recent years. Differences among countries and complexities. Most important causes and consequences.

1/26: First Wave: Bolivia: Evo Morales, Venezuela: Hugo Chávez, Ecuador: Rafael Correa

2/2: Second Wave: Chile: Gabriel Boric, Colombia: Gustavo Petro, Mexico: Andres Manuel Lopez Obrador, Claudia Sheinbaum

2/9: Debate about the future of Latin America in the complex international situation

Dr. Hilda Puerta has been teaching economics, finance, geopolitics and international studies since 1977 to both undergraduate and postgraduate students.



Lunch with Provocative People

Tuesdays, 1/13 & 1/27, 12:00 – 1:30 PM at SFV Office, 3220 Fulton St.

Who would you like to have lunch with? Fellow members have researched a person's wisdom and character and will be presenting on what makes them provocative and facilitating a discussion.

1/13: Gertrude Stein, an American living in Paris at the beginning of the twentieth century. A pivotal figure in the heart of the post-impressionist art movement, and later, the center of the circle of expatriate writers such as Ernest Hemingway and Sherwood Anderson. Presented by Clint Seiter.

1/27: The Political Evolution of Donald Trump: from registered Democrat and 2011/2014 Kamala Harris donor to his challenging and provocative MAGA Presidencies, Trump and his ideas without labels, name calling, and cliches. Presented by Allegra Fortunati.

Scrabble Techniques

Tuesdays, January 13 and 27, 2:30 – 4:00 PM at SFV Office, 3220 Fulton St.

Join Joe Edley—three-time National Scrabble Champion, coauthor of *Everything Scrabble*, and former Director of Clubs and Tournaments for the National Scrabble Association—for an engaging workshop that blends wordplay with practical life skills.



With over 22 years of experience growing the Scrabble community and teaching players of all ages, Joe shows how just a few simple techniques can elevate both your game and your decision-making in everyday life. In this workshop, you'll learn the 100+ essential two-letter words, discover an easy method for finding 7- and 8-letter plays, and understand how to balance your rack for stronger future turns. Please make sure to bring your Scrabble set for the most impactful experience.



Asian Art Museum Virtual Tour

Friday, January 16, 1:00 – 2:00 PM on Zoom

Art Across Asia: Masterpieces of The Asian Art Museum What constitutes a “masterpiece?” Why are some objects considered masterworks while others are relegated to lesser positions? Explore some possible answers as illustrated by a selection of exceptional

objects from the collection of the Asian Art Museum. Encounter fabulous statues, ancient bronzes, mystic jade, delicate ceramics, and evocative paintings that will dazzle you with their amazing beauty and expert technique.

Home Match

Tuesday, January 20, 11:00 AM – 12:00 PM at SFV Office, 3220 Fulton St.

Do you have a spare bedroom and could you benefit from additional income to cover housing expenses or PG&E increases? Home Match is a free home-sharing service that connects people who have an unused bedroom with those looking for a more affordable place to live. The program is run by nonprofit Front Porch in partnership with the City of San Francisco. Home Match facilitates introductions with screened housemates, who are often members of the local workforce who might otherwise be priced out of the city. To mitigate risk, the program uses a comprehensive vetting process that includes criminal and tenant background checks, income verification, reference sharing, and in-depth interviews. Participants choose their own housemates and receive ongoing support throughout the match.



Home Match began in Marin County in 2012 and just recently celebrated its 500th match! Come hear from a SFV member who has had a Home Match housemate since 2018. Home Match is a Business Partner of SFV.



Tea with the New ED

Friday, January 23, 2:30 – 4:00 PM at SFV Office, 3220 Fulton St.

Friday, January 30, 10:30 – 11:30 AM on Zoom

Let's give a warm welcome to our new Executive Director Jenny! We'll be having a meet and greet in person and on Zoom so members and volunteers can say hello. Jenny will share about what drew her to lead our vibrant community and hear from you about who you are and what's important!

Share Your Story!

Mondays, January 26 – April 20, 10:30 AM – 12:00 PM

San Francisco Village, 3220 Fulton St. (1/26, 2/9, 3/2, 3/16, 3/30, 4/13)

IT Bookman Community Center, 446 Randolph St. (2/2, 2/23, 3/9, 3/23, 4/6, 4/20)

Explore your experiences and memories, and share them with others, in a 12-week series from SFV, Southwest Community Corporation @ IT Bookman Community Center & Litquake's Elder Project.



Evocative writing prompts will inspire you to dig deep into both past and present to tell your story. A supportive writing teacher helps you discover the stories you carry within. If you'd rather tell your experiences aloud, instead of writing, we will record them. At the end of each session, share your words with the group. Come together to talk, write, and find community. Classes alternate between SFV and ITB Community Center. Let us know if you can offer a ride or need a ride. We will try to make transportation matches. (Same goes with Muni companionship). We hope you attend the whole series. You are also welcome to drop in to as many sessions as you can attend!



San Francisco Life Line and Hands Only CPR

Wednesday, January 28, 2:00 – 3:30 PM at SFV Office, 3220 Fulton St.

San Francisco Life Line is a resource for First Responders that provides timely access to your important healthcare information in case of emergency. It is similar to the popular Vial of Life. Join a team of fire department members for a brief presentation about what Life Line contains. They will then help members set up the Life Lines on the spot to ensure accuracy. Please bring any medication vials, or medical documentation that includes medications, allergies, primary care physician information and medical history to help the process. We will also cover Hands Only CPR.

Film: *Lover of Men: The Untold History of Abraham Lincoln*

Friday, January 30, 3:00 – 4:30 PM at SFV Office, 3220 Fulton St.

Register with Bill Haskell

This film examines the intimate life of America's most consequential president. As told



by preeminent Lincoln scholars, historical recreations and never before seen photographs and letters, the film details Lincoln's romantic relationships with men. Further, it explores the history of human sexual fluidity and focuses on the profound differences between sexual mores of the nineteenth century and those we hold today.

Weekly Events

Register with SFV at (415) 387-1375 or info@sfvillage.org unless stated otherwise



Fitness Exercise

Mondays, 1:00 – 2:00 PM on Zoom. *Not scheduled 1/19*

Thursdays, 2:30 – 3:30 PM at SFV Office, 3220 Fulton St. *Not scheduled 1/1*

Simple, slow and gentle exercises to help keep the body limber with an emphasis on improving balance, strength and flexibility. Exercises can be modified for your level. Feel free to join at any time. Led by Caroline Lew, a certified Senior Fitness and Tai Chi Instructor.



Mah Jongg

Mondays, 2:00 – 4:00 PM, at SFV Office, 3220 Fulton St.

A game of skill and chance like no other. We have an American Style Mah Jongg set at the office.



Mindfulness Meditation

Wednesdays, 10:00 – 10:45 AM, on Zoom

Mindfulness is a way of paying attention with kindness and curiosity to the present moment. It supports emotional regulation, stress relief, and better sleep—especially helpful as we navigate aging. Join us to learn, practice, and reflect. All levels are welcome. Led by Terre Passero, a Certified Mindfulness-Based Stress Reduction Instructor and founder of Mindful Stress Management.



Coffee Chat

Wednesdays, 3:00 – 4:00 PM, on Zoom

Join us for an informal and nourishing hour together to connect.



Virtual Social Hour

Saturdays, 5:00 – 6:30 PM on Zoom. Register with Leslie Stafford

Bring your favorite tipples & nibbles, get comfy, & we'll chat & check-in with each other. We look forward to lively discussions on a wide range of topics, from personal updates to the silly or serious—limited only by your imagination!

Recurring Events

Register with SFV at (415) 387-1375 or info@sfvillage.org unless stated otherwise



Older Gay Men's Support Group

Friday, January 2, 1:00 – 2:30 PM, at David's home near Page and Masonic

Register with Bill Haskell

As we gay men grow older, we have a greater need for connection through emotional authenticity and bearing witness to each other's stories. This will be a peer-facilitated support group, not a therapy group and these gatherings will be confidential.



Sunday Events

Register with Ilene Rich Holtzberg

Sunday, January 4, 1:00 – 3:00 PM, Lunch at Mozzarella di Bufala Pizzeria, 69 West Portal

This is a gem of a restaurant for its unique blend of Italian classics like pizza and pasta, alongside authentic Brazilian favorites like black bean stew. The restaurant has been a fixture in the West Portal community since 1992, and the owners pride themselves on using fresh, high-quality ingredients.

Sundays, January 11 & 25, 11:00 – 1:00 PM, Coffee Klatch at Ballast, 329 West Portal

It's a great spot where you can enjoy coffee and pastries in their lovely garden with art. A chance to meet new members and engage in interesting conversation.

Sunday, January 18, 1:00 – 3:00 PM, Lunch at Bursa, at 60 West Portal

This restaurant offers a culinary journey through the Eastern Mediterranean, featuring dishes such as Smoky baba ghanouj, rich musakka, and succulent lamb kebabs. A chance to meet new members and engage in interesting conversation.

Del and Phyllis Posse: Female LGBTQ+ Circle

Mondays, January 5 & 19, 12:30 PM at Cypress Grill, 99 Harding Rd.

Register with Sarah Thompson

Female and female identifying members of San Francisco Village are invited to join us for a gay women's only social circle. We'll get to know each other and talk about our shared history as seniors in the LGBT community as well as discuss the joys and challenges of our past, present and future lives! Open to all members and volunteers that identify as female LGBTQ+.

Explorers

Planning Meeting: January 5, 1:00 – 2:00 PM, at SFV Office, 3220 Fulton St.

Join us to help plan activities for this year!

Sunday, January 18, 3:00 – 5:00 PM at the Herbst Theater

Join us at the free civic symphony concert! The program is Tchaikovsky. No RSVPs necessary.

Let's Play Games

Tuesday, January 6, 1:00 – 3:00 PM, at SFV Office, 3220 Fulton St.

Come play games with us and have fun while meeting new people. You can bring a game you like or enjoy the ones we have such as Rummikub, Scrabble, Uno or playing cards.

Grupo de Conversación en Español

Tuesdays, January 6 & 20, 2:00 – 3:00 PM, at SFV Office, 3220 Fulton St.

Add a little more Spanish conversation to your life! This group is led by members and there will be no formal instruction. Not sure if your Spanish is up for it? Check it out! We're a fun and lively group who help each other. We changed the days of our meeting to the first and third Tuesday of the month.

Intergenerational Book Club

Wednesday, January 7, 10:00 – 11:00 AM, on Zoom

Please join the Intergenerational "Hip and Drippy" Book Club for lively discussions. We mainly concentrate on D.E.I., contemporary, often award-winning fiction/authors. Everyone is welcome to join, including members, staff, and volunteers. On 1/7 the book is *The Book of Disappearance: A Novel* by Ibtisam Azem and our 2/4 book is *Intermezzo* by Sally Rooney.

LGBTQ+ Member Drop in Planning Meeting

Thursday, January 8, 1:00 – 2:00 PM at SFV Office, 3220 Fulton St.

We will explore ideas of socializing together for LGBTQ+ members of SFV, AND their allies! We'll discuss ways of connecting in the coming months, as well as how to get involved in organizing these activities. Let's plan additional social activities. Bring your ideas!

Music Chat

Thursday, January 8, 1:00 – 2:00 PM, on Zoom

A space to share thoughts about music you enjoy. Bring a song, artist, and/or genre, maybe a favorite, maybe a classic, maybe one that has recently stirred something in you. Ideally the music can be found on YouTube so we can listen together and discuss what the music means to us.

Makers and Crafters

Friday, January 9, 2:00 – 3:30 PM, at SFV Office, 3220 Fulton St, 94118

Note that the SFV office will be closed on the first Friday in January, so our meeting will happen on the second Friday this month. Do you watercolor? Knit or crochet? Bead? Applique? Open to learning to knit or sharing your craft with others? If so, we welcome you to join our lively group of makers and bring whatever handcraft and creative projects you are working on as well as completed pieces you would like to show off. Everyone is welcome at the Makers Group, no matter your craft, handwork or artform.

Resistance is Fertile Workgroup

Monday, January 12, 11:00 AM – 12:30 PM, at SFV Office, 3220 Fulton St.

Many of your fellow Village members have been active with the No Kings Day and other activities, and have been meeting to discuss concrete actions we can take to resist authoritarianism. Resistance can take the form of attending demonstrations and vigils, talking to your family, friends, & acquaintances, donating food to pantries, and simply living a positive life. We encourage all Village members to join in by attending the next meeting or contacting Rosemary K. or Luis L. for information. We are happy to simply share our meeting notes and notice of upcoming events in the city. Please add to the conversation on ways our SFV community can take action.

A Circle of Kindred Spirits

Monday January 12, 2:00 – 3:30 PM at Susan's home in Bernal Heights

Register each session with Susan Kitazawa

Have you ever felt “othered” for not fitting the dominant mold— whether because of ethnicity, sexual/gender identity, disability, or other innate aspects of who you are? Having to live outside the usual can bring challenges, wisdom, and a deeper embrace of others’ differences. Join kindred spirits to celebrate belonging, resilience, and the gifts of navigating life from less common spaces that we didn’t choose for ourselves. This circle meets in person on the 2nd Monday, 2:00 to 3:30 PM, with space limited to 10.

Over 90!

Monday, January 12, 2:30 – 3:30 PM, on Zoom

Gather on Zoom with your fellow nonagenarians! Requested by a few members, we hope to build new connections and have space to talk about experiences in this decade of life.

The Page and the Stage

Tuesday, January 13 & 27, 2:00 – 3:30 PM, at SFV Office, 3220 Fulton St.

We’re a playreading/discussion group that meets twice a month. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information. We will be reading and discussing *M.*

BUTTERFLY, the play by Henry David Hwang, Act I on 1/13 and Act 2 on 1/27. Please bring a copy of the text, print or digital.

Artists Circle

Thursday, January 15, 12:30–2:00 PM, at SFV office, 3220 Fulton St.

Stuck/Unstuck Bring your art - finished or in process and bring your ideas for a lively discussion.

Tuesday, January 20, 2:00 – 3:30 PM at Jill Kneeter’s home near Geary and Laguna

Please RSVP to Gayle Geary, co-chair of the Artists Circle

What Were You Thinking? A new program for the Artists Circle! Jill will be talking about her beginnings as an artist, her process, and showing us her art. Her address will be provided to the lucky 10 people who sign up for this.

Potluck Group

Sunday, January 18, 2:00 – 4:00 PM at Betty Vaughn's home in The Richmond

Register with Eugenie Marek

Come join us for food, drink and a relaxed way to meet each other at the first Pot Luck of 2026. Please bring a tasty dish (please heat in advance if needed) and a beverage to share. There are 10 exterior steps with railing. There's good parking as well as 5 Fulton MUNI bus one block away.

Any Book Book Club

Tuesday, January 20, 2:30 – 3:30 PM, at SFV Office, 3220 Fulton St.

The Any Book Book Club is the easiest book club around! There is no assigned book to read - we get together and discuss what we've been reading and what we plan to read next.

San Francisco Village Book Club

Monday, January 26, 4:00 PM, on Zoom

Register with Sharon Kuester

Our book is *People of the Book* by Geraldine Brooks.

The San Francisco Village View: A Current Events Discussion Group

Thursday, January 29, 12:30 – 2:00 PM at SFV Office, 3220 Fulton St.

Space limited, Registration required

Let's gather in community and conversation about what's happening in our world—this could be global or local. The group will vote on topics at the beginning of each session. Knowing our identities are wrapped up in the political landscape, we will engage each other with respect and an ear to understanding others' views. We are committed to learning, not debating. We ask that all who attend check sources/facts and be prepared to share them; we don't want to contribute to misinformation. The group is led by members Marymelissa Grafflin, Alexander Williams, and Cadell Child. The topics and viewpoints discussed are individual member's beliefs, not necessarily those held by the organization.

Neighborhood Circles

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Members are welcome to attend any circle, even if it is outside of their zip code/neighborhood. Please make sure to check about RSVPing and reach out to the office if you need contact information.



94123/94129 Circle

Wednesday, January 7, 11:00 AM at the Blue Barn 3344 Steiner St.

No reservations; look for the best table in the back patio. We request that you order and pay for yourself. Save the date 2/4 & 3/4, 11:00 AM

94114/94131 Circle

Thursday, January 8, 1:00 PM at Morning Due, Church & 17th Streets

We are having afternoon coffee at a cafe that also has a robust lunch menu, so you have lots of choices if you do not drink coffee in the afternoon! No RSVP, please

Monday, January 12, 12:30 PM at Taffi's, 1748 Church Street

Join us for our monthly lunch at this popular restaurant. Please RSVP to Jay Davidson.

Tuesday, January 20, 4:00 to 6:00 PM at Aquitaine, 216 Church Street

Our monthly happy hour begins at 4:00 and continues for as long as two hours. No RSVP, please.

94118 Circle

Thursday, January 8, 3:00 – 4:30 PM at Karen Franklin's house, 11th Ave and Cabrillo

Register with Karen Franklin or Carole Lewis

You can just show up yet calling or emailing will be easier to plan for attendance. This meeting is special as it is in Karen's warm home with snacks, good conversation & friendship with opportunities to connect with new & old members. To use Karen's elevator, contact her to arrange entry.

Sunset Circle

Thursday, January 8 & 22, 4:30 – 5:30 PM on Zoom

Note the shift to 2nd and 4th Thursdays! Casual chats, exchange of tips for local businesses and activities. No RSVP necessary but you can contact Patty Gerend if you have any questions or suggestions.

Monday, January 19, 10:30 AM at Java Beach Café on La Playa and Judah

No need to RSVP, just show up for coffee at the beach. Please contact Carol Thompson if you have any questions or suggestions.

Friday, January 30, 12:00 PM at Ruby's Restaurant, 48th Ave and Judah

Join us for lunch! No reservations necessary.

94117 Circle

Friday, January 9, 1:00 – 2:30 PM on Zoom

Friday, January 23, 1:00 – 2:30 PM, usually in person

Register with Bill Haskell

The 94117 Circle meets twice a month, once on Zoom and the second could be in person or on Zoom. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing. .

94121 Circle

Tuesday, January 13, 2:00 – 3:30 PM at Fanny Krieger's house

Register with Betty Vaughan

We meet the second Tuesday of every month. Everyone will share one interesting thing about their life!

West of Twin Peaks Circle

Wednesday, January 14, 1:00 PM at Roti Indian Restaurant, 53 W. West Portal

Register with Roberta Gordon by 1/11

Come join us for a modern take on traditional Indian cuisine! It will be a culinary tour of Indian food (north and south) with vegetarian options. We request that you have cash to pay your individual bill. We add 36% to our order, which includes taxes and tip.

94107/94103 Circle

Wednesday, January 14, 1:30 PM at Cesario's, 601 Sutter Street

Wednesday, January 28, 4:00 – 6:00 PM at Harlequin, 68 4th Street

Register with Dian Miller

Join us for lunch on 1/14 and happy hour on 1/28.

94109/94133 Circle

Thursday, January 15, 1:00 PM at Joyride, 2055-B Union Street

Register with Bobbie Rothman or Juliet Rothman

Our group will meet for lunch and conversation at Joyride, a very special restaurant which offers varieties of pizzas as well as salads and other entrees. Space is limited, so reserve early!

LGBTQ+ Circle

Friday, January 16, 1:00 – 2:30 PM at Cup of Java Café, 3500 Geary Blvd.

Register with Bill Haskell

The LGBTQ Circle meets once a month. We can talk about activities we would like to participate in, or that we have participated in, and we can also make suggestions for future activities that sound interesting and fun.

94115+ Circle

Thursday, January 22, 2:00 – 3:30 PM at the Golden Gate Valley Library, 1801 Green Street

Register with Gayle Geary by 1/16

Join us for fascinating afternoon learning what it takes to be a Hollywood producer and director. SFV member Jonathan Pontell's career includes working on some of the most popular TV shows and movies like *Ally McBeal*, *The Practice*, *Boston Public*, and *Bones*. He will be interviewed by author Michael Lavigne in what will be a fun and informative 90 minutes

Bernal Circle

Sunday, January 25, 2:00 PM, at David and Susan's house near Holly Park

Register with Susan Kahn

Please join us as we get to know each other and create a supportive, active group.

Save The Dates

Register with SFV at (415) 387-1375 or info@sfvillage.org unless stated otherwise



Art Salon

Wednesday, February 11, 2:00 – 3:00 PM at SFV Office, 3220 Fulton

Come show off what you've been creating! We'd love to see paintings, drawings, photographs, needle work, crafts, hear some of your writings, listen to your songs, and more.

Cohousing: Building A Supportive Community

Tuesday, February 24, 3:00 – 4:00 PM at SFV Office, 3220 Fulton St.

Join Nicholas Dewar - one of the organizers of San Francisco Cohousing - to discuss the benefits of cohousing as an approach to aging in community. Learn the distinguishing features of cohousing and consider how these features foster community cohesion. Discuss the ways that cohousing supports community cohesion in the context of aging.



San Francisco Cohousing is creating an intergenerational community of private residences and shared facilities, to be designed, developed and managed collaboratively by its members.



InnerYoga

Wednesdays, 2/25, 3/11, 3/25, 4/8, 4/22, 5/13, & 5/27, 3:00 – 4:15 PM at SFV Office, 3220 Fulton St.

InnerYoga is an approach to yoga. Awareness, breath, ease, and kindness are intertwined in all the yoga styles we teach: meditation and breathing, Jin Shin Jyutsu, Yin, Gentle Hatha Flow and Restorative. All levels and abilities are welcome. We will meet you at your level and support you in your practice. Led by Jaime Yamamura, CYT, CMT and Cheryl McCue, CYT. Both Jaime and Cheryl are San Francisco natives and have been teaching for over 10 years.

Grief Program

At SFV, we believe that a healthy expression of grief is communal. It requires that we honor the loss with simple rituals, by telling the story and being generously witnessed in our pain, so that we can move towards healing. If you or someone you care about is struggling with the loss of a loved one, please consider one of our virtual programs. To learn more, contact Gina Fiorentino at gina@sfvillage.org or (415) 387-1375 x 7.

Volunteer Support

Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings volunteers of all ages together with older members to learn from and care for each other. Contact Jill Ellefsen at jill@sfvillage.org or (415) 387-1375 x 2 to sign up to receive our weekly emails detailing the many volunteer options available.

Reach out to Jill for help with shopping and errand assistance, technology assistance, friendly caller connections and/or walking partners, outdoors gardening, and more.

Volunteer Connect Phone Number

Thanks to improvements in technology, you'll see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect! Our office number remains the same (415) 387-1375. This only works after being matched with a volunteer.

Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.

San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational Relationships
Co-Creation • Equitable Community • Self-Reflection • Humility • Spontaneity

San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375 • www.sfvillage.org



SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability
and Aging Services

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