



# San Francisco Village

## Monthly Newsletter

### February 2026

#### From the Executive Director, Jenny Belway:

Dear Members and Friends,

I am truly happy and honored to introduce myself as the new Executive Director of San Francisco Village. It is a privilege to step into this role at such a meaningful moment in the life of the Village. As we celebrate our seventeenth year, I am deeply aware of the care, vision, and commitment that have brought us to where we are today. Because of you, our members, volunteers, staff, and supporters, the Village is bigger, stronger, and more vibrant than it has ever been.



This anniversary feels like both a milestone and a new beginning. We move forward grounded in abundance, joy, and possibility. In the months ahead, we are focused on strengthening our foundation by increasing membership, expanding funding opportunities, and building long term sustainability so that San Francisco Village can continue to thrive for many years to come. Our goal is not only to grow, but to do so thoughtfully, in a way that honors our values and our community.

We know that the world can feel uncertain and even frightening at times. In moments like these, connection matters more than ever. San Francisco Village exists because we believe community is essential to health, safety, and well-being as we age. We look forward to deepening our partnerships with the City of San Francisco and with neighbors across the city to strengthen intergenerational support systems that allow older adults to remain engaged, supported, and secure in the communities they love.

I am grateful to be joining you on this next chapter of the Village's journey. Thank you for the warmth, resilience, and generosity that define this community. I look forward to getting to know many of you and to working together as we continue to build a Village where aging is met with dignity, connection, and possibility.

With appreciation and optimism,

Jenny

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## New Members

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Humphrey Chan 94109  
Angela Jenkins 94103  
Jan Coplick 94118  
Paul Kameny 94127  
Louise Diskerud 94131  
Kaye Cuthbertson 94118

## Thank you to our Sponsors



## From the Board of Directors

Have questions? Email board chair Gretchen Addi at [gretchenaddi@gmail.com](mailto:gretchenaddi@gmail.com).

By the time you are reading this, the Board of Directors will have elected new officers, retired 3 board members, and approved a budget for 2026. The board meeting was on January 27, so more details will be shared in the next newsletter. Bill Haskell and Claudia Lewis continue to meet with prospective board members, and recommendations and referrals are welcomed.

The 2026 open board meetings will be on April 28th and

September 22nd at 4:15 PM at SFV and on Zoom.

## Did You Know?

### Holiday Office Closures

The SFV office will be closed 2/16.

### Featured Business Partner

Thank you to [Sequoia Living](#), a Bay Area-based nonprofit dedicated to providing older adults with stimulating, joyful living and services that support, engage, and enrich lives, for supporting San Francisco Village!

### Registration for Events

Every event needs members to register and cancel unless it says it's not needed. Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) or with the member organizing. To protect members' digital safety, we do not include contact information in the online newsletter. Please reach out to the office if you need a phone number or email to register for an event.

### Your Feedback Shapes Our Future!

In January, we emailed members the SFV Annual Member Survey—a vital tool for securing funding and planning our future. If you haven't had a chance to respond yet, please consider doing so online. It is the quickest way to share your feedback and helps us save the time and resources required for manual data entry. For those unable to complete it online, a paper copy will be mailed in early February. Thank you for your continued support!

### Call for Art!

Let's refresh our walls for 2026 with member-made art! We welcome paintings, framed drawings, quilts, photos, collage, and other wall-hung works (no sculpture). Artwork should reflect our shared values and help create a warm, welcoming space. Limit two submissions per person; not all entries may be displayed. Artists of all experience levels are encouraged to participate. Submit ready-to-hang work by 2/17. Questions to [sarah@sfvillage.org](mailto:sarah@sfvillage.org).

### Directory Spot

San Francisco Village is excited to announce that our annual directory will soon be available with updates made in real time. This means every time we get a new member or you update your email, all of the membership will have access to the latest information.

We are using the company DirectorySpot which can be accessed via web browser or app. The directory will contain member's names, phone numbers, home address, and email addresses, just like our print editions did. For members without internet access at home, we can print and mail you a copy, but it will not be up to date with every new member.

The platform is very secure and only members of San Francisco Village will be granted access. Each user will log in with their authorized email address and will set their password. If you would like more information on the security features, please check out <https://www.directoryspot.net/security.php>.

If you would like to “opt out” and NOT have your member information included, please just send an email to [sarah@sfvillage.org](mailto:sarah@sfvillage.org). The data and users in the app can be updated at *anytime* throughout the year, so you can always opt out or opt back in later.

## In Memoriam

### Carol Rothman, 94121

Carol first joined SFV as a volunteer, and throughout her many years as a member, she remained one of our most dedicated and active contributors to the community. In addition to serving as a neighborhood circle leader, she was a passionate advocate for democracy, often organizing others to join her at protests and rallies. Carol lived her life with immense grace and purpose; she will be deeply missed by our entire community.

## Upcoming Events

Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise



### Share Your Story!

**Mondays through April 20, 10:30 AM – 12:00 PM (not 2/16)**

**IT Bookman Community Center, 446 Randolph St. (2/2, 2/23, 3/9, 3/23, 4/6, 4/20)**

**San Francisco Village, 3220 Fulton St. (2/9, 3/2, 3/16, 3/30, 4/13)**

Explore your experiences and memories, and share them with others, in a 12-week series from SFV, Southwest Community Corporation @ IT Bookman Community Center & Litquake's Elder Project.

Evocative writing prompts will inspire you to dig deep into both past and present to tell your story. A supportive writing teacher helps you discover the stories you carry within. If you'd rather tell your experiences aloud, instead of writing, we will record them. At the end of each session, share your words with the group. Come together to talk, write, and find community. Classes alternate between SFV and ITB Community Center. Let us know if you can offer a ride or need a ride. We will try to make transportation matches. (Same goes with Muni companionship). We hope you attend the whole series. You are also welcome to drop in to as many sessions as you can attend!

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### Geopolitics in Latin America

**Mondays, 2/2, and 2/9, 2:00 – 3:30 PM, at SFV Office, 3220 Fulton St.**

Join Professor-Researcher Hilda Elena Puerta Rodriguez, Ph.D., to analyze and debate the political direction of governments in Latin America, the main changes in the recent past, their causes and possible future.



**2/2: Second Wave: Chile: Gabriel Boric, Colombia: Gustavo Petro, Mexico: Andres Manuel Lopez Obrador, Claudia Sheinbaum**

**2/9: Debate about the future of Latin America in the complex international situation**

Dr. Hilda Puerta has been teaching economics, finance, geopolitics and international studies since 1977 to both undergraduate and postgraduate students.



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### Intergenerational Connections

**Wednesdays, Feb 4 & 18, 2:30 – 4:00 PM, at Wallenberg High School, 40 Vega St.**

Join members of the Wallenberg High School Baking Club for intergenerational connections! Students will be planning activities and conversations such as art making,

baking, games, and more!

### Access Day: *Manet & Morisot*

**Monday, February 9, 11:30 AM, at The Legion of Honor, 100 34th Ave, Terrace Entrance**

*Manet & Morisot* is the first major exhibition dedicated to the artistic exchange between Berthe Morisot, the only female founding member of the Impressionist group and Édouard Manet, the pioneer of modern painting. As friends, colleagues, and family members, theirs was the closest relationship between two members of the Impressionist group and had a determining effect on the course of modern art.



Enjoy a free docent tour with reduced crowds and accessible features including extra Blue Zone spaces close to the museum, extra seating inside and outside the exhibition, and large print editions of the exhibition labels.



### Art Salon

**Wednesday, February 11, 2:00 – 3:00 PM, at SFV Office, 3220 Fulton**

Come show off what you've been creating! We'd love to see paintings, drawings, photographs, needle work, crafts, hear some of your writings, listen to your songs, and more.

### Member Walking Group: North Beach, an iconic neighborhood

**Thursday, February 12, 11:00 AM, meet at Washington Square Park, corner of Union and Columbus, by the bus stop. Benches and a bathroom nearby.**



Look for your guide, Marilyn Straka, SFV member and owner of On The Level SF Walking tours

Over a 1.5 mile level walk, we explore the multi-ethnic neighborhood of North Beach (sorry, no beach!). We see all the icons of this historic area as well as hear stories of the "characters" who lived here. We start and end at Washington Square Park and then weave our way past churches, shops, restaurants, and museums. We see how beatnik nightclubs and coffee houses have transitioned to new uses. Bring a lunch or buy food along the way to eat at the park. Optionally, there are a number of fun restaurants near the end. Getting there: public transportation recommended. 45 Muni. If driving, there is a parking ramp on Powell near Union.



### Steadying in These Tumultuous Times

**Friday, February 13, 11:00 AM – 12:00 PM, on Zoom**

If the news leaves you feeling sad, angry, frustrated, confused, or in tears and your nervous system feels like it's on overdrive, you're not alone.

Join us for an opportunity to talk about what's on your mind and to practice simple, evidence-based tools and strategies that can help calm your nervous system. Even brief moments of care and connection can help us feel steadier and more supported during these times.

Terre Passero, the founder of [Mindful Stress Management](#), is a Certified Mindfulness-Based Stress Reduction (MBSR) Instructor, and a Certified Stress Mastery Educator.

### Fine Arts Museums Virtual Tour

**Friday, February 13, 1:00 – 2:00 PM, on Zoom**

*Fit for Royalty* Join us as we step into elegance at the height of France's royal courts.





## Asian Art Museum Virtual Tour

**Friday, February 20, 1:00 – 2:00 PM, on Zoom**

Lunar New Year Lanterns and firecrackers, red envelopes and couplets, Chinese zodiac and auspicious food: learn about the fascinating and colorful traditions and symbolism that accompany the celebration of the Lunar New Year in various Asian cultures.

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## Grateful Dead Chat

**Tuesday, February 24, 11:00 AM – 12:30 PM, at SFV Office, 3220 Fulton St.**

Join us for a group discussion layered with history and personal experiences! Anyone who likes the Grateful Dead, has history with the Dead, or is just curious about music, jam bands, San Francisco 1960s, 70's music history, psychedelia, open to all people like the Dead were! Facilitated by music lover SFV member Marko Fenton.



## Cohousing: Building A Supportive Community

**Tuesday, February 24, 3:00 – 4:00 PM, at SFV Office, 3220 Fulton St.**

Join Nicholas Dewar - one of the organizers of San Francisco Cohousing - to discuss the benefits of cohousing as an approach to aging in community. Learn the distinguishing features of cohousing and consider how these features foster community cohesion. Discuss the ways that cohousing supports community cohesion in the context of aging.

San Francisco Cohousing is creating an intergenerational community of private residences and shared facilities, to be designed, developed and managed collaboratively by its members.

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## InnerYoga

**Wednesdays, 2/25, 3/11, 3/25, 4/8, 4/22, 5/6, & 5/20, 3:00 – 4:15 PM, at SFV Office, 3220 Fulton St.**



InnerYoga is an approach to yoga. Awareness, breath, ease, and kindness are intertwined in all the yoga styles we teach: meditation and breathing, Jin Shin Jyutsu, Yin, Gentle Hatha Flow and Restorative. All levels and abilities are welcome. We will meet you at your level and support you in your practice. Led by Jaime Yamamura, CYT, CMT and Cheryl McCue, CYT. Both Jaime and Cheryl are San Francisco natives and have been teaching for over 10 years.



## 30<sup>th</sup> Street Senior Center Tour

**Friday, February 27, 1:00 – 2:30 PM, at On Lok 30<sup>th</sup> St. Senior Center, 225 30<sup>th</sup> St.**

The On Lok Senior Center is at the heart of the community. Older adults have been coming to for years to have lunch, nurture their creativity, exercise, volunteer, and socialize. Come learn about all they have to offer from the Health Program Manager Genny Pinzon.

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## LGBTQ+ Ice Cream Social

**Friday, February 27, 3:00 PM, at SF's Hometown Creamery, 1290 9th Avenue**

**Register with David L. or just drop in**

Join your friends for delicious ice cream cones, banana splits, root beer floats, brownies or cookies. The Creamery is a great place to relax and enjoy some company. This event is for members of the LGBTQ Circle, the Del & Phyllis Posse, PLUS any other LGBTQ+ members of SFV, and their allies. Muni: Buses 7 and 44, and the N-JUDAH streetcar line.



## Weekly Events

Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise

### Fitness Exercise

**Mondays, 1:00 – 2:00 PM, on Zoom. \*Not scheduled 2/16\***

**Thursdays, 2:30 – 3:30 PM at SFV Office, 3220 Fulton St.**

Simple, slow and gentle exercises to help keep the body limber with an emphasis on improving balance, strength and flexibility. Exercises can be modified for your level. Feel free to join at any time. Led by Caroline Lew, a certified Senior Fitness and Tai Chi Instructor.

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### Mah Jongg

**Mondays, 2:00 – 4:00 PM, at SFV Office, 3220 Fulton St.**

A game of skill and chance like no other. We have an American Style Mah Jongg set at the office.

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### Mindfulness Meditation

**Wednesdays, 10:00 – 10:45 AM, on Zoom**

Mindfulness is a way of paying attention with kindness and curiosity to the present moment. It supports emotional regulation, stress relief, and better sleep—especially helpful as we navigate aging. Join us to learn, practice, and reflect. All levels are welcome. Led by Terre Passero, a Certified Mindfulness-Based Stress Reduction Instructor and founder of Mindful Stress Management.

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### Coffee Chat

**Wednesdays, 3:00 – 4:00 PM, on Zoom**

Join us for an informal and nourishing hour together to connect.

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### Virtual Social Hour

**Saturdays, 5:00 – 6:30 PM, on Zoom. Register with Leslie Stafford**

Bring your favorite tipples & nibbles, get comfy, & we'll chat & check-in with each other. We look forward to lively discussions on a wide range of topics, from personal updates to the silly or serious-- limited only by your imagination!

## Recurring Events

Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise

### Sunday Events

Register with Ilene Rich Holtzberg

**Sunday, February 1, 1:00 – 3:00 PM, Lunch at Mozzarella di Bufala Pizzeria, 69 West Portal**

This is a gem of a restaurant for its unique blend of Italian classics like pizza and pasta, alongside authentic Brazilian favorites like black bean stew. The restaurant has been a fixture in the West Portal community since 1992, and the owners pride themselves on using fresh, high-quality ingredients.

**Sundays, February 8 & 22, 11:00 – 1:00 PM, Coffee Klatch at Ballast, 329 West Portal**

It's a great spot where you can enjoy coffee and pastries in their lovely garden with art. A chance to meet new members and engage in interesting conversation.

**Sunday, February 15, 1:00 – 3:00 PM, Lunch at Bursa, at 60 West Portal**

This restaurant offers a culinary journey through the Eastern Mediterranean, featuring dishes such as Smoky baba ghanouj, rich musakka, and succulent lamb kebabs. A chance to meet new members and engage in interesting conversation.

## **Del and Phyllis Posse: Female LGBTQ+ Circle**

**Mondays, February 2 & 16, 1:00 PM, location TBD**

**Register with Sarah Thompson**

Female and female-identifying members of San Francisco Village are invited to join us for a gay women's only social circle. We'll get to know each other and talk about our shared history as seniors in the LGBT community as well as discuss the joys and challenges of our past, present and future lives! Open to all members and volunteers that identify as female LGBTQ+.

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## **Explorers**

**Planning Meeting: February 2, 1:00 – 2:00 PM, at SFV Office, 3220 Fulton St.**

Join us to help plan activities for this year!

**Thursday, February 19, 5:00 – 9:00 PM at Keys Bistro, 498 Broadway**

Join us for Happy Hour, bites and socializing and then a live jazz show. Buy tickets online and in the notes section, to be seated together, say you are with Barbara. \$30 Cover. For more info contact Barbara Elbl.

**April 14-17, our 3rd annual overnight trip to Calistoga**

We are staying at the Roman Spa (800-914-8957). If you'd like to join us, please make your reservations and let us know. If you'd care to stay elsewhere, let us know. We always do dinner together. Contact Phyllis Scaduto if you like to join us, or have any questions.

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## **Let's Play Games**

**Tuesday, February 3, 1:00 – 3:00 PM, at SFV Office, 3220 Fulton St.**

Come play games with us and have fun while meeting new people. You can bring a game you like or enjoy the ones we have such as Rummikub, Scrabble, Uno or playing cards.

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## **Grupo de Conversación en Español**

**Tuesdays, February 3 & 17, 2:00 – 3:00 PM, at SFV Office, 3220 Fulton St.**

Add a little more Spanish conversation to your life! This group is led by members and there will be no formal instruction. Not sure if your Spanish is up for it? Check it out! We're a fun and lively group who help each other. We changed the days of our meeting to the first and third Tuesday of the month.

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## **Intergenerational Book Club**

**Wednesday, February 4, 10:00 – 11:00 AM, on Zoom**

Please join the Intergenerational "Hip and Drippy" Book Club for lively discussions on Zoom. We mainly concentrate on D.E.I., contemporary, often award-winning fiction/authors. Everyone is welcome to join, including members, staff, and volunteers. We meet on the first Wednesday of each month at 10:00 AM. 2/4 book is *Intermezzo* by Sally Rooney. For 3/4, we are reading *A Marriage at Sea: A True Story of Love, Obsession, & Shipwreck* by Sophie Elmhirst, and on 4/1, the group will be discussing *The Loneliness of Sonia and Sunny: A Novel* by Kiran Desai.

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## **Music Chat: Film Tracks**

**Thursday, February 5, 1:00 – 2:00 PM, on Zoom**

A space to share thoughts about music you enjoy. This month we'll be talking about how music influences the success or lack of in otherwise great films and why certain film's music create empathy and intelligence. Ideally the music can be found on YouTube so we can listen together and discuss what the music means to us.

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## **Older Gay Men's Support Group**

**Friday, February 6, 1:00 – 2:30 PM, at Bill's home on Belvedere near Frederick**

**Register with Bill Haskell**

As we gay men grow older, we have a greater need for connection through emotional authenticity and bearing witness to each-others' stories. In this group, we can explore the many aspects and unique challenges of aging. This will be a non-judgmental space where we build community and counter isolation. Also, this will be a peer facilitated support group, not a therapy group. Importantly, these gatherings will be confidential. Covid is still with us, so masks are a fine personal choice.

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### **Makers and Crafters**

**Friday, February 6, 2:00 – 3:30 PM, at SFV Office, 3220 Fulton St, 94118**

Do you watercolor? Knit or crochet? Bead? Applique? Open to learning to knit or sharing your craft with others? If so, we welcome you to join our lively group of makers and bring whatever handcraft and creative projects you are working on as well as completed pieces you would like to show off. Everyone is welcome at the Makers Group, no matter your craft, handwork or artform.

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### **Resistance is Fertile Workgroup**

**Monday, February 9, 11:00 AM – 12:30 PM, at SFV Office, 3220 Fulton St and on Zoom**

Village members have been meeting monthly to offer thoughts, support, and concrete ideas for resisting authoritarianism. Please join us in person (or via the Zoom link above) to share your thoughts and insights. With crucial upcoming midterm elections, we hope to swell and invigorate our numbers! Reach out to members Rosemary King & Luis Lamassonne for info or questions.

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### **A Circle of Kindred Spirits**

**Monday, February 9, 2:00 – 4:00 PM at Susan's wheel chair accessible home in Bernal Heights**

**Register each session with Susan Kitazawa**

Have you ever felt "othered" for not fitting the dominant mold— whether because of ethnicity, sexual/gender identity, disability, or other innate aspects of who you are? Having to live outside the usual can bring challenges, wisdom, and a deeper embrace of others' differences. Join kindred spirits to celebrate belonging, resilience, and the gifts of navigating life from less common spaces that we didn't choose for ourselves. This circle meets in person on the 2<sup>nd</sup> Monday, 2:00 to 4:00 PM, with space limited to 10.

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### **Over 90!**

**Monday, February 9, 2:30 – 3:30 PM, on Zoom**

Gather on Zoom with your fellow nonagenarians! Requested by a few members, we hope to build new connections and have space to talk about experiences in this decade of life.

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### **The Page and the Stage**

**Tuesday, February 10 & 24, 2:00 – 3:30 PM, at SFV Office, 3220 Fulton St.**

We're a playreading/discussion group that meets twice a month. Read aloud (or not), talk a lot (or not), and enjoy your fellow members interested in the page and the stage. We welcome your voice. Drop a note to Barbara Scrafford for more information. We will be reading and discussing M. BUTTERFLY, the play by Henry David Hwang, Act 3 on 2/10 and All My Sons by Arthur Miller, Act 1 on 2/24. Please bring a copy of the text, print or digital.

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### **Artists Circle**

**Wednesday, February 11, 2:00 – 3:30 PM at at Susan Kitazawa's home**

**Register with Gayle Geary or Jay Davidson**

*What Were You Thinking?* In sharing her art, Susan will discuss the role of fun and creative imagination in art making. In addition, Susan who has shown her work in a number of local art shows, encourages all of us to consider submitting our work as well - something she is happy to discuss with us. We encourage you to respond quickly as there is a limit of 12 attendees. Susan's address will be sent to those who will be attending.

## **Thursday, February 19, 12:30 – 2:00 PM, at SFV office, 3220 Fulton St.**

**Stuck/Unstuck** Bring your art - finished or in process and bring your ideas for a lively discussion. Whether it's your first time attending or you are a regular, everyone is welcome to come and participate.

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### **LGBTQ+ Member Drop-in Planning Meeting**

#### **Thursday, January 12, 1:00 – 2:00 PM, at SFV Office, 3220 Fulton St.**

We will explore ideas of socializing together for LGBTQ+ members of SFV, AND their allies! We'll discuss ways of connecting in the coming months, as well as how to get involved in organizing these activities. Let's plan additional social activities. Bring your ideas!

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### **Potluck Group**

#### **Sunday, February 15, 3:00 – 5:00 PM, at Sally Cowan's home in Presidio Heights**

##### **Register with Eugenie Marek**

It's one day after Valentine's Day. Join us for food, drink and a relaxing way to meet each other! Sally will prepare for an early Sunday dinner with a meat dish. Please bring what you want to complete this. Seating is limited— RSVP early! Please prepare and bring a tasty dish and beverage to share. Serving utensils, too. It's a ground floor apartment, one step up. Parking is tight! MUNI buses #1 and 43 less than two blocks away, or there is Lyft or Uber.

Want to try hosting at your home? Take a chance! Please contact me!

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### **Any Book Book Club**

#### **Tuesday, February 17, 2:30 – 3:30 PM, at SFV Office, 3220 Fulton St.**

The Any Book Book Club is the easiest book club around! There is no assigned book to read - we get together and discuss what we've been reading and what we plan to read next.

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### **San Francisco Village Book Club**

#### **Monday, February 23, 4:00 PM, on Zoom**

##### **Register with Sharon Kuester**

Our book is *True Grit* by Charles Portis.

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### **The San Francisco Village View: A Current Events Discussion Group**

#### **Thursday, February 26, 12:30 – 2:00 PM at SFV Office, 3220 Fulton St.**

##### **Space limited, Registration required**

Let's gather in community and conversation about what's happening in our world--this could be global or local. The group will vote on topics at the beginning of each session. Knowing our identities are wrapped up in the political landscape, we will engage each other with respect and an ear to understanding others' views. We are committed to learning, not debating. We ask that all who attend check sources/facts and be prepared to share them; we don't want to contribute to misinformation. The group is led by members Marymelissa Grafflin, Alexander Williams, and Cadell Child. The topics and viewpoints discussed are individual member's beliefs, not necessarily those held by the organization.

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## Neighborhood Circles

Neighborhood Circles are smaller, hyper-local groups that enable members to develop relationships closer to home, led by members and volunteers. Members are welcome to attend any circle, even if it is outside of their zip code/neighborhood. Please make sure to check about RSVPing and reach out to the office if you need contact information.



### 94123/94129 Circle

**Wednesday, February 4, 11:00 AM at the Blue Barn 3344 Steiner St.**

**Register with Jean Cleverly**

Live conversation is the treat! Every zipcode welcomed. No reservations, though it is helpful to know who is coming. Look for the best table in the back patio. We request that you order and pay for yourself. Save the date 3/4 & 4/1, 11:00 AM

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### Sunset Circle

**Thursday, February 5 & 19, 4:30 – 5:30 PM on Zoom**

Casual chats, exchange of tips for local businesses and activities, restaurants, movies, current events, anything that's on your mind! No RSVP necessary but you can contact Patty Gerend at [gerendpl@gmail.com](mailto:gerendpl@gmail.com) if you have any questions or suggestions.

### Monday, February 16, 10:30 AM at Java Beach Café on La Playa and Judah

No need to RSVP, just show up for coffee at the beach. Please contact Carol Thompson at [fleurdeley4@aol.com](mailto:fleurdeley4@aol.com) if you have any questions or suggestions.

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### 94114/94131 Circle

**Friday, February 6, 12:30 PM, lunch at Beit Rima, 138 Church Street**

Our monthly lunch takes us to this Mediterranean favorite with a parklet where we will be able to dine if the weather allows. Order at the counter and seat yourself with others from our group. No RSVP needed.

### Thursday, February 12, 10:00 AM, coffee at Martha & Brothers, 1551 Church Street

This popular Noe Valley outpost is always friendly and welcoming to us. Come on along and get your day off to a great start! No RSVP needed.

### Tuesday, February 17, 4:00 PM, happy hour at Valley Tavern, 4054 24th Street

Choose from the many beverages on hand, including non-alcoholic, if that is what you prefer. We usually congregate outdoors, on the decks behind the tavern, weather permitting. No RSVP needed.

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### 94109/94133 Circle

**Monday, February 9, 11:30 AM at Legion of Honor**

**Register with Bobbie Rothman or Juliet Rothman**

This is a special Access Day, during which the museum is closed to other visitors and provides special tours with docents at no charge. We will meet at the Museum and have a special docent-led tour of the Manet and Morisot Exhibit at 11:30AM. The other galleries and the cafe are closed, but the exhibit Gift Shop will be open for us on that day. There is a special Accessible Entrance on Access Day, and we will be sending specific directions to that entrance to attendees. Following the tour, we will have lunch nearby.

## **94121 Circle**

**Tuesday, February 10, 2:00 – 3:30 PM SFV Office, 3220 Fulton St.**

**Register with Betty Vaughan**

We meet the second Tuesday of every month. Everyone will share one interesting thing about their life! Ralph Fenn will be sharing about his recent trip to Japan and we will meet the new ED Jenny.

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## **West of Twin Peaks Circle**

**Wednesday, February 11, 1:00 PM at Trattoria da Vittorio, 50 West Portal Avenue**

**Register with Roberta Gordon by 2/8**

Calabrian-inspired pizzas and handmade pasta are their specialties. The lasagna is enough for two meals! Look under your bread plate to see if you are the lucky one who takes home the wonderful flower arrangements by Phyllis, our resident florist.

We request that you have cash to pay your individual bill. We all add 35% to our individual check, which includes tax, tip, & health mandate. Look for LeeAnne's clever paper/clip reminder (to write down what you ordered), and don't forget to count your wine or cocktail.

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## **94107/94103 Circle**

**Wednesday, February 11, 1:30 PM at Delancey Restaurant, 600 the Embarcadero**

**Wednesday, February 25, 4:00 – 6:00 PM at Cafe Zoetrope, 916 Kearny**

**Register with Dian Miller**

Join us for lunch on 2/11 and happy hour on 2/25!

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## **94118 Circle**

**Thursday, February 12, 3:00 – 4:30 PM at Karen Franklin's house, 11<sup>th</sup> Ave and Cabrillo**

**Register with Karen Franklin or Carole Lewis**

You can just show up yet calling or emailing will be easier to plan for attendance. This meeting is special as it is in Karen's warm home with snacks, good conversation & friendship with opportunities to connect with new & old members. To use Karen's elevator, contact her to arrange entry.

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## **94117 Circle**

**Friday, February 13, 1:00 – 2:30 PM on Zoom**

**Friday, February 27, 1:00 – 2:30 PM, usually in person**

**Register with Bill Haskell**

The 94117 Circle meets twice a month, once on Zoom and the second could be in person or on Zoom. We can share what is going on in our lives – what brings us pleasure, what we are enjoying, and what is positive. We can also share any challenges we are facing. .

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## **Bernal Circle**

**Sunday, February 15, 2:00 PM, at Misha Cohen's home**

**Register with Susan Kahn**

Note the reoccurring date and location change! Please join us as we get to know each other and create a supportive, active group.

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## **94115+ Circle**

**Tuesday, February 17, 1:00 – 3:00 PM at the de Young Museum**

**Register with Gayle Geary by 2/12**

Let's have a trip to the museum: Join us for an afternoon at the de Young looking at two exhibits: *Boom and Bust: Photographing Northern California* and *Arts of Indigenous America*. And anything else we want to view. We'll end up having coffee or tea in the café, discussing what we've seen.

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## LGBTQ+ Circle

**Friday, February 20, 1:00 – 2:30 PM at Cup of Java Café, 3500 Geary Blvd.**

**Register with Bill Haskell**

The LGBTQ Circle meets once a month. We can talk about activities we would like to participate in, or that we have participated in, and we can also make suggestions for future activities that sound interesting and fun.

## Save The Dates

**Register with SFV at (415) 387-1375 or [info@sfvillage.org](mailto:info@sfvillage.org) unless stated otherwise**



### State of the Village

**Tuesday, March 17, 11:00 AM – 12:30 PM, at SFV Office, 3220 Fulton**

**Friday, March 20, 11:00 AM – 12:30 PM, on Zoom**

Please join us for our annual shareholder meeting, held in person and on Zoom. We're celebrating 17 years as a Village! We'll discuss our goals for 2026, results of the recent member survey and how you can feel more engaged with this vibrant community!

## Paper Collage

**Wednesdays, March 18, 2:00 – 3:30 PM, at SFV Office, 3220 Fulton St.**

A chance to take paper and images selected by choice or chance and cut, tear and glue them into a unique work of art. No experience necessary; we are all artists. Dennis Treanor, an SFV member, has worked in art for nearly 60 years and taught art and ceramics for his entire working career, and continues to do so in his retirement.



### Immigration Know-Your-Rights Workshop

**Tuesday, March 24, 11:00 AM – 12:00 PM, on Zoom**

In response to increased immigration enforcement actions, many in our communities are feeling uncertain and anxious. Misinformation is widespread—but knowledge is power. Join us to learn about your basic rights during encounters with immigration or law enforcement, what to do if ICE comes to your home, workplace, or stops you in public, how to create a safety and preparedness plan for you and your family, legal resources and community support available to you, and how to help protect your rights and the rights of others.

Presented by staff from Chinese for Affirmative Action. CAA is one of 12 organizations in The San Francisco Immigrant Legal & Education Network (SFILEN), a unique collaboration of legal and service organizations dedicated to aiding the immigrant community in San Francisco.

## Grief Program

At SFV, we believe that a healthy expression of grief is communal. It requires that we honor the loss with simple rituals, by telling the story and being generously witnessed in our pain, so that we can move towards healing. If you or someone you care about is struggling with the loss of a loved one, please consider one of our virtual programs. To learn more, contact Gina Fiorentino at [gina@sfvillage.org](mailto:gina@sfvillage.org) or (415) 387-1375 x 7.

## Volunteer Support

### Request a Volunteer and Volunteer Opportunities

San Francisco Village is an intergenerational community that brings volunteers of all ages together with older members to learn from and care for each other. Contact Jill Ellefsen at [jill@sfvillage.org](mailto:jill@sfvillage.org) or (415) 387-1375 x 2 to sign up to receive our weekly emails detailing the many volunteer options available.

Reach out to Jill for help with shopping and errand assistance, technology assistance, friendly caller connections and/or walking partners, outdoors gardening, and more.

### Volunteer Connect Phone Number

Thanks to improvements in technology, you'll see (415) 212-6908 on your caller ID when San Francisco Village volunteers call you. Save it to your contacts as SFV Volunteer Connect! Our office number remains the same (415) 387-1375. This only works after being matched with a volunteer.

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*Please note that the programs and events listed in this newsletter are offered to members of San Francisco Village. To learn more about registering for membership, please contact Jill Ellefsen.*

### San Francisco Village

is a membership organization designed with, by and for older San Franciscans and the extended community that champions them.

### Mission

We operationalize love for elders in an ageist society by mobilizing the power of intergenerational relationships and mutual support.

### Vision

We envision a future in which people of all ages, races, cultures and abilities work together to create communities of belonging and in so doing, model possibilities for relationship and connection that benefit the greater good.

### What We Value

Intersection of Health Care and Social Care • Eldership • Intergenerational

### San Francisco Village

3220 Fulton St., San Francisco, CA 94118 • (415) 387-1375 • [www.sfvillage.org](http://www.sfvillage.org)



This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services.